

Open and Reflective Lifeworld Research: A Third Way

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Qualitative Inquiry

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Abstract

With the mission in mind to articulate an approach that is scientifically competent to meet the appeals from health care, education, social work, and other disciplines, the theme of this article is to rethink the essential ideas of phenomenological and hermeneutical research approaches, by exploring their philosophical underpinnings and especially the essential ontological idea of inseparability. We examine the fissure between approaches that favor description or interpretation and explore the arguments for a third approach that has the power to close the false epistemological methodological gap.

Keywords

phenomenology, hermeneutics, Reflective Lifeworld Research, evidence-based inquiry, methods of inquiry

Some time ago, creating a new approach to qualitative research, we searched for one that was scientifically competent enough to meet the appeals from health care, education, social work, and other disciplines with their focus upon human existence. An explicit mission was to utilize the wealth of the phenomenological and the hermeneutical tradition. The aim was to articulate some explicit methodological principles that build upon the essential ideas of this tradition (Dahlberg, Dahlberg, & Nyström, 2008).

It must be emphasized that the aim never was to present “a method” with step-by-step instructions, and it was not to favor one or another philosopher. Instead our ambition was to see what ontological and epistemological themes could be found in these philosophical traditions that could serve as a basis for methodological development and discussion in human science research. The title, *Reflective Lifeworld Research*, echoes that ambition. By arguing that phenomenology and hermeneutics are no separate magnitudes and emphasizing a common thread of lifeworld theory, this book dwells with the question of how an open yet scientifically rigorous attitude to the complexity of existence can be maintained. Considering how lifeworld-oriented research approaches are developing, however, the time has come to revisit this issue.

The Practice of Phenomenological and Hermeneutic Research

A main concern for us is the dichotomy that has grown between the practices of phenomenology and hermeneutics in empirical research, between descriptive and interpretative approaches. In general, researchers tend to prefer one

or another philosopher within the chosen field of philosophy, as well as one or another research scholar who has developed an empirical practical approach. If we stretch these differences, we can describe the two different practices like this:

- i. Phenomenological supporters, often referring to Husserlian philosophy and, for example, Giorgi's approach of phenomenological research, usually emphasize description as well as scientific rigor. There seems to exist a requirement to control one's preunderstanding in order for phenomena's essences to be illuminated. Interpretation is not part of the approach, and theories are often understood as unwelcome. The downside seems to be a too rule-bound approach that allows for too little freedom.
- ii. Hermeneutical supporters, often referring to Heideggerian philosophy and, for example, van Manen's approach to research, usually emphasize interpretation. They seem to appreciate the methodological flexibility that allows researchers to use their (unavoidable) preunderstanding. Researchers are encouraged to move beyond their data and to include external sources such as theory in their analyses. Critical voices warn for a romantic gusto for

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Reflective Lifeworld Research

Jennifer Frank Tantia



Reflective Lifeworld Research:

Reflective Lifeworld Research Karin Dahlberg, Helena Dahlberg, Maria Nyström, 2008-01-01 This book explicates a reflective lifeworld research approach based on phenomenological philosophy The emphasis is on the lifeworld the human intentionality and its capacity for seeing meaning and for reflection The epistemological ideas presented in the book are transformed into an empirical research approach that serves as a guiding principle for research The approach originates from the aim of allowing the phenomenon to guide the research by which the phenomenon and its meanings will be illuminated understood and explicated and is supported by an open and bridled attitude to the phenomenon and the research Based on a solid epistemological presentation and ideas about how an open and bridled approach can be established some methodological principles are outlined for data gathering as well as for descriptive and interpretative data analysis respectively Finally general scientific concepts such as validity objectivity and generalisation are discussed in relation to the reflective lifeworld

Nursing Education Challenges in the 21st Century Leana E. Callara, Leana R. Callara, 2008 Nursing education is facing a massive set of obstacles as the fields of medicine continues to progress at warp speed at the same time hospitals do not have enough doctors and depend more on nurses than anytime before The result is overworked nurses running to keep it with the fields in which they must work This book presents some analyses of nursing education at a critical juncture in the field

Phenomenology for Therapists Linda Finlay, 2011-07-11 This book provides an accessible comprehensive exploration of phenomenological theory and research methods and is geared specifically to the needs of therapists and other health care professionals An accessible exploration of an increasingly popular qualitative research methodology Explains phenomenological concepts and how they are applied to different stages of the research process and to topics relevant to therapy practice Provides practical examples throughout

