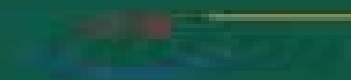

THE PRACTICAL HANDBOOK OF CLINICAL GERONTOLOGY



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Practical Handbook Of Clinical Gerontology

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Practical Handbook Of Clinical Gerontology:

The Practical Handbook of Clinical Gerontology Laura L. Carstensen, Barry A. Edelstein, Laurie Dornbrand, 1996-06-24

Applied gerontology and geriatrics always entail a multidisciplinary perspective and usually demand an interdisciplinary treatment approach. Providing a unique combination of perspectives, treatment approaches, and expertise, *The Practical Handbook of Clinical Gerontology* explores issues relevant to practitioners who work with the elderly. A leading cast of contributors representing the fields of psychology, medicine, neuropsychology, nursing, and law examines what is known about specific disorders and discusses treatment techniques and the development of intervention plans. This comprehensive volume begins with an overview of several broad topics pertinent to the treatment of older adults and discusses special considerations in assessment. It then presents up-to-date information on treatment of specific psychological and behavioral disorders of older adults. The final section covers interdisciplinary issues, including information about common medical problems, rehabilitation, and the psychopharmacological treatment of mental health problems. Written in a language that is accessible to a general health care audience, this extensive volume will be a valuable resource for mental health care providers, medical students, researchers, and graduate students in such fields as geriatrics, gerontology, nursing, psychology, and social work.

Please note the following three quotes are from the same person. This handbook has a variety of attributes that make it a highly desirable desk reference for today's mental health practitioners in geriatrics and gerontology. Few stones have been left unturned in the 22 reader-friendly chapters that comprise the handbook. Not only are general treatment issues addressed in great detail, but assessment procedures, the treatment of specialized psychological and behavioral problems, and even issues in effective collaboration with medical geriatricians are considered. The scope and breadth of clinical knowledge and wisdom found within the covers of this volume are certainly impressive.

Lenard W. Kaye, Professor Bryn Mawr College

The authors have succeeded in drawing on the expertise of a broad range of recognized authorities in clinical gerontology who have the capacity to communicate to the reader with considerable clarity both current information and best practice strategies of mental health intervention with older adults.

Lenard W. Kaye, Professor Bryn Mawr College

It would be difficult to find another reference source in clinical gerontological practice that is able to deal with the challenges of practice in this area with greater comprehensiveness and authority. The multidisciplinary perspective of the handbook ensures it being a valuable addition to the clinical practice collections of psychologists, social workers, nurses, gerontologists, and other allied health professionals. And once obtained, it should not gather dust given the currency and utility of the information.

Lenard W. Kaye, Professor Bryn Mawr College

[Handbook of Assessment in Clinical Gerontology](#) Peter A. Lichtenberg, 2010-08-20

New trends in mental healthcare practice and a rapid increase in the aged population are causing an explosion in the fields of clinical gerontology and geropsychology today. This comprehensive second edition handbook offers clinicians and graduate students clear guidelines and reliable tools for assessing general mental health, cognitive functioning,

functional age psychosocial health comorbidity behavior deficits and more Psychopathology behavioral disorders changes in cognition and changes in everyday functioning are addressed in full and a wide range of conditions and disorders common to this patient population are covered Each chapter provides an empirical review of assessment instruments assessment scales in their totality a review of how these instruments are used with and adapted for different cultural groups illustration of assessments through case studies and information on how to utilize ongoing assessment in treatment and or treatment planning This combination of elements will make the volume the definitive assessment source for clinicians working with elderly patients The most comprehensive source of up to date data on gerontological assessment with review articles covering psychopathology behavioral disorders changes in cognition and changes in everyday functioning Consolidates broadly distributed literature into single source saving researchers and clinicians time in obtaining and translating information and improving the level of further research and care they can provide Chapters directly address the range of conditions and disorders most common for this patient population i e driving ability mental competency sleep nutrition sexual functioning demntias elder abuse depression anxiety disorders etc Fully informs readers regarding conditions most commonly encountered in real world treatment of an elderly patient population Each chapter cites case studies to illustrate assessment techniques Exposes reader to real world application of each assessment discussed

