

Ritual Medical Lore of Sephardic Women

**SWEETENING THE SPIRITS,
HEALING THE SICK**



*Isaac Jack Lévy and
Rosemary Lévy Zumwalt*

Ritual Medical Lore Of Sephardic Women

Francine Friedman



Ritual Medical Lore Of Sephardic Women:

Ritual Medical Lore of Sephardic Women Isaac Jack Lévy, Rosemary Lévy Zumwalt, 2002 Winner of the Elli Kongas Maranda Prize from the Women's Section of the American Folklore Society 2003 *Ritual Medical Lore of Sephardic Women* preserves the precious remnants of a rich culture on the verge of extinction while affirming women's pivotal role in the health of their communities Centered around extensive interviews with elders of the Sephardic communities of the former Ottoman Empire this volume illuminates a fascinating complex of preventive and curative rituals conducted by women at home rituals that ensured the physical and spiritual well being of the community and functioned as a vital counterpart to the public rites conducted by men in the synagogues Isaac Jack Lévy and Rosemary Lévy Zumwalt take us into the homes and families of Sephardim in Turkey Israel Greece the former Yugoslavia and the United States to unravel the ancient practices of domestic healing the network of blessings and curses tailored to every occasion of daily life the beliefs and customs surrounding mal ojo evil eye espanto fright and echizo witchcraft and cures involving everything from herbs oil and sugar to the powerful mumia mummy made from dried bones of corpses For the Sephardim curing an illness required discovering its spiritual cause which might be unintentional thought or speech accident or magical incantation The healing rituals of domesticated medicine provided a way of making sense of illness and a way of shaping behavior to fit the narrow constraints of a tightly structured community Tapping a rich and irreplaceable vein of oral testimony *Ritual Medical Lore of Sephardic Women* offers fascinating insight into a culture where profound spirituality permeated every aspect of daily life

Routledge Handbook of Jewish Ritual and Practice Oliver Leaman, 2022-07-08 Ritual and practice are some of the most defining features of religion linked with its central beliefs Discussing the wide range of Jewish ritual and practice this volume provides a contemporary guide to this significant aspect of religious life and experience Drawing on a wide range of disciplines this volume describes not only what takes place but the reasons behind this and the implications both the theory and practice have for our understanding of Judaism Organized in terms of texts periods practices languages and relationships with the other the book includes accounts of prayer food history synagogues and the various legal and ideological debates that exist within Judaism with the focus on how they influence practice Coming at a time of renewed interest in the role of the body in religion this book aims to bring the theoretical and scriptural issues which arise in this area of Jewish life and culture up to date This volume is aimed at students and researchers working in Jewish studies specifically and religious studies in general Designed to be helpful to those on courses in relevant areas especially in the United States this book includes substantial bibliographical material

The Miriam Tradition Cia Sautter, 2010-12-01 *The Miriam Tradition* works from the premise that religious values form in and through movement with ritual and dance developing patterns for enacting those values Cia Sautter considers the case of Sephardic Jewish women who following in the tradition of Miriam the prophet performed dance and music for Jewish celebrations and special occasions She uses rabbinic and feminist understandings of

the Torah to argue that these women called tanyaderas taught Jewish values by leading appropriate behavior for major life events Sautter considers the religious values that are in music and dance performed by tanyaderas and examines them in conjunction with written and visual records and evidence from dance and music traditions Explaining the symbolic gestures and motions encoded in dances Sautter shows how rituals display deeply held values that are best expressed through the body The book argues that the activities of women in other religions might also be examined for their embodiment and display of important values bringing forgotten groups of women back into the historical record as important community leaders

The Book of Immediate Magic - Part 2 Jacobus G. Swart, 2018-08 The Shadow Tree Series comprises a unique collection of Western Esoteric studies and practices which Jacobus G Swart spiritual successor to William G Gray and co founder of the Sangreal Sodality has actuated and taught over a period of forty years In The Book of Immediate Magic Part 1 Jacobus G Swart perpetuates the fundamental tenets of Self Creation in which it is maintained that the Centre establishes the Circumference and that personal reality is emanated in harmony with personal Will Hence this tome comprises an enhancement and expansion of the magical doctrines and techniques of Practical Kabbalah addressed in The Book of Self Creation The Book of Sacred Names and The Book of Seals Amulets Jacobus Swart claims that working Immediate Magic is neither impossible nor difficult when we fully understand that consciousness is just one vast ocean and that thoughts are the waves we make in it It is all a matter of coordinating consciousness