Introduction to Phenomenology Cheryl Tatano Beck, 2019-12-20 Introduction to Phenomenology Focus on Methodology breaks down the history methodology and application so students can more easily write proposals and conduct phenomenological research This book provides a clear picture of phenomenology s applications to social behavioral and health sciences covering both interpretive and descriptive phenomenology from research design through analysis

Crafting Phenomenological Research Mark D. Vagle, 2016-06-16 This is an accessible concise introduction to phenomenological research in education and social sciences Mark Vagle outlines the key principles for conducting this research from leading contemporary practitioners such as van Manen Giorgi and Dahlberg He builds on their work by introducing his post intentional phenomenology which incorporates elements of post structural thinking into traditional methods Vagle provides readers with methodological tools to build their own phenomenological study addressing such issues as data gathering validity and writing Replete with exercises for students case studies resources for further research and examples of completed phenomenological studies this brief book affords the instructor an easy entr e into introducing phenomenology into courses on qualitative research social theory or educational

research *Strangers in a Familiar Land* James A. Blumenstock, 2020-04-28 Throughout history many Christians have existed on the margins of society deviants and strangers in lands they call home To survive they have had to construct alternate identities that not only make sense of their religious experiences and beliefs but also equip them to successfully negotiate their social worlds In Thailand a nation where social identities are thoroughly intertwined with Buddhist religious adherence Christians must come to terms with such a marginalized existence By leaving Buddhism and adopting what is considered a foreign faith Christian converts become deviants to normal Thai identity and belonging In response they have discovered creative solutions for traversing this complex terrain of marginalization This book presents a deep exploration of the phenomenon of marginalization as experienced by Thai Christian converts In it readers will follow participants through the heights of transformative religious experience the lows of severe social displacement the tensions of managing two disparate lifeworlds and two conflicting selves and the comfort and joy of finding a new place to call home In the end the reader will gain deep insight into what it is like to successfully navigate a minority religious identity on the margins of society

Qualitative Research in Midwifery and Childbirth Gill Thomson, Fiona Dykes, Soo Downe, 2012-03-29 Qualitative research particularly phenomenology is increasingly popular as a method for midwifery and health related research These approaches enable rich and detailed explanations to be uncovered and bring experience to life Important recommendations and practice based implications may then be raised and debated for future use This book brings together a range of phenomenological methods and insights into one accessible text Illustrated with plenty of examples of successful phenomenological research *Qualitative Research in Midwifery and Childbirth* keeps the focus applied to midwifery and childbirth and makes clear the links to practice throughout The book introduces three key phenomenological approaches descriptive interpretive and the life world and includes a comparative chapter which discusses the differences between these varied perspectives and methods Each chapter focuses on how these approaches are used within midwifery research The remaining chapters present a number of different research projects These demonstrate how different phenomenological approaches have been used to explore and uncover experiences of childbirth and maternity as well as offering important insights into how women experience different facets of the birth experience during the antenatal intra partum and postnatal period Designed for researchers and students undertaking research projects on midwifery and childbirth this text includes contributions from a range of international and highly regarded phenomenological authors and researchers **The Art and Science of Embodied Research Design** Jennifer Frank Tania, 2020-11-18 *The Art and Science of Embodied Research Design Concepts Methods and Cases* offers some of the nascent perspectives that situate embodiment as a necessary element in human research This edited volume brings together philosophical foundations of embodiment research with application of embodied methods from several disciplines The book is divided into two sections Part I Concepts in Embodied Research Design suggests ways that embodied epistemology may bring deeper understanding to current research theory and describes

the ways in which embodiment is an integral part of the research process In Part II Methods and Cases chapters propose novel ways to operationalize embodied data in the research process The section is divided into four sub sections Somatic Systems of Analysis Movement Systems of Analysis Embodied Interviews and Observations and Creative and Mixed Methods Each chapter proposes a method case an example of a previously used research method that exemplifies the way in which embodiment is used in a study As such it can be used as scaffold for designing embodied methods that suits the researcher s needs It is suited for many fields of study such as psychology sociology behavioral science anthropology education and arts based research It will be useful for graduate coursework in somatic studies or as a supplemental text for courses in traditional research design

Hermeneutic Phenomenology in Education Norm Friesen, Carina Henriksson, Tone Saevi, 2012-09-05 Hermeneutic phenomenology is a combination of theory reflection and practice that interweaves vivid descriptions of lived experience phenomenology together with reflective interpretations of their meanings hermeneutics This method is popular among researchers in education nursing and other caring and nurturing practices and professions Practical and adaptable it can be at the same time poetic and evocative As this collection shows hermeneutic phenomenology gives voice to everyday aspects of educational practice particularly emotional embodied and empathic moments that may be all too easily overlooked in other research approaches By explicating illustrating and demonstrating hermeneutic phenomenology as a method for research in education specifically this book offers an excellent resource for beginning as well as more advanced researchers

