

NUTRITIONAL METHODS OF INTESTINAL REGENERATION

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PART ONE

The normal chemical composition of the blood is disturbed either by deficiency of required constituents - which it is the purpose of vitamin and mineral therapy to replace — and also by the presence within it of toxins absorbed from the intestinal tract. These tend to work against the beneficial effects of the vitamins and minerals we take. This fact is often overlooked by people who think that merely swallowing a few vitamin capsules each day solves their health problem. As important as it is to replace chemical efficiencies of the blood by intake of vitamin dietary supplements, it is equally important to avoid autointoxication, or the poisoning of the bloodstream by toxins derived from putrefactive decay of food residues in the intestinal tract. As the result of modern researches definite nutritional methods have been developed for accomplishing this. These will be presented in this Study Course.

A bloodstream that is free from toxins and also rich in all of its necessary constituents will maintain in the body in a state of health. By normalizing intestinal functions, so that there will be complete freedom from constipation and autointoxication, the biological conditions are provided so that vitamin and mineral therapy produce optimal results.

Intestinal Regeneration is the first step in health regeneration. Blood regeneration is the next step. A third step is Endocrine Regeneration. Just as intestinal regeneration is the precondition of blood regeneration, so blood regeneration is the precondition of endocrine regeneration. The endocrine glands, in turn, determine our general vitality, our cerebral efficiency and our life span. Since it is known that the general endocrine regeneration that brings on the symptoms of senility is a product of intestinal autointoxication, we can understand why

Nutritional Methods Of Intestinal Regeneration

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Nutritional Methods Of Intestinal Regeneration:

The Enigmatic Realm of **Nutritional Methods Of Intestinal Regeneration**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing in short supply of extraordinary. Within the captivating pages of **Nutritional Methods Of Intestinal Regeneration** a literary masterpiece penned with a renowned author, readers attempt a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting affect the hearts and minds of those who partake in its reading experience.

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