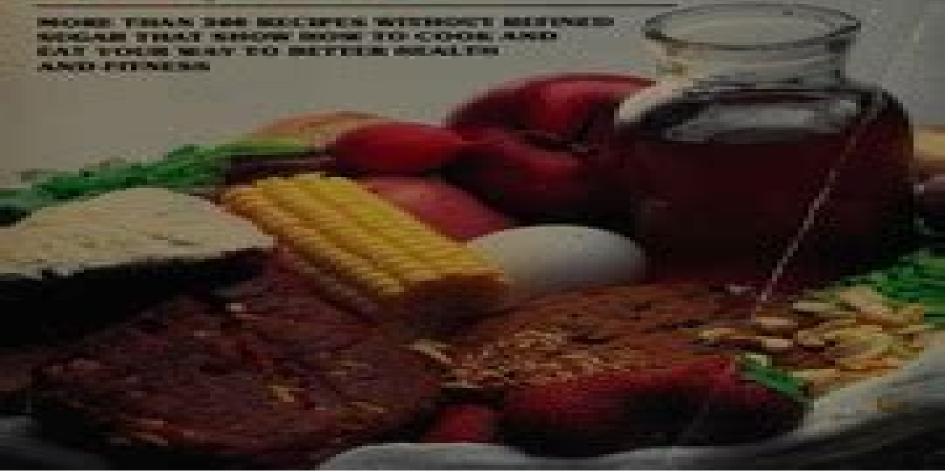
Runner's World

# NATURAL FOODS COOKBOOK

by Pameta Hammer



# **Runners World Natural Foods Cookbook**

J Elliott

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