Beyond Provincialism Mahmoud Suleiman, Tonya Huber, 2022-08-01 International Education Inquiries is a book series dedicated to realizing the global vision of Education 2030 This vision involves ensuring inclusive and equitable quality education and promoting lifelong learning opportunities for all The founding editors seek to provide a forum for the diverse voices of scholars and practitioners from across the globe asking questions about transforming the vision of Education 2030 into a reality Published chapters will reflect a variety of formats free of methodological restrictions involving disciplinary as well as interdisciplinary inquiries We expect the series will be a leading forum for pioneers redefining the global discussion about the people places and perspectives shaping Education 2030 outcomes

ENDORSEMENTS The educational impact of the COVID 19 pandemic has created the most serious crisis in the history of public education Addressing this crisis effectively will require efforts aligned with an inclusive and sustainable vision of development such as articulated by the UN Education 2030 and the Sustainable Development Goals To build back better educators need to guide their practice by knowledge that is local as well as global in ways that help their students understand those interdependencies Beyond Provincialism is an invitation to such an exploration In this edited volume Professors Mahmoud Suleiman and Tonya Huber and their colleagues take the reader on a journey that illuminates the impact of hunger among college students in America how the SDGs can help turnaround high poverty schools the role of curriculum to promote cross national collaboration and how math and science instruction as well as study abroad can help

students develop procedural and conceptual knowledge that makes visible the relevance of what they learn to the world around them and the impact of the pandemic on teacher preparation in Palestine The kaleidoscope of insights offered by this book will expand the global awareness and understanding of education as a global activity A timely and useful resource for teachers and teacher educators that will contribute to advance a transformational education that helps us build back better from the devastation created by the pandemic Fernando M Reimers Harvard Graduate School of Education Suleiman and Huber convene a dynamic group of scholars committed to transforming our schools Using the latest theories and methodological approaches Beyond Provincialism offers crucial frameworks to understand teaching and learning in a global perspective This groundbreaking volume wholeheartedly embraces the Sustainable Development Goals SDGs and calls upon all of us to simultaneously dismantle systemic inequality and promote equity and social justice in pre K 20 schools across nations and their institutions It s simply a must read book especially for practitioners educators reformers researchers and policy makers who seek to internationalize education and take it beyond its cursory provincial goals Gilberto Q Conchas Wayne K and Anita Woolfolk Hoy Pennsylvania State University At a time when proponents of diversity equity and inclusion are under attack it is valuable to examine Beyond Provincialism to see how far we still need to go to reform schools and invest in teacher educator and leader preparation Grounded in solid frameworks this timely and informative book astutely provides insights from forceful practitioners scholars and researchers whose fascinating experiences and models have practical implications for promoting global multicultural competencies needed to combat racist mindsets and provincial outlooks Based on Education 2030 vision the book provides a thoughtful blueprint for integrating international and global dimensions in teacher and educator preparation Ken Magdaleno Center for Leadership Equity and Research CLEAR

Qualitative Research in Practice Sharan B. Merriam, Robin S. Grenier, 2019-01-14 A practical introduction to qualitative research across fields and disciplines Qualitative Research in Practice offers a hands on introduction to qualitative research design methods data and analysis Designed as a companion text for any course involving qualitative research this book explores the different types of qualitative studies with relevant examples and analysis by the researchers themselves The workbook format makes it easy to use in the classroom or the field and the depth of information makes it a valuable resource for students of social work psychology counseling management education health care or any field in which qualitative research is conducted While quantitative research is primarily concerned with numerical data qualitative research methods are more flexible responsive and open to contextual information To a qualitative researcher a situation is defined by the participants perspectives making it the primary method of inquiry for understanding social phenomena through the lens of experience This book introduces the essentials of qualitative research bolstered by expert analysis and discussion that provides deeper insight than a traditional textbook format would allow Understand the fundamental nature of qualitative research Learn how to accurately assess and evaluate qualitative research Explore qualitative research s many forms and

applications Gain insight on qualitative research in a variety of fields and disciplines How does one codify an experience Is it possible to measure emotion in units Qualitative research fills the void where numbers cannot reach It is the best tool we have for studying the unquantifiable aspects of the human experience and it is an essential tool in a wide variety of fields Qualitative Research in Practice provides translatable skills in a practical format to quicken your transition from learning to using

