

Midwifery Care: Reflections of Midwifery Clients

Mary Ellen Doherty, PhD, RN, CNM

ABSTRACT

The purpose of this study was to describe the lived experience of midwifery clients throughout the life span. A qualitative study using a phenomenological approach was employed. In-depth interviews were conducted with a purposive sample of 12 midwifery clients. The research question was: What has been your experience with midwifery care? Interviews were audio-recorded and transcribed verbatim. Data saturation was achieved and analysis procedures from Colaizzi were used. Five themes emerged from the data: 1) decision to seek midwifery care; 2) working together in a therapeutic alliance; 3) formulating a birth plan; 4) childbirth education; and 5) nurse-midwives as primary health-care providers throughout the life span. There is much to learn from listening to the voices of midwifery clients.

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Keywords: midwifery care, nurse-midwives, childbirth, women's health care, phenomenology

According to historical accounts, as women gave birth, they always sought care and support from others. At some point in the cultural evolution, women who were experienced in attending others in childbirth became known as “midwives.” The term midwife means “with woman” (Aveling, 1977; Rooks, 1997; Varney, 1997) and dates back to the 14th century, with its etymology from Old and Middle English. However, accounts dating back to the 2nd century confirm the role of midwives in the birthing process, with the Hebrew Bible containing numerous verses about midwifery, such as Genesis 35:17 and 38:28 and Exodus 1:15–22 (Wansborough, 1985). Furthermore, the mention of birth attendants can be traced to ancient Greek and Roman civilizations as well as in the writings of old Hindu traditions. Evidence of midwifery

has been told in myths, texts, and oral traditions. Thus, as a profession, midwifery claims a social role throughout history in all cultures.

Midwifery in today's health-care arena extends well beyond the childbearing season to include aspects of women's health care such as preconception care, perimenopausal and postmenopausal care, family planning and contraception, childbirth education, well-woman gynecology, and primary care throughout the life span. The midwifery model of care is client-focused and family-centered, embracing the holistic and humanistic principles of health maintenance, health promotion, client education, counseling, advocacy, and collaboration. Women from all walks of life use the services of nurse-midwives—from educated professionals to adolescents, midwifery clients represent the complete

NOTE

Lamaze International has created a continuing education homestudy based on this article. Visit the Lamaze Web site (www.lamaze.org) for detailed instructions regarding completion and submission of this homestudy module for Lamaze contact hours.

Reflections On Midwifery

Judith Bone



Reflections On Midwifery:

Waterbirth Stories Russell Brand, Laura Brand, 2019-09-05 Drawing on years of midwifery experience of waterbirth this collection of stories based on real life events illuminates a rewarding way of birth and emphasises the theoretical knowledge skills understanding and resilience needed to practice well Waterbirth Stories includes chapters on the criteria for use of water in labour and birth on the different stages of labour and on some more serious or unusual situations such as shoulder dystocia postpartum haemorrhage breech presentation and other unexpected maternal and neonatal events Each chapter includes several stories from a midwife's perspective told in the context of evidence based guidelines available for this topic The stories end with learning points to help readers reflect on their own practice Ideal for student and practising midwives with an interest in waterbirth this research informed book is enjoyable challenging and informative **For Those That**

Walk Between Worlds Midwife Alyssa, 2025-04-30 For Those That Walk Between Worlds is a gathering place for the stories reflections and ancestral wisdom of midwives those who stand at the sacred threshold between life and death joy and grief seen and unseen In an era where birth work is increasingly regulated politicized and burdened by generational wounds this book offers a voice of remembrance resilience and repair Midwife Alyssa weaves poetry narrative and hard won truths from years spent walking between worlds She speaks to those quietly holding space for others while carrying the invisible weight of their own births losses and reckonings To the students finding their footing the midwives questioning their path and the elders witnessing a profession in crisis this is a reclamation and a balm Within these pages is an invitation to heal the collective nervous system of midwifery to rebuild trust between generations to speak what was once unspeakable and to imagine a future rooted in wisdom integrity and belonging The end of the book includes a section on midwifery collective care and healing practices along with 13 writing prompts for reflection and repair These prompts with dedicated journal space can be explored alone or used within a midwifery conference breakout group continuing education class or community midwives circle This book is for those who remember those who are remembering and those yet to come You were never meant to carry this alone **Decision-Making in Midwifery Practice** Maureen D. Raynor, Jayne E. Marshall, Amanda

