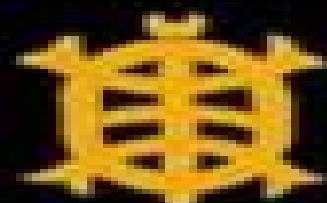


EDWARD P. SHAFRANSKE

# RELIGION and the CLINICAL PRACTICE of PSYCHOLOGY



# Religion And The Clinical Practice Of Psychology

**René Hefti, Arndt Büssing**



## **Religion And The Clinical Practice Of Psychology:**

**The Psychology of Religion and Spirituality for Clinicians** Jamie Aten, Kari O'Grady, Everett Worthington, Jr., 2013-06-19 The purpose of this edited book is to provide mental health practitioners with a functional understanding of the empirical literature on the psychology of religion and spirituality while at the same time outlining clinical implications assessments and strategies for counseling and psychotherapy This text is different from others on this topic because it will help to bridge the gap between the psychology of religion and spirituality research and clinical practice Each chapter covers clinically relevant topics such as religious and spiritual development religious and spiritual coping and mystical and spiritual experiences as well as discuss clinical implications clinical assessment and treatment strategies Diverse religious and spiritual e g Jewish Islamic Christian and Buddhist etc clinical examples are also be integrated throughout the chapters to further connect the psychology of religion and spirituality research with related clinical implications Provided by publisher

**Religion and the Clinical Practice of Psychology** Edward P. Shafranske, 1996 This book presents a comprehensive treatment of religion as a variable in mental health and psychological treatment This collection of essays examines the ways in which religion may be addressed in clinical practice and offers an appreciation of the history of the antagonism and overlap between the 2 perspectives and of the psychological theory and empirical research that has been engendered from Freud to the present PsycINFO Database Record c 2004 APA all rights reserved *Understanding New Religious Movements* John A. Saliba, 2003 After opening with a broad overview of the new religious movements in contemporary Western culture including the Hare Krishna movement Transcendental Meditation Scientology and the Unification Church Saliba a Jesuit priest and professor of religious studies examines them from sociological psychological legal and theological perspectives He contends that less fear and more understanding may help bring about a better relationship between parents and their children who have become involved in new religious movements and help others who have contact with these movements Annotation copyright by Book News Inc Portland OR *Integrating Religion and Spirituality into Clinical Practice* René Hefti, Arndt Büssing, 2018-05-18 This book is a printed edition of the Special Issue Integrating Religion and Spirituality into Clinical Practice that was published in Religions , William James and The Varieties of Religious Experience Jeremy Carrette, 2004-11-05 This new companion to William James The Varieties of Religious Experience offers contemporary responses to James s seminal book from key international experts **Spirituality in Clinical Practice** Len Sperry, 2012-01-26 Psychotherapists are increasingly expected to incorporate the spiritual as well as the psychological dimension in their professional work Therapists also are increasingly required to utilize evidence based practices and demonstrate the effectiveness of their practice An ever increasing number of spiritually oriented psychotherapy books attest to its importance but unlike these books that primarily focus on the therapist s spiritual awareness the second edition of Spirituality in Clinical Practice addresses the actual practice of spiritually oriented psychotherapy from the beginning to end

Dr Len Sperry master therapist and researcher emphasizes the therapeutic processes in spiritually oriented psychotherapy with individual chapters on the therapeutic relationship assessment and case conceptualization intervention evaluation and termination and culturally and ethically sensitive interventions The days of training therapists to be spiritually aware and sensitive to client needs are over therapists are now expected to practice spiritually sensitive psychotherapy in a competent manner from the first session to termination Dr Sperry organizes his text around this central focus point and as in the original edition continues to provide a concise theory based framework for understanding the spiritual dimension Readers can use this framework as the basis for competently integrating spirituality in an effective evidence based psychotherapy practice