Sephardic and Mizrahi Jewry Zion Zohar, 2005-06-01 Brilliant essays providing a comprehensive overview of Sephardi and Mizrahi Jews from leading intellectuals on Jewish history and culture Midwest Jewish Studies Association Sephardic Jews trace their origins to Spain and Portugal They enjoyed a renaissance in these lands until their expulsion from Spain in 1492 when they settled in the countries along the Mediterranean throughout the Ottoman Empire in the Balkans and in the lands of North Africa Italy Egypt Palestine and Syria mixing with the Mizrahi or Oriental Jews already in these locations Sephardic Jews have contributed some of the most important Jewish philosophers poets biblical commentators Talmudic and Halachic scholars and scientists and have had a significant impact on the development of Jewish mysticism Sephardic and Mizrahi Jewry brings together original work from the world's leading scholars to present a deep introductory overview of their history and culture over the past 1500 years The book presents an overarching chronological and thematic survey of topics ranging from the origin of Sephardic and Mizrahi Jewry and their history to kabbalah philosophy and biblical commentary and Sephardic Jewish life in the modern era This collection represents the most up to date scholarship about Sephardic and Mizrahi Jewry available Contributors include Mark R Cohen Norman Stillman David Bunis Jonathan Decter Yitzhak Kalimi Moshe Idel Annette B Fromm Zvi Zohar Morris Fairstein Pamela Dorn Sezgin Mark Kligman and Henry Abramson

Encyclopedia of Jewish Folklore and Traditions Raphael Patai, 2015-03-26 This multicultural reference work on Jewish folklore legends customs and other elements of folklife is the first of its kind

Like Salt for Bread. The Jews of Bosnia and Herzegovina Francine Friedman, 2021-11-22 This book

is the only comprehensive treatment in any language of a rather exotic Balkan Jewish community. It places the Jewish community of Bosnia and Herzegovina into the context of the Jewish world but also of the world within which it existed for around five hundred years under various empires and regimes. The Bosnian Jews might have remained a mostly unknown community to the rest of the world had it not played a unique role within the Bosnian Wars of the early 1990s providing humanitarian aid to its neighbor Serbs, Croats and Muslims. Watch Francine Friedman's presentation on The Jews of Bosnia and Herzegovina.

Teaching Religion and Healing Linda L. Barnes, Inés M. Talamantez, 2006-10-12. The study of medicine and healing traditions is well developed in the discipline of anthropology. Most religious studies scholars however continue to assume that medicine and biomedicine are one and the same and that when religion and medicine are mentioned together the reference is necessarily either to faith healing or bioethics. Scholars of religion also have tended to assume that religious healing refers to the practices of only a few groups such as Christian Scientists and pentecostals. Most are now aware of the work of physicians who attempt to demonstrate positive health outcomes in relation to religious practice but few seem to realize the myriad ways in which healing pervades virtually all religious systems. This volume is designed to help instructors incorporate discussion of healing into their courses and to encourage the development of courses focused on religion and healing. It brings together essays by leading experts in a range of disciplines and addresses the role of healing in many different religious traditions and cultural communities. An invaluable resource for faculty in anthropology, religious studies, American studies, sociology and ethnic studies, it also addresses the needs of educators training physicians, health care professionals and chaplains, particularly in relation to what is referred to as cultural competence, the ability to work with multicultural and religiously diverse patient populations.

The Big Book of Magical Incense Sara L. Mastro, 2021. This book is for practicing magicians and Pagans who want to learn to formulate their own magical incenses. While the book requires no prerequisite knowledge, it is also appropriate for experienced magicians and learned Pagans. Presented in a paradigm agnostic way, the book should appeal to people on numerous paths.

The Dilemmas of Social Democracies Howard Richards, Joanna Swanger, 2008-01-01. The Dilemmas of Social Democracies seeks to advance the eradication of poverty and the ethical construction of social democracy and sustainable peace. Howard Richards and Joanna Swanger argue that the reason that capitalism resists transformation and that social democracy is so hard to achieve is because of the philosophical and institutional underpinnings, the constitutive rules, of capitalism. The book therefore explores the historical origins of these rules, their implications for blocking progress toward social justice and how they can be improved.

Minhagim Joseph Isaac Lifshitz, Naomi Feuchtwanger-Sarig, Simha Goldin, Jean Baumgarten, Hasia Diner, 2019-12-16. Parallel to the Halakhic laws, the minhagim customs are dependent on local practices and the regional schools of sages and rabbis. The minhagim played a decisive role in the history of the Jewish communities and in the formation of traditions of religious rulings. They gave stability, continuity and authority to the local institutions. The impact of Jewish custom on daily life

cannot be overestimated Evolving spontaneously as an ascending process it presents undercurrents that emanate from the folk gradually bringing about changes that eventually become part of the legislative code It further reflects influences of social cultural and mythological tendencies and local historical elements of every day life of the period The aim of this volume is to examine the concept of minhag in the broadest sense of the word Focusing on the relationship between various types of customs and their impact on every aspect of Jewish life the volume studies the historical anthropological religious and cultural development and function of rites and rituals in establishing the Jewish self definition and the identity of the local communities that adhered to them The volume s articles cover the subject of custom from three perspectives an analysis of the theoretical and legal definition of custom an analysis of the social and historical aspects of custom and an anecdotal study of several particular customs Customs are a wonderful historical prism by which to examine fluctuations and changes in Jewish life

