

# Shame and the Origins of Self-Esteem

(A Jungian approach)

Marko Jacoby

Book Review Editor, *Journal of Jungian Psychology*

# Shame And The Origins Of Self Esteem A Jungian Approach

**Renee Winters**



## **Shame And The Origins Of Self Esteem A Jungian Approach:**

Shame and the Origins of Self-esteem Mario Jacoby,1996 In an elegant exposition leading Jungian analyst Mario Jacoby provides a timely and comprehensive exploration of the many aspects of shame and shows how it occupies a central place in our emotional experience **Shame and the Origins of Self-esteem: Motifs of shame in the therapeutic relationship** Mario Jacoby,1994 Shame and the Origins of Self-esteem: Psychotherapy with problems of self-esteem and susceptibility to shame Mario Jacoby,1994 **Shame and the Origins of Self-Esteem** Mario Jacoby,1996 In an elegant exposition leading Jungian analyst Mario Jacoby provides a timely and comprehensive exploration of the many aspects of shame and shows how it occupies a central place in our emotional experience Shame and the Origins of Self-Esteem Mario Jacoby,2016-08-12 Shame is one of our most central feelings and a universal human characteristic Why do we experience it For what purpose How can we cope with excessive feelings of shame In this elegant exposition informed by many years of helping people to understand feelings of shame leading Jungian analyst Mario Jacoby provided a comprehensive exploration of the many aspects of shame and showed how it occupies a central place in our emotional experience Jacoby demonstrated that a lack of self esteem is often at the root of excessive shame and as well as providing practical examples of how therapy can help he drew upon a wealth of historical and cultural scholarship to show how important shame is for us in both its individual and social aspects This Classic Edition includes a new foreword by Marco Della Chiesa **The Value of Shame** Elisabeth Vanderheiden,Claude-Hélène Mayer,2017-04-06 This volume combines empirical research based and theoretical perspectives on shame in cultural contexts and from socio culturally different perspectives providing new insights and a more comprehensive cultural base for contemporary research and practice in the context of shame It examines shame from a positive psychology perspective from the angle of defining the concept as a psychological and cultural construct and with regard to practical perspectives on shame across cultures The volume provides sound foundations for researchers and practitioners to develop new models therapies and counseling practices to redefine and re frame shame in a way that leads to strength resilience and empowerment of the individual Shame and Guilt June Price Tangney,Ronda L. Dearing,2003-11-01 This volume reports on the growing body of knowledge on shame and guilt integrating findings from the authors original research program with other data emerging from social clinical personality and developmental psychology Evidence is presented to demonstrate that these universally experienced affective phenomena have significant implications for many aspects of human functioning with particular relevance for interpersonal relationships From publisher s description **The Psychology of Shame** Gershen Kaufman,2004-01-01 In this classic volume Kaufman synthesizes object relations theory interpersonal theory and in particular Silvan Tompkins s affect theory to provide a powerful and multidimensional view of shame Using his own clinical experience he illustrates the application of affect theory to general classes of shame based syndromes including compulsive schizoid depressive and paranoid sexual dysfunction splitting and sociopathic This

second edition includes two new chapters in which Dr Kaufman presents shame as a societal dynamic and shows its impact on culture He examines the role of shame in shaping the evolving identity of racial ethnic and religious minorities and expands his theory of governing scenes This new edition will continue to be of keen interest to clinical psychiatrists as well as graduate students **Emotion Management and Feelings in Teaching and Educational Leadership** Izhar

Oplatka,Khalid Arar,2019-05-28 This book highlights the connection between culture and emotion management in teaching and educational leadership and allows researchers from different parts of the world to demonstrate how national and local culture influence the way educational leaders and teachers express their feelings display their emotion or suppress emotion publically **Theologies of Failure** Robert Sirvent,Duncan B. Reyburn,2020-01-01 What does failure mean for theology In

the Bible we find some unsettling answers to this question We find lastness usurping firstness and foolishness undoing wisdom We discover too a weakness more potent than strength and a loss of life that is essential to finding life Jesus himself offers an array of paradoxes and puzzles through his life and teachings He even submits himself to humiliation and death to show the cosmos the true meaning of victory As David Bentley Hart observes most of us would find Christians truly cast in the New Testament mold fairly obnoxious civically reprobate ideologically unsound economically destructive politically irresponsible socially discreditable and really just a bit indecent By incorporating the work of scholars working with a range of frameworks within the Christian tradition Theologies of Failure aims to offer a unique and important contribution on understanding and embracing failure as a pivotal theological category As the various contributors highlight it is a category with a powerful capacity for illuminating our theological concerns and perspectives It is a category that frees us to see old ideas in a brand new light and helps to foster an awareness of ideas that certain modes of analysis may have obscured from our vision In short this book invites readers to consider how both theology and failure can help us ask new questions discover new possibilities and refuse the ways of the world **Jungian and Interdisciplinary Interfaces Between Emotions**

