

# **Reflections On Diabetes**

**Esther Chang, Amanda Johnson** 

#### **Reflections On Diabetes:**

**Sweet Invisible Body** Lisa Roney, 2000-08 Now in paperback this vivid and often beautifully written account of the realities of diabetes Chicago Tribune is essential reading for diabetics and their friends and families Lisa Roney was diagnosed with diabetes just before her twelfth birthday This is her candid and exquisitely written account of how the disease directly affects the choices she makes every day in every aspect of her life from food and exercise to career and family What sets this apart from other testimonies about living with an illness is Roney's remarkable willingness to reveal the usually hidden emotional consequences of her affliction erosion of her self esteem feelings of vulnerability the influence on her sexual choices and heightened awareness of mortality Full of wisdom humor and practical advice Sweet Invisible Body will be welcomed by diabetics and their friends and families who have never before had a spokesperson as articulate honest and insightful as Lisa Roney **Reflections on a Life with Diabetes** Diane M. Parker, Ruth E. Mark, 2004-06 In this candid anthology the authors take you on a tour of their experiences living with diabetes This is not a technical or scientific book but one that exposes the tender emotions of living with this chronic disease There is humor warmth and compassion in these poems and stories written by diabetics their families and friends Lisa Haynes talks affectionately about her mother s feet in her poem Feet Like Small Children we learn what it's like for a mother to discover her young daughter has diabetes in Anne Leigh Parrish's A Whole New World Wilson and Kartonis take us into their playful fantasy about food in Living the Sweet Life and Cheri and Jade Brooks give us different perspectives on the same hypoglycemic episode in Inferno and Mirrors in the Sun These are but a few of the narratives you ll find in these pages This is the first book of its kind to introduce you to the emotional workings of diabetes from a creative nonfiction point of view It incorporates all aspects of diabetes from diagnosis to complications and finally survival **Reflections on Diabetes** American Dietetic Association, 1996-09-01 A collection of many of those stories written by people who have learned from the experience of living with the disease My Life as a Pancreas Priscilla Call Essert, 2006 Diabetes Meal Plan for Newly Diagnosed Jane J. McCullough, 2025-02-28 Getting diagnosed with diabetes can feel overwhelming but it doesn't have to be This book turns confusion into clarity showing you exactly how to take control of your health through food that heals energizes and satisfies In this book you ll discover how to balance your blood sugar naturally using real meals that taste good and fit your life Built around a step by step 4 week plan this guide teaches you what to eat how much and when so you can feel confident at every meal Inside you ll find A science based introduction to understanding how your body processes food and what actually causes glucose spikes Easy weekly meal plans that simplify eating reduce cravings and help you stay consistent Delicious practical recipes for breakfast lunch dinner and snacks made from everyday ingredients not specialty foods Expert advice on portion control grocery shopping and eating out so you can live your life without fear or restriction Guidance on how to read blood sugar logs interpret A1C results and build a long term routine that works for you This isn t a diet it s a lifestyle reset You ll learn to enjoy food again while

keeping your energy stable your mood balanced and your body strong Whether you ve been diagnosed with Type 2 diabetes are managing prediabetes or simply want to eat better for long term wellness this book gives you a clear roadmap to take charge of your health starting today Take control of your diagnosis Reclaim your confidence Live healthy vibrant and free one meal at a time The Routledge History of Disease Mark Jackson, 2016-08-05 The Routledge History of Disease draws on innovative scholarship in the history of medicine to explore the challenges involved in writing about health and disease throughout the past and across the globe presenting a varied range of case studies and perspectives on the patterns technologies and narratives of disease that can be identified in the past and that continue to influence our present Organized thematically chapters examine particular forms and conceptualizations of disease covering subjects from leprosy in medieval Europe and cancer screening practices in twentieth century USA to the ayurvedic tradition in ancient India and the pioneering studies of mental illness that took place in nineteenth century Paris as well as discussing the various sources and methods that can be used to understand the social and cultural contexts of disease Chapter 24 of this book is freely available as a downloadable Open Access PDF under a Creative Commons Attribution Non Commercial No Derivatives 3 0 license https www routledgehandbooks com doi 10 4324 9781315543420 ch24 Stories in Chronic Illness and Disability Esther Chang, Amanda Johnson, 2023-12-27 As nurses and health professionals increasingly care for people with chronic diseases and disability it has never been more important for students to gain the knowledge skills and understanding they need to provide quality care Stories in Chronic Illness Disability will help you understand the lived experience of the people you look after Intended as a companion to the Living with Chronic Illness Disability textbook also by Esther Chang and Amanda Johnson it offers real life case studies of the most common conditions you are likely to encounter in your work The stories are accompanied by concise and engaging videos with related activities to help you reflect on the everyday experiences of people you are caring and adjusting your approach accordingly This resource is perfect for undergraduate nursing students on clinical placements right through to registered nurses wanting to enhance their insights and understanding of chronic disease and disability Print interactive eBook with 29 videos embedded to bring case stories to life Transcripts provided for all video interviews Builds on the core theory presented in Living with Chronic Illness Disability 4e text which can be used in conjunction with the main textbook or as standalone Scaffolded approach to learning suitable for students with Certificate Diploma Bachelor and Post Graduate degrees across nursing individual support and disability Reflection Inquiry and Action framework for teaching and learning around each story **Diabetes-Related Literature Index by Authors and by Key** Motivational Interviewing Antoine Douaihy, Thomas M. Kelly, Melanie A. Gold, 2023 This may Words In the Title ,1962 be the single most important book you ever buy during your medical training that will help you learn about how to engage patients in a discussion about behavior change Whatever field you pursue patient care will be at the heart of your practice The second edition of Motivational Interviewing is transforming the way we engage with patients and colleagues alike This

manual is ideal for any medical doctors at all levels in their career The text is thorough yet concise and easily accessible using clinical vignettes personal reflections self assessment quizzes and online video clips of clinical cases

Self-Determination Theory in the Clinic Kennon M. Sheldon, Geoffrey Williams, Thomas Joiner, 2008-10-01 Self determination theory is grounded in the belief that people work best and are happiest when they feel that they are in control of their own lives This invaluable book explains the ramifications of the theory and provides clinical examples to show that it can be used to motivate patients undergoing treatment for such physical or psychological issues as diabetes management smoking cessation post traumatic stress obsessive compulsive disorder and depression The first part of the book provides historical background to self determination theory showing that it is humanistically oriented and has three decades of empirical research behind it In the process the authors discuss why humanistic psychology fell out of favor in academic psychology why self help and New Age books have such perennial popularity and why it is so important for authorities to support patients sense of self The remainder of the book presents many specific case examples to describe the theory s application

Delve into the emotional tapestry woven by in **Reflections On Diabetes**. This ebook, available for download in a PDF format (\*), is more than just words on a page; itis a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

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