The Oxford Handbook of Clinical Geropsychology Nancy A. Pachana, Ken Laidlaw, 2014-11-07 Throughout the world the population of older adults continues to grow The rise in geriatric populations has seen an increase in research on clinical diagnostic assessment and treatment issues aimed at this population Clinical geropsychologists have increased their interest both in providing mental health services as well as developing approaches to improve quality of life for all older adults The Oxford Handbook of Clinical Geropsychology is a landmark publication in this field providing broad and authoritative coverage of the research and practice issues in clinical geropsychology today as well as innovations expanding the field s horizons Comprising chapters from the foremost scholars in clinical geropsychology from around the world the handbook captures the global proliferation of activity in this field In addition to core sections on topics such as sources of psychological distress assessment diagnosis and intervention the handbook includes valuable chapters devoted to methodological issues such as longitudinal studies and meta analyses in the field as well as new and emerging issues such as technological innovations and social media use in older populations Each chapter offers a review of the most pertinent international literature outlining current issues as well as important cultural implications and key practice issues where relevant and identifying possibilities for future research and policy applications The book is essential to all psychology researchers practitioners educators and students with an interest in the mental health of older adults In addition health professionals including psychiatrists social workers mental health nurses and trainee geriatric mental health workers will find this a invaluable resource Older adults comprise a growing percentage of the population worldwide Clinical psychologists with an interest in older populations have increased

the amount of research and applied knowledge about effectively improving mental health later in life and this book captures that information on an international level The book addresses how to diagnose assess and treat mental illness in older persons as well as ways to improve quality of life in all older persons It has a great breadth of coverage of the area including chapters spanning how research is conducted to how new technologies such as virtual reality and social media are used with older people to improve mental health The book would appeal to all psychology researchers practitioners educators and students with an interest in the mental health of older adults It would also appeal to other health professionals including psychiatrists social workers and mental health nurses who work with older people It is a valuable resource for trainee geriatric mental health workers because it highlights key readings and important practice implications in the field

At Wit's End George Kraus,2016-10-15 At Wit s End Plain Talk on Alzheimer s for Families and Clinicians now in its Second Edition is a straightforward summary of leading advice for understanding and caring for someone with Alzheimer s disease written without technical jargon and impractical nuance About one third of our population will eventually provide care for someone with Alzheimer s The strain of caring for a loved one with this disease can be enormous yet the reward of enhancing a loved one s quality of life is beyond measure So where to begin Many books delve into other specific areas of Alzheimer s care emphasizing the financial and legal challenges as well as myriad medical treatment needs of those experiencing the disease Unique among these offerings At Wit s End explains the psychiatric and psychological aspects of Alzheimer s and does so in a holistic and practical manner Dr Kraus focuses on the whole person across his or her full social psychological physical and spiritual life to provide as complete a picture as possible of the changes that are in play With this broad thoughtful and grounded approach family members clinicians and caregivers are better able to discover and make wise choices from a wealth of effective interventions in all areas of care It also allows them to care for themselves and their families in the dynamic and supportive care process

Handbook of Clinical Psychology Competencies Jay C Thomas,2010 This three volume handbook describes the core competency areas in providing psychological services relevant to practitioners as well as clinical researchers It covers assessment and conceptualization of cases the application of evidence based methods supervision consultation cross cultural factors and ethics

Handbook of the Clinical Psychology of Ageing Robert T. Woods,Linda Clare,2015-04-13 The first authoritative reference on clinical psychology and aging the Handbook of the Clinical Psychology of Ageing was universally regarded as a landmark publication when it was first published in 1996 Fully revised and updated the Second Edition retains the breadth of coverage of the original providing a complete and balanced picture of all areas of clinical research and practice with older people Contributions from the UK North America Scandinavia and Australia provide a broad overview of the psychology of aging psychological problems including depression anxiety psychosis and dementia the current social service context and assessment and intervention techniques

Gerontological Practice for the Twenty-first Century Virginia E. Richardson,Amanda Smith Barusch,2006

