

THE BOOK OF SOLUTIONS



the low blood sugar handbook

**you don't have
to suffer**

- exhaustion
- headaches ▫ temper outbursts
- irritability ▫ sleeping problems
- indecisiveness ▫ nervousness
- depression ▫ PMS ▫ overweight

Edward and Patricia Krimmel
Preface by Harvey M. Ross, M.D.

Low Blood Sugar Handbook You Dont Have To Suffer

Michael Brown



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