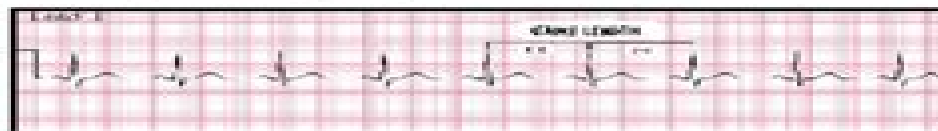


READING EKG'S

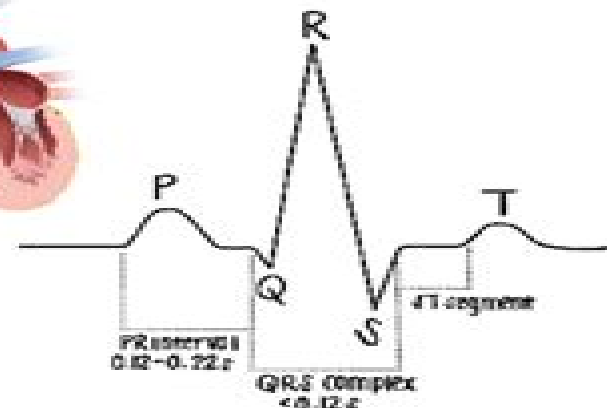
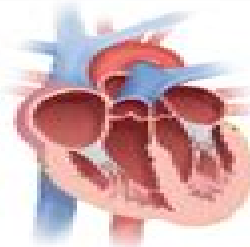
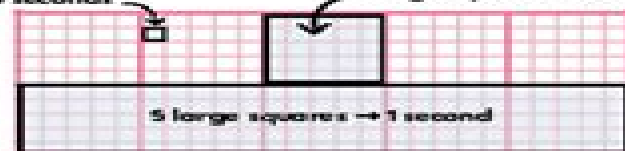
WHERE DO I BEGIN?

P-Wave: Atrial Depolarization
QRS Complex: Ventricle Depolarization
T-Wave: Ventricle Repolarization

Depolarization = Contract
Repolarization = Relax



small square → 0.04 seconds large square → 0.2 seconds



6 STEPS TO IDENTIFY RHYTHMS:

1. Identify the Rate:

Normal: 60-100bpm

6 second strip → Count the R's x 10
Key: Verify it is a 6-second strip

Big Box Method → Count the # of big boxes between R's / divide by 300

2. Identify the Rhythm: Distance between R waves

Regular R-R interval → Normal Rhythm

Irregular R-R interval → Some sort of arrhythmia, let's keep going

3. Identify the P-wave:

Is there a P wave? Yes

Are they uniform? Yes

NORMAL SINUS RHYTHM

Is there a P wave? Yes/No

Are they uniform? Yes/No

May indicate Afib or Aflutter

4. Measure PR Interval: Any PR interval >0.20 sec indicates heart block (delay in conduction)

Normal: 0.12 - 0.20 sec

5. Measure QRS Complex: Do they all look alike?

Normal: 0.6 - 0.12 sec

WIDENED: May indicate PVC, BBB, drug toxicity, electrolyte imbalance

NARROW: May indicate Wolff-Parkinson-White Syndrome

6. Interpret EKG findings! (+ Hallmark signs)

COMMON HALLMARK SIGNS

- Saw tooth appearance → Atrial Flutter
- Quivering → Atrial Fibrillation
- Mountain peaks → Ventricular Tachycardia
- ST elevation → may be heart attack or electrolyte imbalance
- ST depression → may be electrolyte imbalance

Reading Ekgs Vhs

Shasha Hu



Reading Ekgs Vhs:

Emergency ,1991 **Bowker's Complete Video Directory** ,2000 Medical 911 ,1994 *The Directory of Medical Video Programs* ,1990 **Video Source Book** ,2006 A guide to programs currently available on video in the areas of movies entertainment general interest education sports recreation fine arts health science business industry children juvenile how to instruction **The Video Source Book** David J. WEINER,1990 **Film and Video Finder, 1997** ,1997 **Film & Video Finder** ,1989 **Film & Video Finder** ,1997 *The Video Source Book* ,1989 **The Healer's Calling** Kilbride-Clinton Professor of Medicine and Ethics Daniel P Sulmasy, O.F.M., M.D.,Daniel P. Sulmasy,2014-05-14 The Healer s Calling addresses the longings of many people in the health care professions for a renewed sense of the transcendent meaning of their work and for a return to the spiritual elements of healing **Bowker's Complete Video Directory 2001** ,2001