Sullivan, 2005-06-01 The book looks at a broad perspective of decision making and each chapter focuses on a specific aspect related to making crucial decisions Following an initial introduction the book explores the concept of autonomy and the many factors that influence autonomous practice The role of knowledge in decision making using evidence to inform decisions as well as different approaches to decision making are also examined including the traditional or rational approach decision analysis and the development of professional judgement Dilemmas arise when decisions are made and therefore ethical decision making is an important component of this book Management decisions may be different from those related to giving specific care to women hence one chapter focuses on making management decisions Emphasis is also placed on the role of the midwife in helping women make their own decisions the role of reflection in enhancing the decisions midwives make and

the support midwives can receive from their Supervisor of Midwives Flowcharts explain and facilitate the decision making process A very practical approach to decision making in midwifery with contributions from midwives who have considerable experience in this area Provides guidelines on how to achieve successful autonomous midwifery practice enabling theory to be effectively applied to practice Includes coverage of management roles and decision making as well as clinical scenarios offering frameworks and flowcharts to guide the inexperienced Suggests different approaches to making difficult decisions

Midwifery: Best Practice Volume 5 Sara Wickham, 2009-01-29 This is Volume 5 in the Midwifery Best Practice series Each of the volumes in this Series is built around the familiar core of four main topic areas relevant to midwifery pregnancy labour birth postnatal and stories reflection and also includes a number of focus on sections These are different in each volume and reflect a wide range of key and topical issues within midwifery Each volume builds upon the others to provide a comprehensive library of articles that shows the development of thought in key midwifery areas Volume 5 offers a range of wholly new topic areas within the focus on sections covering the birthing environment women midwives and risk holistic health and working international stories A practical reference source containing a wide range of articles research and original material in an easily accessible format Volume 5 offers a more interactive learning experience by inviting midwives to create their own questions before reading the articles and then returning to these afterwards for reflective thought Diverse opinions on selected topics provide a comprehensive resource for debate and discussion Unique approach includes ideas on how to turn reading into professional development activities Includes 60 articles from The Practising Midwife 2004 5 4 research articles from Midwifery 2004 5 3 articles from The Journal of Midwifery and Women s Health 2003 5 and 5 original articles commissioned for this book 60 articles from The Practising Midwife 2004 05 4 research articles from Midwifery 2004 05 3 articles from The Journal of Midwifery and Women s Health 2003 05 5 original articles commissioned for this book Mayes' Midwifery - E-Book Sue Macdonald, Gail Johnson, 2023-05-23 Mayes Midwifery is a core text for students in the UK known and loved for its in depth approach and its close alignment with curricula and practice in this country The sixteenth edition has been fully updated by leading midwifery educators Sue Macdonald and Gail Johnson and input from several new expert contributors ensures this book remains at the cutting edge The text covers all the main aspects of midwifery in detail including the various stages of pregnancy possible complexities around childbirth and psychological and social considerations related to women s health It provides the most recent evidence along with detailed anatomy and physiology information and how these translate into practice Packed full of case studies reflective activities and images and accompanied by an ancillary website with 600 multiple choice questions and downloadable images Mayes Midwifery makes learning easy for nursing students entering the profession as well as midwives returning to practice and qualified midwives working in different settings in the UK and overseas Expert contributors include midwifery academics and clinicians researchers physiotherapists neonatal nurse specialists social scientists and legal experts Learning outcomes and

key points to support structured study Reflective activities to apply theory to practice Figures tables and breakout boxes help navigation and revision Associated online resources with over 600 MCQs reflective activities case studies downloadable image bank to help with essay and assignment preparation Further reading to deepen knowledge and understanding New chapters addressing the issues around being a student midwife and entering the profession More detail about FGM and its legal implications as well as transgender binary individuals in pregnancy and childbirth New information on infection and control following from the COVID 19 pandemic Enhanced artwork program