Qualitative Research in Nursing and Healthcare Immy Holloway, Kathleen Galvin, 2016-08-01 Qualitative Research in Nursing and Healthcare is an invaluable resource for those who carry out qualitative research in the healthcare arena It is intended to assist Professionals and academics in the healthcare field who undertake or teach research in clinical or educational settings Postgraduates who are undertaking qualitative research and want to revise qualitative research approaches and procedures before going on to more specialist texts and Undergraduates in their last year who wish to learn about qualitative perspectives or carry out a project using these approaches Fully updated from the earlier editions by Holloway and Wheeler it reflects recent developments in nursing research This new edition provides clear explanations of abstract ideas in qualitative research as well as practical procedures Structured into four sections the book looks at the initial stages methods of data collection qualitative approaches and analysis of collected data It also contains a chapter on writing up and publishing qualitative research With applied and practical examples throughout Qualitative Research in Nursing and Healthcare is essential reading for those who are looking for a comprehensive introduction to qualitative research

How to Write a Phenomenological Dissertation Katarzyna Peoples, 2020-02-07 Conducting phenomenological research for dissertations can be an involved and challenging process and writing it up is often the most challenging part How to Write a Phenomenological Dissertation gives students practical applied advice on how to structure and develop each chapter of the dissertation specifically for phenomenological research Phenomenology is about personal experience and personal experience varies from researcher to researcher However this variation is a big source of confusion for new researchers in the social behavioral or health sciences This brief text is written in a simple step by step fashion to account for this flexibility and variation while also providing structure necessary for a successful dissertation Broken up into chapters that follow each chapter of the dissertation this text logically addresses the various parts of phenomenological research starting with ensuring phenomenology is the right method for your research writing the literature review going through methods and results sections to analysis and discussion The author using experience gleaned from supervising phenomenological dissertations for many years gives time tested advice on how structure the dissertation to fit into more common frameworks using checklists and tables throughout Each chapter includes a list of helpful resources for students to use alongside this book with specific information on methods and research Unique to this text is a chapter on creating your own phenomenological method which allows students to expand their viewpoints and experiment in future studies after the dissertation

Nursing Research Denise Polit, Cheryl Beck, 2019-12-09 Make nursing research approachable with the

authoritative resource for nursing graduate students This best selling text features the latest methodologic innovations in nursing medicine and the social sciences delivered in a user friendly writing style to help students master research methods confidently critique research reports and apply evidence based findings in clinical practice The extensively revised 11th Edition retains the helpful features pedagogy and clean design that have made the book a classic and introduces two new chapters reflecting the growing importance of applicability generalizability relevance and quality improvement and improvement science NEW Quality Improvement and Improvement Science chapter provides methods and frameworks to help students develop and assess improvement projects NEW Applicability Generalizability and Relevance Toward Practice Based Evidence chapter details cutting edge strategies to meet the growing need for patient centered practice based evidence UPDATED Revised content throughout reflects the latest methodologic approaches to ranking evidence verifying systematic reviews using meta aggregation and more Critical appraisal guidelines help students focus on specific aspects of a report for the most effective appraisal Clear user friendly writing style introduces concepts logically and clarifies difficult ideas Specific research tips translate abstract notions into practical strategies to help students confidently apply chapter lessons in real life situations Research examples throughout the text illustrate key points and stimulate critical thinking A comprehensive index provides fast efficient access to precise information Tables figures and bulleted summaries reinforce essential chapter concepts at a glance

The Bloomsbury Handbook of Care Ethics Matilda Carter, 2025-07-24

Emphasising the vulnerability and interdependence of humans care ethics has emerged in recent years as a powerful alternative to dominant modes of thinking in moral philosophy Bringing together the theoretical and applied dimensions of care ethics this pioneering volume provides an authoritative overview of what care ethics is and the contributions it can make to pressing contemporary problems Divided into two parts Part I of The Bloomsbury Handbook of Care Ethics traces the development of care ethics how it interacts with other central components of moral reasoning such as freedom and normative justification and the ongoing discussions among care ethicists about the direction scope and underlying mechanisms of the theory Part II then showcases the varied contributions care ethics can make to key areas of applied philosophy and to research in the social sciences from disability and care medical ethics and feminist ethics to timely issues such as maternity care and public administration With an international team of experts providing interdisciplinary approaches to care this is the place to start if you want to gain an in depth insight into the field of care ethics and its crucial role in addressing worldwide vulnerabilities

The Routledge Handbook of Contemporary Existentialism Kevin Aho, Megan Altman, Hans Pedersen, 2024-04-18