Congenital Heart Defects Diego F. Wyszynski,Adolfo Correa-Villaseñor,Thomas P. Graham,2010 Congenital Heart Defects CHDs are the most frequently occurring birth defect affecting over 25 000 infants a year in the US This text serves as the definitive reference on the subject coving all aspects of these malformations The text includes chapters on the development epidemiology genetics diagnosis management and prevention of CHDs and includes additional discussions of the public health and ethical issues of CHDs **Audiovisual Materials** Library of Congress,1980 **Audiovisual Materials** ,1980 PC Mag ,1994-12-06 PCMag com is a leading authority on technology delivering Labs based independent reviews of the latest products and services Our expert industry analysis and practical solutions help you make better buying decisions and get more from technology *Recombinant DNA Research* ,1995 Promise Me Nancy G. Brinker,Joni Rodgers,2011-09-13 Suzy and Nancy Goodman were more than sisters They were best friends confidantes and partners in the grand adventure of life For three decades nothing could separate them Not college not marriage not miles Then Suzy got sick She was diagnosed with breast cancer in 1977 three agonizing years later at thirty six she died It wasn t supposed to be this way The Goodman girls were raised in postwar Peoria Illinois by parents who believed that small acts of charity could change the world Suzy was the big sister the homecoming queen with an infectious enthusiasm and a generous heart Nancy was the little sister the tomboy with an outsized sense of justice who wanted to right all wrongs The sisters shared makeup tips dating secrets plans for glamorous fantasy careers They spent one memorable summer in Europe discovering a big world far from Peoria They imagined a long life together one in which they d grow old together surrounded by children and grandchildren Suzy s diagnosis shattered that dream In 1977 breast cancer was still shrouded in stigma and shame Nobody talked about early detection and mammograms Nobody could even say the words breast and cancer together in polite company let alone on television news broadcasts With Nancy at her side Suzy endured the many indignities of cancer treatment from the grim soul killing waiting rooms to the mistakes of well meaning but misinformed doctors That s when Suzy began to ask Nancy to promise To promise to end the silence To promise to raise money for scientific research To

promise to one day cure breast cancer for good Big shoot for the moon promises that Nancy never dreamed she could fulfill But she promised because this was her beloved sister I promise Suzy Even if it takes the rest of my life Suzy s death both shocking and senseless created a deep pain in Nancy that never fully went away But she soon found a useful outlet for her grief and outrage Armed only with a shoebox filled with the names of potential donors Nancy put her formidable fund raising talents to work and quickly discovered a groundswell of grassroots support She was aided in her mission by the loving tutelage of her husband restaurant magnate Norman Brinker whose dynamic approach to entrepreneurship became Nancy s model for running her foundation Her account of how she and Norman met fell in love and managed to achieve the elusive true marriage of equals is one of the great grown up love stories among recent memoirs Nancy s mission to change the way the world talked about and treated breast cancer took on added urgency when she was herself diagnosed with the disease in 1984 a terrifying chapter in her life that she had long feared Unlike her sister Nancy survived and went on to make Susan G Komen for the Cure into the most influential health charity in the country and arguably the world A pioneering force in cause related marketing SGK turned the pink ribbon into a symbol of hope everywhere Each year millions of people worldwide take part in SGK Race for the Cure events And thanks to the more than 1.5 billion spent by SGK for cutting edge research and community programs a breast cancer diagnosis today is no longer a death sentence In fact in the time since Suzy s death the five year survival rate for breast cancer has risen from 74 percent to 98 percent Promise Me is a deeply moving story of family and sisterhood the dramatic 30 000 foot view of the democratization of a disease and a soaring affirmative to the question Can one person truly make a difference

Popular Photography ,1990-11 *Tragediia sovetskoï derevni* ,1999

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