*The Therapist's Notebook for Integrating Spirituality in Counseling I* Karen B. Helmeke, Catherine Ford Sori, 2012-12-06 Learn to initiate the integration of your clients spirituality as an effective practical intervention A client s spiritual and religious beliefs can be an effective springboard for productive therapy How can a therapist sensitively prepare for the task The Therapist s Notebook for Integrating Spirituality in Counseling is the first volume of a comprehensive two volume resource that provides practical interventions from a wide range of backgrounds and theoretical perspectives This volume helps prepare clinicians to undertake and initiate the integration of spirituality in therapy with clients and provides easy to follow examples The book provides a helpful starting point to address a broad range of topics and problems The chapters of The Therapist s Notebook for Integrating Spirituality in Counseling are grouped into five sections Therapist Preparation and Professional Development Assessment of Spirituality Integrating Spirituality in Couples Therapy Specific Techniques and or Topics Used in Integrating Spirituality and Use of Scripture Prayer and Other Spiritual Practices Designed to be clinician friendly each chapter also includes sections on resources where counselors can learn more about the topic or technique used in the chapter as well as suggested books articles chapters videos and Web sites to recommend to clients Each chapter utilizes similar formatting to remain clear and easy to follow that includes objectives rationale for use instructions brief vignette suggestions for follow up contraindications references professional readings and resources and bibliotherapy sources for the client The first volume of The Therapist s Notebook for Integrating Spirituality in Counseling helps set a solid foundation and provides comprehensive instruction on ethically incorporating spirituality into the therapeutic setting professional disclosure building a spiritual referral source through local clergy assessment of spirituality the spirituality focused genogram using spirituality in couples therapy helping couples face career transitions dealing with shame addiction recovery the use of scripture and prayer overcoming trauma in Christian clients and much more The Therapist s Notebook for Integrating Spirituality in Counseling is a stimulating creative resource appropriate for any clinician or counselor from novices to experienced mental health professionals This first volume is perfect for pastoral counselors clergy social workers marriage and family therapists counselors psychologists Christian counselors educators who teach professional issues ethics counseling and multicultural issues and students

Basic Concepts in Family Therapy Linda

Berg Cross, 2014-02-25 Gain confidence and creativity in your family therapy interventions with new up to date research

**Basic Concepts in Family Therapy An Introductory Text Second Edition** presents twenty two basic psychological concepts that therapists may use to understand clients and provide successful services to them Each chapter focuses on a single concept using material from family therapy literature basic psychological and clinical research studies and cross cultural research studies **Basic Concepts in Family Therapy** is particularly useful to therapists working in a family context with child or adolescent referred problems and for students and clinicians treating the problems they see every day in their community The book builds on the strengths of the first edition incorporating ideas and articles that have become worthy of investigating since 1990 into the original text This new edition also introduces five new chapters on resiliency and poverty adoption chronic illness spirituality and religion and parenting strategies The new chapters make the book far more relevant for students and clinicians trying to use family theory and technique in response to the problems they see in their communities **Basic Concepts in Family Therapy** will assist you in offering clients better services by providing a deeper understanding of the contemporary family in its various forms the psychological bonds that shape all families and the developmental stages of the family life cycle This exploration of how family demography stages and life cycles affect family functions is a solid foundation from which all of the therapeutic concepts in this book can be explored Some of the facets of family therapy you will explore in **Basic Concepts in Family Therapy** are the importance of spirituality and religion in family therapy generational boundaries closeness and role behaviors managing a family's emotions defining problems and generating and evaluating possible solutions teaching children specific attitudes values social skills and norms transracial adoptions and normative processes and developmental issues of adoptive parents strategies for reducing conflict and much more **Basic Concepts in Family Therapy** will help to broaden your understanding of the ways families function in general You can use the effective concepts explored in this text to make a thorough assessment of the impact of a disorder on a child and on the rest of his or her family as well as how family dynamics might have shaped or exacerbated the problems The concepts described in this text can be customized to clients cultural values to avoid unnecessary resistance As a new therapist you will gain confidence in your assessments and if you are already a seasoned professional you will gain creativity in your interventions **The**

**Handbook of Spiritual Development in Childhood and Adolescence** Eugene C. Roehlkepartain, 2006 With sixty seven scholars from four continents and many diverse disciplines contributing as authors to the volume with fourteen scholars from around the world serving as editorial advisors with financial support provided by the John Templeton Foundation via Search Institute with frequent conversations occurring with colleagues at Fuller Theological Seminary and with the careful attention of editorial work provided by Sage publications this handbook provides a remarkable contribution toward those ends

**JOURNAL OF YOUTH AND THEOLOGY** Research into spiritual development during childhood and adolescence has yearned for the stimulus of integration cross fertilization and internationalization across conceptual boundaries methodological