The Familiar Leigh Bardugo, 2024-04-09 1 NATIONAL BESTSELLER 1 INDIE BESTSELLER NEW YORK TIMES BESTSELLER An immersive sensual experience The New York Times Essential The Washington Post GOODREADS CHOICE AWARD FINALIST A BEST BOOK OF THE YEAR The New York Times Book Review NPR Kirkus Women s World Town Country Magazine NYPL From the 1 New York Times bestselling author Leigh Bardugo comes a spellbinding novel set in the Spanish Golden Age In a shabby house on a shabby street in the new capital of Madrid Luzia Cotado uses scraps of magic to get through her days of endless toil as a scullion But when her scheming mistress discovers the lump of a servant cowering in the kitchen is actually hiding a talent for little miracles she demands Luzia use those gifts to improve the family s social position What begins as simple amusement for the nobility takes a perilous turn when Luzia garners the notice of Antonio P rez the disgraced secretary to Spain s king Still reeling from the defeat of his armada the king is desperate for any advantage in the war against England s heretic queen and P rez will stop at nothing to regain the king s favor Determined to seize this one chance to better her fortunes Luzia plunges into a world of seers and alchemists holy men and hucksters where the lines between magic science and fraud are never certain But as her notoriety grows so does the danger that her Jewish blood will doom her to the Inquisition s wrath She will have to use every bit of her wit and will to survive even if that means enlisting the help of Guill n Sant ngel an embittered immortal familiar whose own secrets could prove deadly for them both

Evil Eye in Christian Orthodox Society Nikolaos Souvlakis, 2021-06-11 Evil eye is a phenomenon observed globally and has to do with the misfortune and calamities that we can cause to someone else out of jealousy of their possessions The book engages with evil eye beliefs in Corfu and investigates the Christian Orthodox influences on the phenomenon and how it affects individuals reactions to it Developing an interdisciplinary dialogue it offers a fresh view of evil eye as a facilitator of wellbeing rather than a generator of calamities

From Abraham to America Eric Silverman, 2006-07-27 Silverman s new book is a comprehensive overview of Jewish circumcision throughout history Beginning with Genesis the author traces paradoxes and tensions in biblical Jewish circumcision as seen both within Judaism and from the dominant non Jewish culture

Topics include rabbinic literature early Christianity Medieval notions of menstruating Jewish men and the blood libel the relic of Christ's foreskin modern notions of the Jewish body and Jewish manhood and the current debate over Jewish and routine medical circumcision in America *The Hearth Witch's Kitchen Herbal* Anna Franklin, 2019-04-08 Herbal Wisdom the

Hearth Witch Way Includes more than 150 recipes for teas infusions tinctures syrups baths salves balms compresses poultices oils creams potions candles and much more The Hearth Witch's Kitchen Herbal is an herbal with a difference it shows how to use the herbs and spices most of us already have in our kitchens for home remedies personal care spiritual practice spells and rituals The follow up to the bestselling Hearth Witch's Compendium this practical guide includes more than 150 recipes and focuses on twenty three common culinary herbs and spices For each plant you will discover magical correspondences culinary uses cosmetic uses medicinal uses notes of caution recipes and lore Also discover how to combine herbs with astrology colors and elemental energies for powerful magical workings From basil to turmeric and incenses to syrups this useful kitchen herbal is designed to help you expand your Hearth Witch skills for a more natural and magical life Basil Black Pepper Caraway Cardamom Cayenne Cinnamon Clove Coriander Cumin Dill Fennel Fenugreek Garlic Ginger Lemon Mints Oats Oregano Parsley Rosemary Sage Thyme Turmeric **Garlic and Other Alliums** Eric Block, 2015-10-09