Elizabeth Brodersen,Isabelle Meier,Valeria Céspedes Musso,2025-04-09 C G Jung stressed that emotions are the driving forces behind social and psychological lives enabling individuals to connect with themselves and their environment Divided into five parts this innovative volume explores the enmeshments between emotions The material locates emotions within the context of nonverbal developmental somatic embodiment eco political and psychosocial engagement gender and LGBTQ Shadow phenomenology history myth and the effects of war are likewise explored in depth Each theme expertly stimulates a resurgence of Jungian and non Jungian clinical and academic interest in the role that emotions play in contemporary thought and in the impetus for eco socioeconomic change This volume will be of great interest to Jungian analysts and trainees psychotherapists and interdisciplinary cultural theorists It will aid scholars in Jungian academic studies and related fields interested in metaphor symbols gender and LGBTQ perspectives **Transforming Shame** Jill L Mcnish,Richard L

Dayringer,2014-02-25 Explore shame s revelatory and transformative potential within Christianity and the Church Learn to

understand shame to allow for positive change in your clients and parishioners This book explores psychological spiritual and theological aspects of shame and shame s transformative potential It will help pastoral care givers and mental health workers to identify shame issues and become agents of healing By examining shame in the gospel accounts of the life ministry and death of Jesus it shows that shame is a vital part of what defines us as human and how shame can draw us into the mystery of our relationship with God From the author This book develops the thesis that shame is a necessary and ontological part of the human condition Shame can become pathological undergirding and dominating the entire personality making it impossible to feel oneself either part of the collective or an individual in one s own right Transformation of shame is a large part of the psychic meaning of the Christ event what Christianity is about Transformation of shame is the experience of grace The great saints and icons of Christianity have used the Christ event to transform shame and experience grace The more completely they have done this the deeper their experience of unity with God With Transforming Shame A Pastoral Response you ll explore the phenomenological meaning of shame the psychological meaning implications and etiology of shame shame in the context of scripture and Christian theology the methodology for contextualizing theories of depth psychology in theology and religious experience human defense mechanisms to shame shame s usefulness in coming to a deeper understanding of personal identity the role of the institutional church in helping its people find meaning in shame and experiencing the grace that comes from shame s transformation how to address the Church s role in fostering toxic shame With practical examples drawn from pastoral ministry and a thoughtful interdisciplinary approach this book will help you understand both the psychology and the spirituality of shame and make the essential connections between the two Extensive references and a handy bibliography point the way to further reading on this fascinating subject

**Self and Other** Dan Zahavi,2014 Dan Zahavi engages with classical phenomenology philosophy of mind and a range of empirical disciplines to explore the nature of selfhood He argues that the most fundamental level of selfhood is not socially constructed or dependent upon others but accepts that certain dimensions of the self and types of self experience are other mediated

Health Promotion and Disease Prevention in Clinical Practice Steven H. Woolf,Steven Jonas,Robert S. Lawrence,1996 This is the only text organized by risk factors the same as those your patients present in the clinical setting This valuable book reviews the recommendations from the newly revised U S Task Force Guide to Clinical Preventive Services and provides step by step instructions on how to put prevention into your practice

**The Maternal Lineage** Paola Mariotti,2012-09-10 Why do women want to have children How does one learn to be a mother Does having babies have anything to do with sex At a time when mothers are bombarded by prescriptive and contradicting advice on how to behave with their children The Maternal Lineage highlights various psychological aspects of the mothering experience International contributors provide clinical examples of frequent and challenging situations that have received scarce attention in psychoanalysis such as issues of neglect and psychical abuse The transgenerational repetition from mother to daughter of distressing mothering patterns is

evident throughout the book and may seem inevitable. However, clinical examples and theoretical research indicate that when the support of partner and friends is not enough, the cycle can be brought to an end if the mother receives psychoanalytic informed professional help. The Maternal Lineage is divided into four parts: An Introduction including a review of the literature focusing on the mother-daughter relationship; Pregnancy and very early issues; Subfertility and its effects on a woman's psyche; The psychological aspects of major mothering problems: miscarriages, postnatal depression, adolescent motherhood. This timely book will be of value to psychoanalysts, psychotherapists, and health professionals: obstetricians, psychiatrists, midwives, and social workers.