divisions religious traditions and local interests The Handbook of Spiritual Development in Childhood and Adolescence sets out to meet this need and does so with skill and with authority by identifying the key themes and by drawing on the best minds to address those themes Research communities and faith communities have been well served by this pioneering initiative The Revd Professor Leslie J Francis PhD ScD DD University of Wales Bangor UK The Handbook of Spiritual Development in Childhood and Adolescence breaks new ground by articulating the state of knowledge in the area of childhood and adolescent spiritual development Featuring a rich array of theory and research from an international assortment of leading social scientists in multiple disciplines this book represents work from diverse traditions and approaches making it an invaluable resource for scholars across a variety of disciplines and organizations Key Features Presents a wealth of interdisciplinary theory and research as well as proposals for future areas of inquiry to help move spiritual development into a mainstream field of learning Provides the first comprehensive collection of social science research on spiritual development in childhood and adolescence to introduce the topic engagingly to students Features the works of scholars from around the world in multiple disciplines psychology sociology anthropology medicine and educational philosophy to present a diversity of traditions and approaches Includes introductions to the volume as well as to each section that provide overviews and syntheses of key concepts The Handbook of Spiritual Development in Childhood and Adolescence is a key resource for academics researchers and students in departments of Psychology Family Studies and Religious Studies It is particularly useful for courses in Developmental Psychology Human Development especially child and adolescent development Psychology of Religion and Sociology of Religion It also will be invaluable for professionals working with young people including educators religious leaders and health practitioners

**Psychology & Christianity Integration** Daryl H. Stevenson, Brian E. Eck, Peter C. Hill, 2007 *From Research to Clinical Practice* George Stricker, Robert H. Keisner, 2013-11-11 It is an intriguing feature of human experience that in our present world amid thousands of indications of the effectiveness of the scientific method so many of us persist in demonstrably illusory or magical beliefs whether religiously related or simply reflections of long standing superstitions At a time when millions can observe on television the first landings of human beings on the moon when our daily lives in the so called developed countries are replete with conveniences that reflect scientific advances we still persist in daily wagers on the state lotteries in paying astrologers or palmists for their readings in investing thousands of dollars and hours of our legislators time in discussing such issues as the value of daily prayer in the elementary schools The emergence of modern medicine based increasingly on scientific research in chemistry biology and physics has considerably reduced people's resort to shamans and witch doctors within the major sectors of our own society although it has by no means eliminated such practitioners

*The Formation of Pastoral Counselors* Duane R. Bidwell, Joretta L. Marshall, 2012-11-12 Explore the concept of formation in pastoral counseling from a variety of perspectives Two dozen of the most prominent clinicians and scholars in the field reflect on The Formation of

Pastoral Counselors from clinical theological and theoretical perspectives This unique book explores the challenges to the personal and professional formation of pastoral counselors in a cultural and historic context that is radically different from the era when the profession first emerged as a specialized ministry Contributors examine formation from a variety of contexts and perspectives including spirituality and gender address theological education and intercultural issues and present emerging models for pastoral counselors The Formation of Pastoral Counselors is a practical guide for educators working to shape curricula and training programs to the shifting context in which pastoral counselors are formed for ministry service and lifelong learning This unique book examines ideas about appropriate content and processes for the formation of pastoral care professionals and looks at specialized contextual training models that form their emerging identities The book's contributors call on extensive experience in pastoral theology care and counseling to explore the essential components of formation across different contexts how those contextual realities change the delivery systems the epistemological nature of formation reasons for the limited roles that formal theological education and spiritual experience seem to play at the moment and why formation is rarely formally addressed in pastoral counseling training Topics discussed in The Formation of Pastoral Counselors include the turn to formation the goals of theological education core elements of pastoral theology developing spiritual practices diversity pastoral counseling training programs race and ethnicity in the formation of pastoral counselors cultural identity intercultural contexts practical relevancy in training gender identity and sexual orientation economic disparity Models and practices examined in The Formation of Pastoral Counselors include parallel charting clinician narratives group supervision Benedictine spirituality academic and clinical training at the Claremont School of Theology the model of formation at the Virginia Institute of Pastoral Care VPCare and much more The Formation of Pastoral Counselors is an essential guide for pastoral counselors faculty in pastoral theological care and counseling and training directors in pastoral counseling centers

[Bringing Psychotherapy to the Underserved](#) Jeffrey Zimmerman, Jeffrey E. Barnett, Linda Campbell, 2020-01-10 Bringing Psychotherapy to the Underserved examines the challenging problem of providing psychotherapy services to underserved often marginalized populations both within and outside of the US The book begins by addressing systemic factors that prevent certain populations from accessing services health system issues issues relating to the military and natural and man made disasters Expert contributors then addresses those underserved due to discrimination ethnic minorities the economically disadvantaged sexual and gender minorities and so on The following section of the book focuses on populations in transition and in underserved locations civilians and refugees of war immigrants and those in rural areas Next are addressed those people who are often overlooked such as children older adults and those with intellectual and developmental disabilities Each of these chapters discusses the scope of the problem barriers to service delivery creating cultural competency effective strategies and empirically supported treatments and future steps The book closes by addressing ethical and research challenges relevant to bringing psychotherapy services to these groups **New**