Gerontological Practice for the Twenty first Century provides state of the art information on practice approaches with older patients that are age specific and empirically based Part 1 reviews current and classic theories of aging and proposes an original framework to practice that incorporates both individual and policy level interventions Part 2 covers such psychological problems as anxiety depression suicide substance abuse and dementia and describes appropriate evidence based interventions Part 3 discusses working with older families end of life care bereavement and work and retirement and part 4 focuses on core sociopolitical issues in the lives of older people such as economic policy poverty health policy quality of life concerns and social services Designed as a text for students and as a professional resource for practitioners this book is a comprehensive review of the current literature and contains authoritative information on issues relating to a vulnerable population in need of sophisticated care

Women as They Age Susan O Mercer,J Dianne Garner,2012-07-26 Explore the needs of older women and ways to provide for them Written by women about women and for women *Women As They Age* Second Edition highlights the realities of being an aging woman in a youth oriented male dominated society in which socioeconomic and gender stratification are the norm In the eleven years since the publication of the original *Women as They Age* there has been a great deal of research on the subject This second edition is inclusive and current providing valuable information on the needs and accomplishments of our present and future older population Here you ll encounter women from the mainstream and minorities of all kinds and come to a better understanding of their personal and family relationships their sexuality their concerns and their feelings about death and dying Public policies towards aging women are discussed as are psychological and sociological perspectives In its focus on older women *Women As They Age* Second Edition highlights the challenges that these women present to professionals whose job it is directly or indirectly to provide assistance to the vast array of aging and aged women This valuable multidisciplinary book aimed at students practitioners administrators and educators addresses crucial issues in social work nursing psychology sociology gerontology and economics New subjects covered in this edition include grandmothers raising grandchildren long term care for aging women the current status of public policy as it pertains to older women older women s changing perspectives on sexuality new issues surrounding death and dying *Women as They Age* Second Edition explores state of the art and developmental perspectives across the professions of sociology psychology social work and nursing Also provided is a close examination of the unique issues facing older women including public policy employment discrimination and social program adequacy and equity the relationship of older women to family sexuality and intimacy and special concerns of minority women This volume includes a practical resource guide that explores the services available to older women While addressing the troublesome situations of older women worldwide *Women As They Age* Second Edition also celebrates their triumphs accomplishments and contributions

Personality Disorders in Older Adults Erlene Rosowsky,Robert C. Abrams,Richard A. Zweig,2013-03-07 As the average age of the population rises mental health professionals have become increasingly aware of the critical importance of

personality in mediating successful adaptation in later life Personality disorders were once thought to age out and accordingly to have an inconsequential impact on the lives of the elderly But recent clinical experience and studies underscore not only the prevalence of personality disorders in older people but the pivotal roles they play in the onset course and treatment outcomes of other emotional and cognitive problems and physical problems as well Clearly mental health professionals must further develop research methods assessment techniques and intervention strategies targeting these disorders and they must more effectively integrate what is being learned from advances in research and theory into clinical practice Inspired by these needs the editors have brought together a distinguished group of behavioral scientists and clinicians dedicated to understanding the interaction of personality and aging Offering a rich array of theoretical perspectives intrapsychic interpersonal neuropsychological and systems they summarize the empirical literature present phenomenological case reports and review psychodynamic cognitive behavioral and pharmacological treatment approaches This comprehensive state of the art guide will be welcomed by all those who must confront the complexity and the challenge of working with this population

Supporting the Caregiver in Dementia Sheila M. LoboPrabhu,Victor A. Molinari,James W. Lomax,2006-06-19 Dementia is one of the greatest challenges facing seniors and their caregivers around the globe Developed by experts in both research and practice this guide for mental health clinicians explores the experience of caregiving in dementia discussing the latest research developments and sharing clinical pearls of wisdom that can easily be translated to daily practice The contributors explore the history of caregiving and then examine the current demographics of caregivers for persons with dementia They discuss who provides care the settings in which it is delivered and the rewards and burdens of caregiving They place special emphasis on understanding the psychological needs of both the person with dementia and the caregiver as well as interpersonal bonds spiritual dimensions and reactions to grief and loss Using a multidisciplinary approach to treatment for caregivers this book addresses the role of pharmacotherapy individual and family interventions and social supports Finally the authors reflect on societal issues such as health care policies ethnic elders and ethics This volume offers health professionals insights into the daily lives of caregivers along with tools to provide their patients with the support they need