**Jungian Child Analysis** Audrey Punnett, 2018-05-21 Jungian Child Analysis brings together ten certified Child Foreword by Wanda Grosso; contributors include Margo M. Leahy, Liza J. Ravitz, Brian Feldman, Lauren Cunningham, Patricia L. Speier, Maria Ellen Chiaia, Audrey Punnett, Susan Williams, Robert Tyminski, and Steve Zimmelman.

**Forgiveness and Truth** Alistair McFadyen, Marcel Sarot, 2002-01-01 An international group of theologians considers the importance of forgiveness and truth in the modern world. Dogmatic and practical theological themes are addressed, including Christology and atonement; forgiving abusive parents; the economics of forgiveness; forgiveness in Northern Ireland; and shame, sin, and guilt. Contributors include Deborah van Deusen Hunsinger, Peter Selby, Christopher Jones, Fraser Watts, Peter Sedgwick, Jane Craske, Todd Pokrifka, Joe Nico Schreurs, Alwyn Thompson, and David Self.

*Spiral of Shame* Jeanne Peterson, Marcie Goldman, 2000-09 Learning to accept and cope with shame can be the biggest hurdle in the recovery process, and it is often the most time-consuming. *Spiral of Shame* provides powerful insights and helpful ideas and suggestions on how you can climb out of the cycle and learn to accept yourself for who you are. Shame and guilt are some of the most universal and least understood emotions that we experience as humans. These feelings are considered key components of a wide range of emotional problems, including depression, anxiety, substance abuse, eating disorders, sexual abuse, and many others. *Spiral of Shame* is a step-by-step workbook which helps to heal and ease these intense feelings of shame and guilt with a Mind and Body approach towards healing. Actively manage and reduce your shame and guilt with this book and its specific helpful strategies.

*The Legacy of Mad Men* Karen McNally, Jane Marcellus, Teresa Forde, Kirsty Fairclough, 2019-11-30 For seven seasons, viewers worldwide watched as ad man Don Draper moved from adultery to self-discovery; secretary Peggy Olson became a take-no-prisoners businesswoman; object of the gaze Joan Holloway developed a feminist consciousness; executive Roger Sterling tripped on LSD; and smarmy Pete Campbell became a surprisingly nice guy. *Mad Men* defined a pivotal moment for television, earning an enduring place in the medium's history. This edited collection examines the enduringly popular television series as *Mad Men* still captivates audiences and scholars in its nuanced depiction of a complex decade. This is the first book to offer an analysis of *Mad Men* in its entirety, exploring the cyclical and episodic structure of the long-form series and investigating issues of representation, power, and social change. The collection establishes the show's legacy in televisual terms and brings it up to date through an examination of its cultural

importance in the Trump era Aimed at scholars and interested general readers the book illustrates the ways in which Mad Men has become a cultural marker for reflecting upon contemporary television and politics The Hoarding Impulse Renee Winters, 2015-06-19 There has been an increased awareness of hoarding in recent years but clinical treatments aimed at helping people with this condition often have low success rates In The Hoarding Impulse Renee M Winters explores how depth psychology can enrich current conceptual models and treatment standards for compulsive hoarding The book presents case studies of prominent sufferers including Edie and Edith Beale the Collyer Brothers and Andy Warhol and explores common themes of loss shame and object clusters Winters sets out to provide a clear understanding of a hoarder's lived experiences and their core schemas of value worth and personal identity revealing a direct connection to excessive acquisition of objects She illuminates the process of how objects can come to possess a hoarder and become not only their main source of happiness but also part of their identity and in doing so puts forward a new treatment plan based on providing a deeper understanding of and potent treatment approach to what is a core issue for hoarding individuals the wounding of the soul This new perspective to treating individuals who hoard helps them in the long term understand their processes value system and struggles with negative interpersonal relationships Providing a fascinating insight into the psyche of people who struggle with hoarding this book will be essential reading for depth psychologists Jungian psychotherapists psychiatrists social workers students of analytical psychology and anyone interested in understanding the dynamics of this complex condition

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