#### Full Length Research Paper

## Achieving rational pesticide use in outdoor tomato production through farmer training and implementation of a technical guideline

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Smallholder farmers were trained by frontline extensionists and local experts on how to apply Integrated Pest Management (IPM) in outdoor tomatoes, Solanum lycopersicum, during farmer field schools in Northern Tanzania between 2005 and 2008. Farmers were also organised into newlyestablished vegetable producer clubs within which they developed a technical guideline defining the minimum requirements for integrated tomato production. Unaligned, clustered sample surveys conducted among farmers trained in IPM and conventional farmers between 2009 and 2010 revealed that IPM farmers adopted and/or more frequently used non-hazardous preventive measures for pest (arthropod, disease and weed) control than non-IPM farmers. However, pest incidence was so severe during these years that nearly every IPM and non-IPM farmer had to use synthetic pesticides as a direct control measure. Overall, IPM farmers sprayed synthetic pesticides in smaller quantities and less frequently than non-IPM farmers, but they applied natural source pesticides more frequently and in larger amounts. IPM farmers used 85% less often the more hazardous pesticides (WHO toxicity Class I and II) than non-IPM farmers, as well as 42% more often the less hazardous pesticides (Class III and U (=IV)], and 84% more often 'green' products (for example, biological, safe botanicals). In conclusion, the training of farmers in IPM, together with the implementation of a technical guideline and the establishment of producer clubs, is highly recommended for reducing the use of hazardous pesticides and improving the production of vegetables that are safer for producers, consumers and the environment.

Key words: Integrated pest management (IPM), farmer training, technical guideline, project monitoring and evaluation, vegetable producer clubs, Solanum lycopersicum, pesticide reduction, Tanzania.

#### INTRODUCTION

The tomato (Solanum lycopersicum L.) is of great importance to smallholder farmers in the Kilimanjaro and Arusha regions of the northern zone of Tanzania in terms of local consumption and income generation (Barry et al., 2009; Djurfeldt et al., 2010). Smallholder farmers usually grow tomatoes outdoors all year round in Northern Tanzania if there is sufficient rainfall or the availability of irrigation. Main production periods are from March to May

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