

GROWTH ABNORMALITIES IN MEXICAN-AMERICAN CHILDREN  
IN THE UNITED STATES:  
THE NATIONAL HEALTH AND NUTRITION EXAMINATION SURVEY I STUDY

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ABSTRACT

Numerous regional studies have indicated a high prevalence of growth abnormalities among Mexican-American children. It has been suggested that this is a constitutional problem. In order to evaluate this, a comparison of selected parameters of growth and nutritional status were made between Mexican-American and European-American children (<19 years) using the National Health and Nutrition Examination Survey I. Height, weight, body mass index (BMI) and daily dietary energy intake were standardized for age and sex, and compared using analysis of variance techniques. Socioeconomic status was analyzed by utilizing a poverty index. Our results show that 10 percent of MA children fall below the 5th percentile for height while weight is normally distributed. On analysis by SES, low SES MA children were dramatically stunted and exhibited marked elevations in BMI in comparison to low SES EA children. These differences diminished with increasing SES so that at high SES, no differences in height or BMI were noted. While no differences in weight within SES categories were demonstrated between MA and EA children, there was a distinct trend toward increasing weight with increasing SES. MA children demonstrated a difference in caloric intake as compared to EA children only at low SES. The observation that abnormalities in growth seen in MA children at low SES levels disappear at higher SES levels suggests that growth abnormalities among MA children are due to environmental as opposed to genetic factors.

KEY WORDS: Mexican-American, nutritional status, anthropometry

# Nutrition Status Of Mexican American Children In The United States

**Siddappa N.Byrareddy**



## **Nutrition Status Of Mexican American Children In The United States:**

*Nutrition Status of Mexican American Children in the United States* Chandra C. Khan, Abdullah A. Khan, 1993      **Growth Abnormalities in Mexican-American Children in the United States** Fernando S. Mendoza, 1986      Poverty and Hunger in Hispanic America United States. Congress. House. Select Committee on Hunger, 1988      Hispanics and the Future of America National Research Council, Division of Behavioral and Social Sciences and Education, Committee on Population, Panel on Hispanics in the United States, 2006-02-23 Hispanics and the Future of America presents details of the complex story of a population that varies in many dimensions including national origin immigration status and generation The papers in this volume draw on a wide variety of data sources to describe the contours of this population from the perspectives of history demography geography education family employment economic well being health and political engagement They provide a rich source of information for researchers policy makers and others who want to better understand the fast growing and diverse population that we call Hispanic The current period is a critical one for getting a better understanding of how Hispanics are being shaped by the U S experience This will in turn affect the United States and the contours of the Hispanic future remain uncertain The uncertainties include such issues as whether Hispanics especially immigrants improve their educational attainment and fluency in English and thereby improve their economic position whether growing numbers of foreign born Hispanics become citizens and achieve empowerment at the ballot box and through elected office whether impending health problems are successfully averted and whether Hispanics geographic dispersal accelerates their spatial and social integration The papers in this volume provide invaluable information to explore these issues      Migrant Children's Nutrition, 1972 United States. Congress. Senate. Committee on Labor and Public Welfare. Subcommittee on Migratory Labor, 1972      Mexican American Children and Families Yvonne M. Caldera, Eric Lindsey, 2014-11-27 Offering insight on Mexican American culture families and children this book provides an interdisciplinary examination of this growing population Leaders from psychology education health and social policy review recent research and provide policy implications of their findings Both quantitative and qualitative literature is summarized Using current theories the handbook reviews the cultural social and inter and intra personal experiences that contribute to the well being of Mexican Americans Each chapter follows the same format to make comparisons easier Researchers and students from various disciplines interested in Mexican Americans will appreciate this accessible book      **Migrant Children's Nutrition, 1972** United States. Congress. Senate. Labor and Public Welfare, 1972      *Maternal and Child Health Research Program*, 1993

**Handbook of Hispanic Cultures in the United States: Anthropology** Nicolàs Kanellos, Claudia Esteva-Fabregat, Thomas Weaver, 1994-01-01 Recovering the U S Hispanic Literary Project is a national project to locate identify preserve and make accessible the literary contributions of U S Hispanics from colonial times through 1960 in what today comprises the fifty states of the United States      **News of the Hispanic Health and Nutrition Examination**

