

Medium and long term follow-up

Ensure perticipation in cardiac rehabilitation.

Admission

- Annual assessment with GP or nurse to:
- · Review adherence to medication
- Review cardiovascular ICVI symptoms.
- Assess improvements in CV risk factors.
- Assess improvements in CV risk sectors, including 89 diabetes, and serum lipids
- Review smoking , physical activity , diet, and psychological wellbeing
- Signpost patients to sources of information.
- · Advise about red flag symptoms

Follow-up: within 4 weeks

- Primary cam clinidan can
 - Confirm diagnosis

Primary PCI

- Explain PCI and shack access site
- Examine for AF, murmut, heart failure
- · Review medication, titrate dose
- Assess anxiety and depression

. Recommend lifestyle changes:

Early intervention

- · Quit amoking
- · Mediterrengen diet
- At least 2.5 hours a week of moderate physical activity

All safe after 7 days

- Question and concerns after uncomplicated PO:
 - · Car driving.
 - · Hying
 - . Sexual activity

Discharge

 3 days after uncomplicated PD

EMInST elevation myscard at infarction, ECGne lectrocard agraphy. PCIncercutaneous correspy intervention, Alf-activi fibrillation, BP-blood pressure.

Longterm Management Of Patients After Myocardial Infarction

Lingjun Ying

Longterm Management Of Patients After Myocardial Infarction:

This book delves into Longterm Management Of Patients After Myocardial Infarction. Longterm Management Of Patients After Myocardial Infarction is a vital topic that must be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Longterm Management Of Patients After Myocardial Infarction, encompassing both the fundamentals and more intricate discussions.

- 1. The book is structured into several chapters, namely:
 - Chapter 1: Introduction to Longterm Management Of Patients After Myocardial Infarction
 - Chapter 2: Essential Elements of Longterm Management Of Patients After Myocardial Infarction
 - o Chapter 3: Longterm Management Of Patients After Myocardial Infarction in Everyday Life
 - Chapter 4: Longterm Management Of Patients After Myocardial Infarction in Specific Contexts
 - ∘ Chapter 5: Conclusion
- 2. In chapter 1, the author will provide an overview of Longterm Management Of Patients After Myocardial Infarction. This chapter will explore what Longterm Management Of Patients After Myocardial Infarction is, why Longterm Management Of Patients After Myocardial Infarction is vital, and how to effectively learn about Longterm Management Of Patients After Myocardial Infarction.
- 3. In chapter 2, this book will delve into the foundational concepts of Longterm Management Of Patients After Myocardial Infarction. The second chapter will elucidate the essential principles that must be understood to grasp Longterm Management Of Patients After Myocardial Infarction in its entirety.
- 4. In chapter 3, this book will examine the practical applications of Longterm Management Of Patients After Myocardial Infarction in daily life. This chapter will showcase real-world examples of how Longterm Management Of Patients After Myocardial Infarction can be effectively utilized in everyday scenarios.
- 5. In chapter 4, this book will scrutinize the relevance of Longterm Management Of Patients After Myocardial Infarction in specific contexts. This chapter will explore how Longterm Management Of Patients After Myocardial Infarction is applied in specialized fields, such as education, business, and technology.
- 6. In chapter 5, the author will draw a conclusion about Longterm Management Of Patients After Myocardial Infarction. The final chapter will summarize the key points that have been discussed throughout the book.
 This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Longterm Management Of Patients After Myocardial Infarction.

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