

# Mommy Stayed in Bed This Morning

Helping Children Understand Depression



**Mary Wenger Weaver**  
Illustrated by Mary Chambers

# Mommy Stayed In Bed This Morning Helping Children Understand Depression

**Nancy Redeker, Geoffry Phillips  
McEnany**



## **Mommy Stayed In Bed This Morning Helping Children Understand Depression:**

Mommy Stayed in Bed This Morning Mary Wenger Weaver,2002 David confronts the trauma of his mother s depression and its effects on the family     *Mommy Stayed in Bed This Morning* Mary Wenger Weaver,2001-06 This unique book shows the impact of a parent s struggle with depression through the eyes of a child The sensitive and honest portrayal provides talking points and identifies sources of support for children and family Rarely do books for children 4 8 years old deal with the problem of mental illness in the family This story follows preschool David as he confronts the trauma of his mother s depression and is helped to resolution Always viewed through David s eyes the scenes depict symptoms of depression and therapeutic interventions for children Readers see David s range of emotions and the many people who help him find the way to happiness and security including the spiritual dimension The book helps children recognize their fears and anxieties and then points to ways of discovering health and wholeness Healing from mental illness is an ongoing process the book has a realistic but satisfying ending     *American Book Publishing Record* ,2002     **Quill & Quire** ,2001     **A Candle for the Children** Jennifer Zomar,2008-11 A multigenerational memoir of recovery and healing A Candle for the Children tells the candid story of Zomar s upbringing by abusive parents her own challenges with alcoholism and drugs the trials of raising a child with attention deficit disorder as a single mother and the struggles to advocate for her grandson Steven Back cover

**Not Much Longer Now** Julie Wheeler Mayfield,2022-06-24 In 2005 and again in 2014 my husband Will and I found ourselves reeling from unimaginable tragedies that would take the life of my mother as well as the lives of Will s mother and father It was the stuff of movies nightmares and prime time news stories things we never imagined could happen in our families Our faith was put to the test How could God allow these things to happen Did he care These events led to many years and sleepless nights spent wrestling with God and wondering where he was in the midst of our pain We did indeed find him he had been right there with us in our suffering all along pointing us to the hope of heaven     **Taking Care of Mom** ,

*Foundational helping skills training manual* World Health Organization,United Nations Children's Fund,2025-06-17 This training manual is a resource from the joint WHO UNICEF initiative on Ensuring Quality in Psychosocial and Mental Health Care EQUIP The manual is for trainers and supervisors and explains how using the EQUIP competency based approach you can teach foundational helping skills to helpers working with adults     **The British National Bibliography** Arthur James Wells,2003     **Out of the Darkened Room** William R. Beardslee,2009-06-27 Depression spreads like a contagion through families affecting everyone s lives especially children s The spouses of people with depression are several times more likely to become depressed themselves their children are four to six times more likely Drawing from a comprehensive long term study of resilient children from depressed families Out of the Darkened Room outlines a wide array of prevention strategies from the family meeting to open and sustained communication on the subject of mental illness Dr Beardslee weaves together his own personal and clinical experiences with the emerging scientific research the key theoretical concepts and the steps

families need to take in order to make sense of the illness This is the first book to look at depression as an illness that affects the entire family not just the individual Just as The Unexpected Legacy of Divorce tracked the impact of divorce on children Out of the Darkened Room examines the long term effects of parental depression Major depression is one and a half to three times more common among immediate family members than among the general population Beardslee s 20 year longitudinal study has established the accepted protocol for treating families struggling with a parent who is depressed **Quaker Life** ,2002 **Depression's Child** Mark Nelson,2017-01-13 This book is about a young poor boy growing up during the Great Depression when organized crime was rampant welfare didn t exist food lines were commonplace and hot tamales were available from a vendor on a modified bicycle if you had the price His mom a widow since he was four years old didn t have the price Once a week they had meat it was sausage and what tasted like sawdust mixed in He didn t like it but he ate it because he was hungry Sometimes on Sundays White Castle had hamburgers on sale ten for a dollar When his mom and his older half sister had a dollar they ate like royalty He could ve eaten all ten by himself When he was fifteen he lied about his age and joined the US Navy and was never hungry again **Working Mother** ,1987-06 The magazine that helps career moms balance their personal and professional lives Understanding the Mind of Your Bipolar Child Gregory T. Lombardo,2013-09-24 Help and hope for parents of children who suffer from this prevalent and puzzling disorder Bipolar disorder has an impact not only on children s mood and behavior but on the way they experience the world and consequently on the way they think The intensity with which a bipolar child perceives things can be the source of creativity and talent but it can also be a source of confusion and disorganization If parents can understand the effects of bipolar disorder on their child they can help him or her to better navigate school friendships and family relationships Dr Lombardo provides comprehensive information on Professional diagnosis Developmental issues Disorders that go hand in hand with bipolar including ADHD and oppositional defiant disorder Effective treatment including psychotherapy and medication Understanding the Mind of the Bipolar Child is essential reading for all parents who want to better understand their child and provide support every step of the way **Restorative Justice for Domestic Violence Victims** Marilyn Fernandez,2010-06-02 Restorative Justice for Domestic Violence Victims uses a rich and detailed set of interviews and complementary survey data to make a strong case for introducing restorative justice principles into the existing menu of services for victims of domestic violence Guided primarily by concerns of victim safety domestic violence theorists and practitioners have been wary of introducing restorative justice principled programs in the domestic violence arena While remaining cognizant of safety concerns Marilyn Fernandez weaves together the theories concepts and research in the restorative justice and domestic violence traditions and uses the voices of domestic violence victims to make a case for restorative justice programs In the process Fernandez helps readers academicians students and practitioners understand the complex nature of domestic violence and the lives of its victims **Belling the Cat** Riane Hearn,2019-07-23 The Cat has