**Survey** ,1983      *Access to Health Care Among Hispanic/Latino Children, United States, 1998-2001* Gulnur Scott,2004

**Third Report on Nutrition Monitoring in the United States, Volume 1-2, December 1995** ,1995      **Third Report on Nutrition Monitoring in the United States** Federation of American Societies for Experimental Biology. Life Sciences Research Office,1995 The third report reviews the dietary and nutritional status of the U S population as well as the factors that determine status based on the data available through the National Nutrition Monitoring and Related Research Program NNMRRP by June 1994      **Health Status of Minorities and Low-Income Groups** ,1995-07      Mexican Americans and Health Adela de la Torre,Antonio Estrada,2015-04-16 By the middle of the twenty first century one out of every six Americans will be of Mexican descent and as health care becomes of increasing concern to all Americans the particular needs of Mexican Americans will have to be more thoroughly addressed Mexican Americans and Health explains how the health of Mexican origin people is often related to sociodemographic conditions and genetic factors while historical and political factors influence how Mexican Americans enter the health care system and how they are treated once they access it It considers such issues as occupational hazards for Mexican origin agricultural workers including pesticide poisoning heat related conditions and musculoskeletal disorders and women s health concerns such as prenatal care preventable cancers and domestic violence The authors clearly discuss the health status of Mexican Americans relative to the rest of the U S population interweaving voices of everyday people to explain how today s most pressing health issues have special relevance to the Mexican American community how values such as machismo familismo and marianismo influence care seeking decisions and treatment of illness how factors such as cultural values socioeconomic status peer pressure and family concerns can contribute to substance abuse how cultural attitudes toward sex can heighten the risk of AIDS and how approaches to AIDS prevention and education need to reflect core cultural values such as familismo respeto and confianza The book also addresses concerns of Mexican Americans regarding the health care system These include not only access to care and to health insurance but also the shortage of bilingual and bicultural health care professionals This coverage stresses not only the importance of linguistic competency but also the need to understand folklore illnesses herbal remedies and spiritual practices that can delay the treatment of illness and either complement or compromise treatment Of all the issues that face the contemporary Mexican American community none is as important to its very survival as health and health care This timely book gives readers a broad understanding of these complex issues and points the way toward a healthier future for all people of Mexican origin Mexican Americans and Health and Chicano Popular Culture are the first volumes in the series The Mexican American Experience a cluster of modular texts designed to provide greater flexibility in undergraduate education Each book deals with a single topic concerning the Mexican American population Instructors can create a semester length course from any combination of volumes or may choose to use one or two volumes to complement other texts

**Mexican-American Cuisine** Ilan Stavans,2011-09-22 Providing food for the brain as well as the body this wonderful

collection of essays explores the boundaries between Mexican and Mexican American foods promotes philosophical understandings of Mexican American cuisine and shares recipes from both past and present Defining Mexican American food is difficult due to its incredibly diverse roots and traditions This unique style of cuisine varies significantly from Mexican and Latin American cuisines fusing Native American and Hispanic influences stemming from three centuries of first Spanish and later Mexican rule In Mexican American Cuisine renowned authority in Latino culture Ilan Stavans and 10 other experts in southwestern cuisine explore the food itself and associated traditions The book presents nine scholarly essays that examine philosophical understandings of Mexican American cuisine Covering both platillos principales main dishes and postres desserts the authors serve up a sideboard of anthropological ethnographic sociological and culinary observations Essay topics include the boundaries between Mexican and Mexican American food the history and uses of the chile and the derivations of Mexican cuisine Readers are also treated to recipes and recommendations by 19th century California chef Encarnaci n Pinedo who explores The Art of Cooking *Research in Education* ,1972 *Health Needs and Services for Hispanic Americans* Charlotte Kenton,1982 Resources in Education ,1987-04 **Health Services and Health Revenue Sharing** United States. Congress. House. Committee on Interstate and Foreign Commerce. Subcommittee on Public Health and Environment,1974

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