The name Allium is said to come from the Greek word to avoid because of its offensive smell The genus Allium includes more than 800 species of which only a few have been cultivated as foods Many of the other members of this genus are popular with gardeners as easy to maintain perennials although the smell of some members of the genus can be off putting The smell is a consequence of breakdown of sulfur containing compounds which is a characteristic of this family of plants Garlic onions leeks chives and other members of the genus Allium occupy a unique position both as edible plants and herbal medicines appreciated since the dawn of civilization Alliums have been featured through the ages in literature where they are both praised and reviled as well as in architecture and the decorative arts Garlic pills are top selling herbal supplements while garlic based products show considerable promise as environmentally friendly pesticides The remarkable properties of the alliums can be understood based on the occurrence of a number of relatively simple sulfur containing chemical compounds ingeniously packaged by nature in these plants This unique book with a foreword by 1990 Nobel Laureate E J Corey outlines the extensive history and the fascinating past and present uses of these plants sorting out fact from fiction based upon detailed scrutiny of historic documents as well as numerous laboratory studies Readers will be entertained and educated as they learn about early cultivation of garlic and other alliums while being introduced to the chemistry and biochemistry They will learn how alliums have been portrayed and used in literature poetry the arts and how alliums are featured in the world's oldest cookbook Technical material is presented in a manner understandable to a general audience particularly through the use of illustrations to simplify more difficult concepts and explain how experimental work is conducted The book is heavily illustrated with examples of alliums in art literature agriculture medicine and other areas and includes rare botanical

drawings of many members of the genus *Allium* Essential reading for anyone with a general interest in science the book is written at a level accessible to experts and non experts alike It has sufficient additional detail and references to satisfy both those wanting to know more as well as researchers in disciplines as diverse as archaeology medicine ecology pharmacology food and plant sciences agriculture and organic chemistry

Woven Roots Deatra Cohen,Adam Siegel,2025-06-03 A comprehensive guide to the medicinal plants and folk healers of Eastern Europe s Pale of Settlement mapping ancestral folkways herbal traditions and shared legacies of Ashkenazi Jews and their neighbors Includes a materia medica of healing plants and their traditional applications A companion guide to Ashkenazi Herbalism Woven Roots explores the rich history of plant based medicine and folk healing traditions of Eastern Europe from 1600 through the present Authors Deatra Cohen and Adam Siegel map the interwoven histories of the peoples of the Pale of Settlement revealing untold stories of cooperation shared knowledge and mutual aid The book shares how the people in this region so often associated with conflict often thrived in deep and reciprocal relationships with the land and each other Tending and relying on the natural world caring for their communities and transmitting medicinal legacies from generation to generation the healers of the Pale served as profound points of connection interdependence and life sustaining knowledge The authors offer illuminating and surprising original research on The pivotal but historically overlooked contributions of women folk healers Deep ancestrally rooted traditions of care for land and nature among Ashkenazi Jews The rich cultural exchanges among Jews Muslims and Christians that allowed life in the Pale to flourish Newly discovered recipes Enduring legacies of mutual aid and community interdependence How long lost links between Eastern and Western folk knowledge can shed new light on your heritage and ancestral connections Traditional magical practices of the Ashkenazim This book includes an illustrated materia medica with plant names in Yiddish Lithuanian Ukrainian and more Informed by years of field and academic research Woven Roots recovers the legacies of Jewish healers beyond myth offering insights into the healing wisdom and interethnic cultural exchanges among marginalized groups in Eastern Europe and Eurasia

One Hundred Saturdays Michael Frank,2023-09-12 The remarkable story of ninety nine year old Stella Levi whose conversations with the writer Michael Frank over the course of six years bring to life the vibrant world of Jewish Rhodes the deportation to Auschwitz that extinguished ninety percent of her community and the resilience and wisdom of the woman who lived to tell the tale Amazon

Beware the Evil Eye Volume 3 John H. Elliott,2016-07-26 The Evil Eye is mentioned repeatedly throughout the Old Testament Israel s parabiblical writings and New Testament with a variety of terms and expressions The Old Testament Greek Septuagint contains no less than fourteen text segments involving some twenty explicit references to the Evil Eye Deut 15 9 28 54 56 Prov 23 6 28 22 Tob 4 7 16 Sir 14 3 6 8 9 10 18 18 31 13 37 11 Wis 4 12 4 Macc 1 26 2 15 Ep Jer 69 70 At least three further texts are also likely implied references to an Evil Eye 1 Sam 2 29 32 18 9 with some other texts as more distant possibilities The Evil Eye is mentioned also in the Old Testament Pseudepigrapha the Dead Sea Scrolls and the writings of

Philo and Josephus all of which are discussed in the following pages Evil Eye belief and practice continued in the early Jesus movement Jesus mentions the Evil Eye on more than one occasion Matt 6 22 23 Luke 11 33 36 Mark 7 22 Paul makes explicit and implicit mention of the Evil Eye in his letter to the Galatians 3 1 4 12 20 Possible implicit references to the Evil Eye are also examined Both the common and the distinctive features of biblical Evil Eye belief are identified along with its operation on multiple levels biological physiological psychological economic social and moral and its serving a variety of purposes The numerous references to the Evil Eye in Israel s rabbinic writings and those of postbiblical Christianity second sixth centuries CE together with the material evidence from this period are examined in volume 4

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