

Recent Advances In Obesity Research Vol 1

C.B. Dobson

Recent Advances In Obesity Research Vol 1:

The Treatment of Obesity J.F. Munro, 2013-03-09 During the last few years there has been growing medical interest in the problem of obesity Although this may not have resulted in a dramatic breakthrough in our understanding of the condition at least we are now more aware of our ignorance Possibly this partly explains the increasing medical concern for and sympathy in the management of the obese In the introductory chapter John Garrow says that he believes it would be better to treat a few people well than many subjects unsuccessfully This theme is developed in those chapters which deal with specific forms of therapy including exercise protein sparing fasting and bypass surgery while the chapters on pharmacological agents review our knowledge and our ignorance of the mode of action and efficacy of the currently available drugs Almost in contrast the chapter on behavioural therapy and group therapy suggests that obesity is a problem which could best be tackled on a community basis Clearly such an approach is very attractive and the combination of behavioural therapy and slimming organizations would appear to offer the best prospects of controlling most subjects weight problems There will always remain however the individual patient in whom there will be a place for the various special techniques now available It is hoped that this book will contribute to a greater understanding of the various problems faced by the obese and the regimes that can be offered J F MUNRO xi 1 How to treat and when to treat J S Understanding Obesity: From its Causes to impact on Life Rosário Rosário, Maria João Martins, 2020-04-28 Understanding Obesity informs readers about contributing factors to obesity from social and behavioral determinants throughout the life course influences from before we are born to what we eat nutrients and food contaminants which impact body weight gut bacteria and the way accumulated energy from nutrition is spent Chapters will also inform readers about adipose tissue the dynamic role of the adipose tissue during obesity development the pressure put on to its remodeling and differences in obesity phenotypes regarding association with pathological outcomes as well as the latest advances in finding biological markers of adipose tissue dysfunction and the latest treatment options for obesity Special topics such as the bidirectional relationship of stress with obesity and the influence of aging on the onset of metabolic disorders that lead to obesity are also discussed Understanding Obesity is a valuable reference for health researchers practitioners endocrinologists family physicians nurses as well as decision makers in healthcare and other professional settings who are seeking a holistic understanding about the causes of obesity and ways to address it Key Features 17 chapters cover obesity from a diverse range of perspectives medical information is presented adipose physiology and different disease conditions relevant to obesity educational social and psychological issues as central when caring for obesity patients are emphasized the latest information on obesity treatment options including medical pharmaceutical and surgical options is included bibliographic references have been provided for further reading

Nutrition and Drug Interrelations John Hathcock, 2012-12-02 Nutrition and Drug Interrelations examines and presents the different relations of nutrition metabolism and effects of drugs including drugs positive effects in the field of animal

husbandry and human and veterinary medicine This book also highlights the importance of the interrelations between nutrition and drugs The introductory chapter gives an overview of the variable role of food in humans on a historical and sociological context and perspective The first section of this book deals with the impacts of drugs on the nutrition process These impacts can either be harmless or harmful depending on the adequacy of nutrition The second section of this book describes some of the many influences of nutritional condition on biochemical competence to cope with xenobiotics including drugs The third section highlights the various uses of pharmacological agents in food production This section also discusses some concerns about the effect in the food chain of pharmacological agents The last section in this book demonstrates the overlap in boundary between dietetic and pharmacological treatments Given focus is the use of vitamin D derivatives and megavitamin treatments with doubtful benefits This book will benefit most students and professionals in the field of food and nutrition human and veterinary medicine and animal husbandry The subject area in this book will also yield interest from people involved in metabolism nutrition and pharmacology **Stress** C.B. Dobson, 2012-12-06 This book is intended as an introductory text on stress and is aimed principally at students in the medical para medical and nursing professions and for students of psychology and the social sciences Additionally students preparing for other caring professions whose chief concern is with helping people in distress should find the book informative and instructive Stress is a complex subject and the book will provide students with the opportunity to become acquainted with a multiplicity of topics cur rently in voque which are subsumed under the general heading of stress The book should also enable readers to gain some insight into the symptoms of stress in those whom they are seeking to help and to empathize with them A secondary objective of the book is to help readers to understand and come to terms with their own personal stress experiences especially those which arise in connection with their professional work The book begins by examining the nature and sources of stress and highlights the difficulties inherent in attempting to formulate an adequate definition of the concept There follows a survey of some of the conceptual models of stress which have been produced by researchers in the field and a related section is also devoted to anxiety Not all stress is harmful and its motivational aspects are discussed Nevertheless a comprehensive study of the research evidence suggests that stress is detrimental to the organism's well being and various general causes of stress are Behavioral Medicine with the Developmentally Disabled J.H. Kedesdy, D.C. Russo, 2013-11-11 Since the mentioned late 1960s the behavioral treatment of mentally retarded au tistic and other developmentally disabled persons has grown progres sively more sophisticated The literature on behavioral treatment has produced effective and clinically significant programs for the reduction of maladaptive behaviors such as tantrums aggression and self injury skills deficits have been remediated through improved programs for language and life skills acquisition and new environments have been opened in the creation of mainstream educational opportunities In spite of these advances it strikes us that this almost exclusive focus on behavior problems and skills remediation has been somewhat myopic and that much of the potential for application of