Becoming a Midwife Rosemary Mander, Valerie Fleming, 2014-05-09 What is the reality of being a midwife in the twenty first century What is it like to help and support women throughout pregnancy and childbirth and into motherhood What roles can midwives play in society This new edition of the popular text *Becoming a Midwife* explores what it is to be a midwife looking at the factors that make midwifery such a special profession as well as some of the challenges The fully updated chapters cover a variety of settings and several different stages in a woman's pregnancy including stories from midwives working in hospitals and in the community as managers supervisors and educators and as men women mothers and birth activists All chapters are narrated by contributors who introduce their own theme recount a vignette that throws light on their understandings of midwifery and reasons for becoming or not becoming a midwife and any subsequent career moves Backed up by commentaries and drawing together these insights the editors show what it means to be a midwife today Suitable for those contemplating a career in midwifery and providing an opportunity for reflection for more experienced midwives this thought provoking book is an invaluable contribution to midwifery

Reflections of a Midwife Judith Bone, 2017-12-13 *Reflections of a Midwife* is just that Working as a midwife for over 45 years Judith has gained an appreciation of the wonderful way our bodies are designed to nurture our unborn babies and bring them to birth Although neither a pre natal course nor a medical textbook in *Reflections* Judith has captured some of the facts of pregnancy in a fun and informative way Little snippets of the miraculous way our body adjusts to pregnancy and birth are explained in simple language and you can't help but be amazed at how the body works Exploring the miracle of pregnancy from conception to birth in short easy to understand biology lessons are linked to parallels of spiritual insights and Biblical truths that helps the reader to see God's hand at work in conception pregnancy and birth Some examples look at the body's preparation for labour then see how David the Shepherd boy also had a period of preparation before he became King The waters of the amniotic fluid and its qualities lead to a discussion of Jesus the giver of living water Coping with the pain of labour along with lots of practical advice also recognises the pain of the Children of Israel as they left slavery and wandered in the wilderness Each of the 17 chapters deal with a different aspect of the progression from conception to birth and each leads to a short Bible story or example Woven throughout the book is Judith's own midwifery stories and also some of her own personal story nursing her husband through a terminal cancer journey Our babies are fearfully and wonderfully made and *Reflections of a Midwife* the miracle of birth is a delightful book

and contains both medical information and Christian devotional in one If you are fascinated and captivated by the process of pregnancy and birth or if you are or hoping to one day be a mother or even a grandmother I know that you will enjoy reading *Reflections of a Midwife* *Reflections on Midwifery* Mavis J. Kirkham, Elizabeth R. Perkins, 1997 Presenting an accessible book which concentrates on the research relating to current issues in midwifery This challenging yet essential text is authored by an expert team of midwifery contributors Covers all the key midwifery issues including continuity of care informed choice support in labor caring for women in ethnic minorities psychological support methods and coping mechanisms for change

Reconceiving Midwifery Cecilia Benoit, Ivy Lynn Bourgeault, Robbie Davis-Floyd, 2004 Midwifery in the developed world is in a state of ferment and change a phenomenon referred to as the new midwifery Reconceiving Midwifery offers state of the art analyses of the new midwifery as it is practiced The authors social scientists and midwifery practitioners reflect on regional differences in the emerging profession providing a systematic account of its historical local and international roots its evolving regulatory status and the degree to which it has been integrated into health care systems They also examine the nature of midwifery training accessibility and effectiveness across diverse ethnic and socio economic groups highlighting the key issues facing the profession before during and in the immediate post integration era in each province

Reflective Practice Beverley J. Taylor, 2000 Reflection is widely taught as a means for nurses and midwives to understand the impact of their actions and how to improve their professional practice

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