CBMCS Multicultural Reader Glenn C. Gamst,Aghop Der-Karabetian,Richard H. Dana,2008-02-19 Features a wellspring of seminal research studies critical to understanding the complex issues surrounding mental health care and diversity Providing a wealth of in depth research into delivering culturally competent care this rich anthology examines general issues in multicultural counseling competence training ethnic minority intervention and treatment research and sociocultural diversities Key Features and Benefits Features carefully selected research articles that are accessible to and practical for mental health practitioners and students Provides critical background research that sprang from rigorous research methods and multivariate statistical processes Opens with the key article that details the development of the ground breaking 21 item California Brief Multicultural Competence Scale

COLLABORATE(R) for

Professional Case Management Teresa Treiger, Ellen Fink-Samnick, 2015-04-15 This book is about the progressive improvement of case management beyond that which it exists to that of a practice specialty focused on professionalism and collegiality across all practice settings Our desire to produce a framework for such practice began when we connected several years ago It was a result of a dialogue the sharing of our stories and experiences Separately we were already passionate about and committed to case management excellence Together our vision coalesced to form this competency based framework for advancing case management captured by an acronym which defined the essence of professional practice COLLABORATE We spent hours discussing the implications of a perceived epidemic involving less than productive interactions between individuals working under the title of case manager with consumers providers and clinical colleagues These accumulated experiences heightened our commitment to lead much needed change Our conversation endured over many months as we realized a shared Respect for case management s rich heritage in healthcare across professional disciplines and practice settings Concern for those factors which devalue case management s professional standing Agreement that while the practice of case management transcends many representative professional disciplines and educational levels each stakeholder continues to cling to their respective stake in the ground and Belief of the importance for case management to move from advanced practice to profession once and for all COLLABORATE was borne from a vision the mandate to solidify a foundation for case management practice which combines unique action oriented competencies transcends professional disciplines crosses over practice settings and recognizes educational levels The ultimate focus is on improving the client s health care experience through the promotion of effective transdisciplinary collaboration COLLABORATE recognizes the hierarchy of competencies and practice behaviors defined by the educational levels of all professionals engaged associate bachelors masters and doctoral degrees across practice disciplines Through this approach every qualified health and human service professional has a valued place setting at case management s ever expanding table Each of the competencies are presented as mutually exclusive and uniquely defined however all are complementary and call on the practitioner to conduct work processes in a wholly integrated manner While appearing in order for the acronym s sake they are not necessarily sequential Ultimately case management is an iterative process When united in a comprehensive and strategic effort the COLLABORATE competencies comprise a purpose driven powerful case management paradigm The agility of this model extends to use of key concepts that include both action oriented verbs and nouns which are significant elements in any professional case management endeavor To date case management practice models have been driven by care setting and or business priorities Unfortunately this exclusivity has contributed to a lack of practice consistency due to shifting organizational and regulatory priorities However this is only one reason for a fragmented case management identity COLLABORATE recognizes and leverages these important influencers as critical to successful practice and quality client outcomes Interprofessional education and teamwork are beginning to emerge as the means to facilitate relationship building