affected more than nine lives and has the scars to prove it This story depicts how Agu the cat has stealthily touched the lives of those still alive to talk about it      **Sister Freaks** Rebecca St. James,2008-11-15 Bestselling author and award winning singer Rebecca St James brings together a group of inspirational true stories about young women who gave their all for Jesus

**The Challenges of Gifted Children** Barbara Klein,2015-08-18 Educating and raising gifted children presents highly specific challenges This book explains how parents can learn to optimize their child s potential and work with schools spouses friends and specialists to create a nurturing and stable life Having a gifted child is a joy but it is also one of the greatest challenges of parenthood to help that child find the right fit for education In this remarkably insightful text noted psychologist Barbara Klein PhD EdD explains the emotional and social issues of giftedness identifies parental actions and reactions that can exacerbate or soothe the challenges and describes how these key factors tie in to identifying the best school and educational program to enable a gifted child to achieve his or her goals and maximize success The text includes many vignettes from children and families who have sought guidance across 30 years from the author an accomplished psychotherapist recognized as a national authority on raising gifted children This single volume work presents an understandable theoretical overview of the psychological problems parents face raising their gifted child and clearly explains why the parent child interaction can be so intense and stressful a reality that is rarely acknowledged in the existing literature on giftedness Parents of gifted children will learn how to make decisions about their children s social emotional development and educational future and understand how their actions can be helpful or harmful to their gifted child and his her education Educators will fully grasp why and how gifted kids are different and why they need different educational environments while mental health professionals will gain insight into their gifted patients emotional struggles And gifted individuals will realize that others experience similar struggles      **Sleep Disorders and Sleep Promotion in Nursing Practice** Nancy

Redeker,Geoffry Phillips McEnany,2011-04-22 2011 AJN Book of the Year Winner in Gerontologic Nursing Sleep medicine texts have been available for decades but this is the first Sleep Nursing text to fill an importantgap from a nursing perspective Nurse Education in Practice This book is unique in that it examines sleep and sleep disorders from a nursing perspective It is a valuable resource for academic nursing as well as a relevant and useful companion for clinical nursing professionals Score 94 4 stars Doody s Medical Reviews This comprehensive volume presents the latest scientific evidence on health promotion prevention and treatment for sleep and sleep disorders This graduate textbook and reference guide provides strategies for promoting normal sleep caring for disordered sleep and supporting sleep in health care settings Written by leading nursing experts this book is an invaluable source for graduate educators and students as well as practitioners and researchers caring for patients suffering from sleep disorders Key Features Contains a digital Teacher s Guide and curriculum module Covers important topics in sleep medicine insomnia breathing and movement disorders narcolepsy circadian rhythm disorders chronic conditions psychiatric disorders and pediatric issues Provides treatment

options for sleep disorders in a variety of health care settings Highlights issues in primary care as well as alternative complimentary health care An instructor s guide is available upon request     Raising Children in Blended Families Maxine Marsolini, A realistic and forthright resource this practical guide for parents of blended families helps adults understand their children s feelings and cope with arising difficulties

Delve into the emotional tapestry woven by Crafted by in Dive into the Emotion of **Mommy Stayed In Bed This Morning Helping Children Understand Depression** . This ebook, available for download in a PDF format ( \*), is more than just words on a page; it is a journey of connection and profound emotion. Immerse yourself in narratives that tug at your heartstrings. Download now to experience the pulse of each page and let your emotions run wild.

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