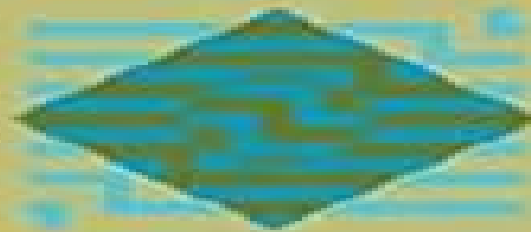


ARNOLD A. LAZARUS

The Practice of Multimodal Therapy



*Systematic,
Comprehensive, and
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Practice Of Multimodal Therapy Systematic Comprehensive And Effective Psychotherapy

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including examples of typical sessions and case studies and consider which clients might benefit Further chapters explore the implications of using integrative and eclectic approaches for training supervision for working in a time limited context and from a multicultural perspective Promoting Change Through Paradoxical Therapy GERALD WEEKS,2013-08-21 Originally published in 1985 and now revised and updated this work presents the seminal theory that has led to the use of paradoxical techniques in different systems of therapy Dr Weeks a pioneer in the field has gathered well known therapists to address key issues such as structure and process of paradoxical therapy theories of health dysfunction and change ethical implications of working paradoxically and effectiveness of paradoxical interventions Selected case studies shed light on basic questions such as whether to work paradoxically and how to establish treatment goals and termination procedures **Promoting Change Through Paradoxical Therapy** Gerald R. Weeks,1991 Originally published in 1985 and now revised and updated this work presents the seminal theory that has led to the use of paradoxical techniques in different systems of therapy Dr Weeks a pioneer in the field has gathered well known therapists to address key issues such as structure and process of paradoxical therapy theories of health dysfunction and change ethical implications of working paradoxically and effectiveness of paradoxical interventions Selected case studies shed light on basic questions such as whether to work paradoxically and how to establish treatment goals and termination procedures The Professional Counselor's Desk Reference Mark A. Stebnicki,Irmo Marini,2008-11-11 Named an Outstanding Academic Title for 2009 byChoice Marini and Stebnicki both professors and scholars in rehabilitation counseling have compiled an extremely useful and practical counseling resource covering a variety of topics U ndergraduates graduate students and new counselors will find this a valuable tool This unique volume is a great addition for college and university libraries Highly recommended Choice An excellent resource for the counseling student as well as the practicing counselor It is well written and comprehensive without being overwhelming A must for every counselor s and future counselor s library Donna Falvo PhD CRC Professor The University of North Carolina at Chapel Hill Medical School I found the chapters to be well written organized in a clear manner and presented in a balanced way This is a reference work that people will want to keep Gerald Corey EdD ABPP Professor California State University From the Foreword The Professional Counselor s Desk Reference PCDR is the first resource of its kind serving as an authoritative guide for both pre professionals working towards counselor licensure and certification as well as seasoned counselors counselor educators clinical supervisors psychologists and social workers Drs Marini and Stebnicki present this quick user friendly desk reference guide based on the core content and knowledge areas outlined in both the Council for Accreditation of Counseling and Related Education Programs CACREP and Council on Rehabilitation Education CORE accreditation standards With contributions from 95 experts in counselor education research and practice this book includes Bulleted how to strategies for working with clients under various models in counseling and psychology Easy to read tables graphics and figures to capture a holistic picture of specific client issues Guidelines for conducting interviews and

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Textbook of Family and Couples Therapy G. Pirooz Sholevar, 2008-08-13 In the past decade family therapy has evolved from a loosely defined aggregate of approaches to a mature field with codified schools of theoretical systems and concepts *Textbook of Family and Couples Therapy Clinical Applications* is the first book to draw together theories and techniques from these various schools and combine them with specific clinical approaches in a single comprehensive resource Under the editorial direction of acclaimed expert G Pirooz Sholevar *Textbook of Family and Couples Therapy* presents the current body of theoretical knowledge in the field along with the latest practical applications for working with couples and families The book is divided into seven major sections Family Therapy Theory and Techniques Family Assessment Family Therapy With Children and Adolescents Marital Therapy Family Therapy With Different Disorders and Research in Family and Marital Therapy Most sections begin with overview chapters to lay the groundwork for clinical applications With contributions from today's leading practitioners *Textbook of Family and Couples Therapy* includes unique features such as Family therapy approaches to specific mental disorders including depression psychiatric hospitalization alcohol and substance abuse incest and personality disorders Specific guidance for working with couples with detailed approaches to problems such as sexual

dysfunction divorce remarriage and stepfamilies invaluable for practicing in today's society The unique considerations of treating children in a family therapy context with practical applications such as whole family intervention and a method for parent management training An overview of the evolution and theoretical underpinnings of family therapy which helps readers develop a solid foundation of understanding to support their clinical knowledge The latest information on issues related to gender culture and ethnicity and how they affect family therapy important for enhancing awareness and understanding The state of family therapy research today and future research directions with perspectives from leading academics to point the way Blending theoretical training and up to date clinical strategies Textbook of Family and Couples Therapy is a landmark event in the field It is a must for clinicians who are currently treating couples and families and a major resource for training future clinicians in these highly effective therapeutic techniques

Twenty-First Century Psychotherapies Jay L. Lebow, 2012-06-28 Praise for Twenty First Century Psychotherapies Jay Lebow has done a masterful job in presenting a lucid overview of the leading theories of psychotherapy strategies of change and intervention techniques at the forefront of the field This outstanding volume is a must read for seasoned clinicians and trainees alike Froma Walsh Mose Sylvia Firestone Professor in the School of Social Service Administration Professor of Psychiatry in the Pritzker School of Medicine and Codirector of Center for Family Health The University of Chicago This book provides a well written up to date survey of the theories and practices of psychotherapy that have stood the test of time and seem to be here to stay A great strength is the chapter authors inclusion of the evidence for each approach since Evidence Based Practice truly is a hallmark of the twenty first century This outstanding resource will enable readers to both understand and implement therapy Ronald F Levant EdD ABPP Dean and Professor of Psychology University of Akron and 2005 President American Psychological Association Twenty First Century Psychotherapies offers a remarkably comprehensive up to date and scholarly examination of the dominant approaches to therapy Written by leading and articulate experts in each intervention model this book draws together the most forward thinking perspectives in individual group and couples family therapy This will be a treasured reference to novice and experienced clinicians alike and I expect it to be a much consulted companion to professionals for many years to come Nadine J Kaslow PhD ABPP Professor and Chief Psychologist Emory University School of Medicine at Grady Health System Twenty First Century Psychotherapies provides thorough coverage of the methods of psychotherapy now held in the highest regard both for the quality of the research evidence behind them and for their effectiveness with a variety of treatment populations and treatment settings

Cognitive Behavioural Coaching in Practice Michael Neenan, Stephen Palmer, 2013-03-01 Cognitive Behavioural Coaching in Practice explores various aspects of coaching from within a cognitive behavioural framework Michael Neenan and Stephen Palmer bring together experts in the field to discuss topics including procrastination stress performance self esteem perfectionism goal selection socratic questioning This highly practical book is illustrated throughout with lengthy coach coachee dialogues that include a

commentary of the aims of the coach during the session It will be essential reading for both trainees and professional coaches whether or not they have a background in psychology It will also be useful for therapists counsellors and psychologists who want to use coaching in their everyday practice

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