**Approaches to Integration in Psychotherapy** Eleanor O'Leary, Mike Murphy, 2021-12-16 Psychotherapy is an area that has seen huge growth in prominence and practice The range of theoretical schools that have emerged means that practitioners are striving to amalgamate and synthesise new approaches and theories New Approaches to Integration in Psychotherapy provides a snapshot of the latest theoretical and clinical developments in the field of integration Eleanor O'Leary and Mike Murphy bring together contributors from a range of theoretical backgrounds who present new frameworks theoretical integrations clinical developments and related research They critique existing research and provide a thorough overview of the historical development of the movement towards integration in psychotherapy The book is divided into three sections covering the following subjects in depth Frameworks and Theoretical Integrations Professional and Clinical Integrations and Special Populations Issues for Professional Consideration This book will be welcomed by anyone interested in investigating integrative approaches to psychotherapy In particular it will have direct relevance to academics involved in training and research on psychotherapy psychotherapists counsellors and clinical psychologists

**Drug Treatment Programs and the Criminal Justice System** United States. Congress. House. Committee on Government Reform and Oversight. Subcommittee on National Security, International Affairs, and Criminal Justice, 1999

**Misunderstanding Cults** Benjamin Zablocki, Thomas Robbins, 2001-12-01 Misunderstanding Cults provides a uniquely balanced contribution to what has become a highly polarized area of study Working towards a moderate third path in the heated debate over new religious movements or cults this collection includes contributions from both scholars who have been characterized as anticult and those characterized as cult apologists The study incorporates multiple viewpoints as well as a variety of theoretical and methodological perspectives with the stated goal of depolarizing the discussion over alternative religious movements A prominent section within the book focuses explicitly on the issue of scholarly objectivity and the danger of partisanship in the study of cults The collection also includes contributions on the controversial and much misunderstood topic of brainwashing as well as discussions of cult violence children brought up in unconventional religious movements and the conflicts between alternative religious movements and their critics Unique in its breadth this is the first study of new religious movements to address the main points of controversy within the field while attempting to find a middle ground between opposing camps of scholarship

**The Oxford Handbook of Psychotherapy Ethics** Manuel Trachsel, Nikola Biller-Andorno, Jens Gaab, Şerife Tekin, John Z. Sadler, 2021 The Oxford Handbook of Psychotherapy Ethics explores a whole range of ethical issues in the heterogenous field of psychotherapy It will be an essential book for psychotherapists in clinical practice and valuable for those professionals providing mental health services beyond psychology and medicine including counsellors and social workers

**Handbook of Couples Therapy** Michele Harway, 2004-12-30 The essential guide to successful couples therapy at every stage of the lifecycle A variety of therapeutic interventions can help couples develop the tools for a successful relationship Yet many practitioners begin seeing couples without extensive training in couples work To fill this gap in their



therapeutic repertoires noted couples therapist Michele Harway brings together other well known experts in marriage and family therapy to offer the Handbook of Couples Therapy a comprehensive guide to the study and practice of couples therapy The book s chapters provide a variety of perspectives along developmental theoretical and situational lines Recognizing the need for clinically proven evidence based approaches chapters provide detailed coverage of the most effective treatment modes Couples at different stages of the lifecycle feature prominently in the text as do relevant special issues and treatment approaches for each stage Subjects covered include Premarital counseling from the PAIRS perspective an extensive curriculum of interventions for premarital couples The first years of marital commitment Couples with young children Couples with adolescents Therapy with older couples Same sex couples A variety of theoretical approaches including Cognitive Behavioral Object Relational Narrative Integrative and Feminist and Contextual Special issues and situations including serious illness physical aggression addiction infidelity and religious spiritual commitments or conflicts Providing a diverse set of treatment approaches suited to working with a wide range of adult populations the Handbook of Couples Therapy is an essential resource for mental health professionals working with couples      *Faith and Health* Thomas G. Plante, Allen C. Sherman, 2001-08-02 This volume reviews and integrates the growing body of contemporary psychological research on the links between religious faith and health outcomes It presents up to date findings from empirical studies of populations ranging from healthy individuals to those with specific clinical problems including cancer HIV AIDS and psychological disorders Drawing on multiple perspectives in psychology the book examines such critical questions as the impact of religious practices on health behaviors and health risks the role played by faith in adaptation to illness or disability and possible influences on physiological functioning and mortality Chapters reflect the close collaboration of the editors and contributing authors who discuss commonalities and differences in their work debate key methodological concerns and outline a cohesive agenda for future research

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