behavioral science to solving problems of the developmentally disabled is as yet untapped In the 1980s an important revolution has taken place the devel opment of the field of behavioral medicine This field in merging disease treatment and management with learning and behavior has already made impressive progress toward a reconceptualization of health care that acknowledges the centrality of behavior in disease expression Al though there has as yet been only a preliminary application of this reconceptualization to the field of developmental disabilities we are convinced that further extension has The Cambridge Diet J. Marks, A.N Howard, 2012-12-06 Obesity in affluent countries continues to be a serious problem When one runs an Obesity Clinic there appears to be an unending series of patients who need help Our understanding of weight control has been advanced not only by the studies of obese patients but also by our investigation of the problems of weight gain in young women with anorexia nervosa Just as among obese patients there is the group of efficient metabolizers who can maintain their excessive weight with a calorie intake occasion ally as low as 600 kcal per day so we have demonstrated that among anorexic women there are a few who may fail to gain normal weight with 3500 kcal per day Some of the latter group may in fact develop T3 tri iodothyronine thyrotoxicosis One of the major unknown factors is still what determines when patients may be at these extremes If we knew how to control these extremes we would like for a time to switch each to the opposite end of the spectrum One factor which is becoming apparent from studying people in the machine which continually plots metabolic rate is that the metabolic response to food is a major factor in determining a person's weight In general terms there is a tendency for those who are below their ideal weight to have an increased metabolic response to food and those who are above ideal weight to have a reduced metabolic response to food and Veterinary Nutrition, Biochemical Aspects of Nutrients G. H. Bourne, 1978-05-30 Psychological Perspectives On Women's Health Vincent J. Adesso, 2013-08-21 Significant scientific advances have been made in understanding psychological aspects of women s health and knowledge gained will be of relevance not only to women s health but to the promotion of health and illness prevention and treatment for all individuals The current cutting edge research detailed in this volume is intended to stimulate new thinking and research in women's health from biopsychosocial perspectives Drawing on research from internationally respected experts topics covered include ageing stress heart disease cancer drugs weight regulation and body image pain menstruation sexuality and infertility and AIDS Recent Advances in Cardiovascular Risk Factors Mehnaz Atiq, 2012-03-21 Among the non communicable diseases cardiovascular disorders are the leading cause of morbidity and mortality in both the developed and the developing countries The spectrum of risk factors is wide and their understanding is imperative to prevent the first and recurrent episodes of myocardial infarction stroke or peripheral vascular disease which may prove fatal or disabling This book has tried to present an update on risk factors incorporating new research which has thrown more light on the existing knowledge It has also tried to highlight regional diversity addressing such issues It will hopefully be resourceful to the cardiologists general practitioners family physicians researchers graduate

students committed to cardiovascular risk prevention

Animal Models of Obesity Michael F.W. Festing,1979-06-17

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