in the workplace Through this approach health care practitioners absorb the theoretical underpinning of intentionally work together in a mutually respectful manner which acknowledges the value of expertise of each care team stakeholder This educational approach provides the opportunity to engage in clinical practice that incorporates the professional standards to which we hold ourselves accountable Innovative and emerging care coordination models defined by evidence based initiatives appear across the industry Each promotes attention to interprofessional practice in order to achieve quality patient centered care Herein lies an opportunity to demonstrate the value drawn from diverse expertise of case managers comprising the collective workforce However a critical prefacing stage of this endeavor involves defining a core practice paradigm highlighting case management as a profession The diverse and complex nature of population health mandates that case management intervene from an interprofessional and collaborative stance While inherent value is derived from the variety of disciplines this advanced model unifies case management s unique identity Now is the time to define and adopt a competence based model for professional case management COLLABORATE provides this framework This text is presented in four sections Section 1 Historical validation of why this practice paradigm is critical for case management to advance to a profession Section 2 Presentation of the COLLABORATE paradigm with a chapter devoted to each distinct competency and the key elements Section 3 Practical application of the book s content for use by the individual case manager and at the organizational level and The Epilogue Summarizes the COLLABORATE approach in a forward looking context For the reader with limited time reviewing Section 2 provides the substantive meat associated with each of the competencies Our ultimate desire is that the COLLABORATE approach provides an impetus for all stakeholders e g practitioners educational institutions professional organizations to take the necessary steps toward unified practice in order to facilitate the transition of case management considered as a task driven job to its recognition as being a purpose driven profession The book provides a historical validation of why this new practice paradigm is critical for case management to advance as a profession presents the COLLABORATE paradigm with a chapter devoted to each distinct competency and the key elements and covers the practical application of the book s content by individual case managers and at the organizational level

Innovative Interventions To Reduce Dementia Caregiver Distress David W. Coon, PhD, Dolores Gallagher-Thompson, PhD, ABPP, Larry W. Thompson, PhD, 2002-10-31 Increasing evidence has demonstrated that caregivers of dementia victims are at risk for depression and other medical problems In what ways can health care providers improve or maintain the well being of dementia caregivers This volume provides an overview of emerging themes in dementia caregiving research and presents a broad array of practical strategies for reducing caregiver distress including interventions for specific populations such as ethnic minority caregivers male caregivers and caregivers with diverse sexual orientations Innovative approaches include the value of partnering with primary care physicians to improve quality of life for both patient and caregiver and the use of technological advances to help distressed caregivers A timely cutting edge book written for clinicians of varying backgrounds

who provide direct services to families of dementia victims For Further Information Please Click Here **Ageing and Older Adult Mental Health** Patrick Ryan, Barry J. Coughlan, 2013-03 This book examines the issues and implications that mental health professionals face when dealing with ageing and older adults The book focuses on the biological psychological and cultural influences that impact on the work of mental health practitioners who work with this client group Based on current empirical research and evidence based practical issues this book explores topics including ageing and dementia elder abuse caring for older adults depression and ageing the paradox of ageing how older adults are key to the success of future generations Throughout the book the contributors emphasise *Evidence-Based Practices for Social Workers* Thomas O'Hare, 2020-03-13 Within the context of the growing demands for ethical legal and fiscal accountability in psychosocial practices Evidence Based Practice for Social Workers An Interdisciplinary Approach Third Edition provides a coherent comprehensive and useful resource for social workers and other human service professionals This fully updated text teaches readers to 1 conduct clinical assessments informed by current human behaviour science 2 implement interventions supported by current outcome research and 3 engage in evaluation as part of daily practice to ensure effective implementation of evidence based practices Sample assessment evaluation instruments contributed by leading experts allow practitioners and students to better understand their use as both assessment and evaluation tools Case studies and sample treatment plans help the reader bridge the gap between clinical research and everyday practice Overall Evidence Based Practice for Social Workers provides practitioners and students with a thoroughly researched yet practice oriented resource for learning and implementing effective assessment intervention and evaluation methods for a wide array of psychosocial disorders and problems in living in adults children and families **Psychological Assessment and Therapy with Older Adults** Bob G. Knight, Nancy A. Pachana, 2015-01-08 Due to improvements in health and healthcare the elderly population is expanding rapidly within the developed world However more and more elderly people require some form of psychological support at some point in their later years The types of problems faced by this population are quite distinct and often more complex than those faced by younger adults and throw up many new challenges in both assessment and treatment Though there are books available that focus individually on assessment or treatment few have combined the two into a single framework Within this book Knight and Pachana argue that psychological assessment needs to be more tightly integrated with therapy especially with older adult clients Using the Contextual Adult Lifespan Theory for Adapting Psychotherapy CALTAP as a framework for applying our knowledge about developmental social contextual and cohort generational factors that influence age differences in response to psychological assessment and therapy they present an integrated framework for psychological assessment and therapy with older adults This text is valuable for practitioners looking for a solid theoretical basis for the practice of assessment and therapy with older clients students in graduate courses looking at later lifespan issues and educators looking for material to enhance generalist psychotherapy courses with a lifespan perspective