Of the philosophical movements of the twentieth century existentialism is one of the most powerful and thought provoking Its engagement with the themes of authenticity freedom bad faith nihilism and the death of God captured the imagination of millions However in the twenty first century existentialism is grappling with fresh questions and debates that move far beyond traditional existential preoccupations ranging from the lived experience of the embodied self

intersectionality and feminist theory to comparative philosophy digital existentialism disability studies and philosophy of race The Routledge Handbook of Contemporary Existentialism explores these topics and more connecting the ideas and insights of existentialism with some of the most urgent debates and challenges in philosophy today Eight clear sections explore the following topics methodology and technology social and political perspectives environment and place affectivity and emotion death and freedom value existentialism and Asian philosophy aging and disability As well as chapters on key figures such as Kierkegaard Nietzsche Heidegger Sartre and Beauvoir the Handbook includes chapters on topics as diverse as Chicana feminism ecophilosophy and the environment Latina existentialism Black nihilism the Kyoto school and southeast Asian existentialism and the experiences of aging disability and death Essential reading for students and researchers in the areas of existentialism and phenomenology The Routledge Handbook of Contemporary Existentialism will also be of interest to those studying ethics philosophy and gender philosophy of race the emotions and philosophical issues in health and illness as well as related disciplines such as Literature Sociology and Political Theory

Social Work Using Interpretative Phenomenological Analysis: A Methodological Approach for Practice and Research Sarah Vicary, Gillian Ferguson, 2024-02-06 This book should be read by research students early career researchers social work practitioners as well as doctoral supervisors new to IPA who will all find it helpful and insightful Dr Angie Bartoli School of Social Sciences Student Experience Manager Principal Lecturer in Social Work Nottingham Trent University UK This book will be an extremely helpful companion to social work researchers at all stages of the research process from design through to dissemination as well as being of real value to those supervising IPA projects Dr Martin Kettle Senior Lecturer Glasgow Caledonian University UK This first of its kind book provides a theoretical and practical exploration of Interpretative Phenomenological Analysis IPA for Social Work Accessibly written for those considering IPA from different perspectives including social work students social work practitioners doctoral students and research supervisors the book will guide all readers through its application in this field Social Work Using Interpretative Phenomenological Analysis takes the reader on a journey through how lived experience can be discovered how effective social work research can be designed and explore practical strategies for maximising quality The book is organised under three key parts Discovering Lived Experience Through IPA Social Work Research Doing IPA Social Work Research Determining Social Work Knowledge Using IPA This accessibly written comprehensive book explores the specific fit of IPA within social work as a professional practice and research discipline drawing together values skills and knowledge for eliciting responding to and representing accounts of lived experience Sarah Vicary is Professor of Social Work and Mental Health at The Open University UK Gillian Ferguson is a Lecturer in Social Work at The Open University UK

Theory and Method in Higher Education Research Jeroen Huisman, Malcolm Tight, 2018-11-12 This volume of Theory and Method in Higher Education Research contains analyses and discussions of amongst others topic modelling geometric data analysis creativity and playfulness longitudinal network analysis grounded

theory methods and autoethnography Art as an Agent for Social Change Hala Mreiwed, Mindy R. Carter, Claudia Mitchell, 2020-10-12 The chapters in Art as an Agent for Social Change presented as snapshots focus on exploring the power of drama dance visual arts media music poetry and film as educative artistic imaginative embodied and relational art forms that are agents of personal and societal change A range of methods and ontological views are used by the authors in this unique contribution to scholarship illustrating the comprehensive methodologies and theories that ground arts based research in Canada the US Norway India Hong Kong and South Africa Weaving together a series of chapters snapshots under the themes of community building collaboration and teaching and pedagogy this book offers examples of how Art as an Agent for Social Change is of particular relevance for many different and often overlapping groups including community artists K university instructors teachers students and arts based educational researchers interested in using the arts to explore social justice in educative ways This book provokes us to think critically and creatively about what really matters **SEARCH FOR MEANING IN LATER LIFE** Nienke P. M. Fortuin, 2020-01-01 The search for meaning in later life An empirical exploration of religion and death draws on thorough qualitative and quantitative research among older Dutch adults The scarcity of vital narratives of ageing and the fragmentation of religious grand narratives appear to complicate their search for meaning Moreover increased longevity and the medicalisation of death challenge many older adults to decide about the right timing of death This study qualitatively and quantitatively explores narratives of ageing and of religion expressed by older Dutch adults and their attitudes toward death euthanasia and life prolongation

Reviewing **Reflective Lifeworld Research**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**Reflective Lifeworld Research**," an enthralling opus penned by a very acclaimed wordsmith, readers attempt an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve in to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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