Essentials of WMS-IV Assessment Lisa W. Drozdick, James A. Holdnack, Robin C. Hilsabeck, 2011-01-13 Quickly acquire the knowledge and skills you need to confidently administer score and interpret the WMS IV Complete coverage of administration scoring interpretation and reporting Expert advice on avoiding common pitfalls Conveniently formatted for rapid reference The most recent revision of one of the most popular memory assessment instruments the Wechsler Memory Scale Fourth Edition WMS IV is a widely used measure of memory functioning which is particularly useful in the assessment of individuals with dementia traumatic brain injury and substance abuse problems among others Professionals need an authoritative source on administration scoring and interpretation in order to use this test properly Written by the test developers for the WMS IV Essentials of WMS IV Assessment is that source Like all the volumes in the Essentials of Psychological Assessment series this book is designed to help busy mental health professionals and those in training quickly acquire the knowledge and skills they need to make optimal use of major psychological assessment instruments Each concise chapter features numerous callout boxes highlighting key concepts bulleted points and extensive illustrative material as well as test questions that help you gauge and reinforce your grasp of the information covered Integrating WMS IV data with the WAIS IV and other measures of cognitive ability and memory for adults Essentials of WMS IV Assessment now includes four new subtests and a revised index structure The authors also offer expert assessment of the test's relative strengths and weaknesses valuable advice on its clinical applications and several illuminating case studies *Aging and Mental Health* Daniel L. Segal, Sara Honn Qualls, Michael A. Smyer, 2010-11-04 This fully revised and updated second edition provides a complete introduction to aging and mental health for psychology students taking courses in aging as well as for academics and practitioners working in the field of gerontology Offers a comprehensive review of models of mental health and mental illness along with their implications for treatment of older adults Provides a pragmatic analysis of assessment and treatment approaches that both students and practitioners will find useful Uses case studies to link theory and practice Fully updated to include discussion of the development and implementation of evidence based treatment protocols in the field of mental health the increasing prevalence of cognitive impairment and an appreciation of its implications for a variety of functional behaviors and a changing understanding of long term care away from a focus on institutional care and toward a broader spectrum of services **Assessing And Treating Late-life Depression: A Casebook And Resource Guide** Michele J Karel, Suzanne Ogland-hand, Margaret Gatz, 2009-04-30 Not only is depression among the elderly treatable but given its increase in incidence and a rapidly aging population it is a critical issue for the mental health and medical communities The authors review the range of late life depressive syndromes and the strategies for assessing and treating them and illustrate the problems and principles with fourteen extended case studies rare in the geropsychology literature and the core of the book They also provide a guide to medications screening tools innovative models and supplementary resources invaluable tools for mental health professionals and medical practitioners alike **Oxford Textbook of Palliative Social Work** Terry Altilio

MSW, ACSW, LCSW, Shirley Otis-Green MSW, ACSW, LCSW, OSW, 2011-03-23 The Oxford Textbook of Palliative Social Work is a comprehensive evidence informed text that addresses the needs of professionals who provide interdisciplinary culturally sensitive biopsychosocial spiritual care for patients and families living with life threatening illness Social workers from diverse settings will benefit from its international scope and wealth of patient and family narratives Unique to this scholarly text is its emphasis on the collaborative nature inherent in palliative care This definitive resource is edited by two leading palliative social work pioneers who bring together an array of international authors who provide clinicians researchers policy makers and academics with a broad range of content to enrich the guidelines recommended by the National Consensus Project for Quality Palliative Care

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Practical Handbook Of Clinical Gerontology Introduction

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