

PSYCHOLOGY PRACTITIONER

GUIDEBOOKS

**RATIONAL-EMOTIVE  
THERAPY WITH  
ALCOHOLICS AND  
SUBSTANCE ABUSERS**

Albert Ellis  
John F. McInerney  
Raymond DiGiuseppe  
Raymond J. Yeager

# Rational Emotive Therapy With Alcoholics And Substance Abusers

**E. Thomas Dowd, PhD, ABPP, Loreen  
Rugle, PhD**



## **Rational Emotive Therapy With Alcoholics And Substance Abusers:**

*Rational-emotive Therapy with Alcoholics and Substance Abusers* Albert Ellis,1988 Albert Ellis John F McInerney Raymond DiGuiseppe and Raymond J Yeager present an application of Rational Emotive Therapy RET to alcohol and drug abusers From synopsis *Substance Abuse* Joyce H. Lowinson,2005 The premier text on substance abuse and addictive behaviors is now in its updated and expanded Fourth Edition with up to the minute insights from more than 150 experts at the front lines of patient management and research This edition features expanded coverage of the neurobiology of abused substances new pharmacologic therapies for addictions and complete information on club drugs such as Ecstasy New sections focus on addiction in children adolescents adults and the elderly and women s health issues including pregnancy The expanded behavioral addictions section now includes hoarding shopping and computer Internet abuse Includes access to a Companion wesbite that has fully searchable text **Rational Emotive Behaviour Therapy Integrated** Anjali Joshi,K. M.

Phadke,2018-02-12 A comprehensive presentation of Rational Emotive Behavioural Therapy REBT one of the most significant cognitive behavioural approaches to counselling and psychotherapy *Therapist's Guide to Substance Abuse Intervention* Sharon L. Johnson,2003-06-07 Author of AP s bestselling Therapist s Guide to Clinical Intervention now turns her attention to substance abuse intervention The book will follow a similar format to her previous book presenting information in easy to read outline form with relevant forms patient questionnaires checklists business documents etc Part I discusses the social impact of substance abuse and provides a general overview of the physiological and psychological characteristics of abuse DSM IV definition of abuse and classifications of the varying types of drugs Part II is the main section of the book and covers assessment different stages of abuse recovery and treatment choices Coverage includes the discussion of myriad self help choices e g AA group therapy brief therapy and more Discussion will also include making a determination of treatment as inpatient or outpatient and issues relevant to special populations teenagers geriatrics comorbidity patients etc Part III presents skill building resources Part IV covers prevention quality assurance and also includes a glossary Outlines treatment goals and objectives Outlines for assessing special circumstances Offers skill building resources to supplement treatment

*Rational-emotive Therapy with Alcoholics and Substance Abusers* Albert Ellis,1988 Albert Ellis John F McInerney Raymond DiGuiseppe and Raymond J Yeager present an application of Rational Emotive Therapy RET to alcohol and drug abusers From synopsis **Brief Interventions and Brief Therapies for Substance Abuse** Kristen Lawton Barry,1999 This TIP presents the historical background outcomes research rationale for use and state of the art practical methods and case scenarios for implementation of brief interventions and therapies for a range of problems related to substance abuse This TIP is based on the body of research conducted on brief interventions and brief therapies for substance abuse as well as on the broad clinical expertise of the Consensus Panel Because many therapists and other practitioners are eclectically trained elements from each of the chapters may be of use to a range of professionals *Theory and Practice of Addiction*

*Counseling* Pamela S. Lassiter, John R. Culbreth, 2017-03-07 Theory and Practice of Addiction Counseling by Pamela S. Lassiter and John R. Culbreth brings together contemporary theories of addiction and helps readers connect those theories to practice using a common multicultural case study. Theories covered include motivational interviewing, moral theory, developmental theory, cognitive behavioral theories, attachment theory, and sociological theory. Each chapter focuses on a single theory, describing its basic tenets, philosophical underpinnings, key concepts, and strengths and weaknesses. Each chapter also shows how practitioners using the theory would respond to a common case study, giving readers the opportunity to compare how the different theoretical approaches are applied to client situations. A final chapter discusses approaches to relapse prevention.

**Comparative Treatments of Substance Abuse** E. Thomas Dowd, PhD, ABPP, Loreen Rugle, PhD, 1999-07-16 This volume in Springer's well conceived Comparative Treatments for Psychological Disorders Series was designed to examine psychotherapy approaches to chemical dependence treatment; it provides important theoretical and clinical information that will be of great use to psychotherapy students, particularly those at the graduate level. It will make an excellent companion resource to many specific chemical dependence treatment texts because it provides a variety of theories that are clearly linked to practical intervention strategies. International Association for Cognitive Psychotherapy, August 2000. This volume addresses a clinical problem seen by most mental health professionals: the abuse of drugs and alcohol. Drs. Dowd and Rugle have assembled top professionals in the field to address the same case to illuminate the strengths and weaknesses of different therapeutic approaches to substance abuse. Treatment modalities include psychodynamic, behavioral, cognitive, REBT, family therapy, and more. The volume also presents current outcome research for evidence-based interventions.

Encyclopedia of Substance Abuse Prevention, Treatment, and Recovery Gary L. Fisher, Nancy A. Roget, 2009 This collection provides authoritative coverage of neurobiology of addiction, models of addiction, sociocultural perspectives on drug use, family and community factors, prevention theories and techniques, professional issues, the criminal justice system, and substance abuse assessment and diagnosis, and more.

**Substance Abuse Treatment and the Stages of Change** Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan, 2012-12-18 A widely adopted practitioner resource and course text, this book shows how to apply knowledge about behavior change in general and the stages of change model in particular to make substance abuse treatment more effective. The authors are leaders in the field who describe ways to tailor interventions for clients with varying levels of motivation or readiness to change. They draw on cutting edge theory and research on the transtheoretical model to explain what works and what doesn't work at different stages of change. Rich clinical examples illustrate the whys, hows, and how-tos of using the stages of change model to inform treatment planning and intervention for individuals, groups, couples, and families. New to This Edition: Reflects the ongoing development of the stages of change model and research advances over the past decade. Chapter on stage-based brief interventions in health care, social service, and community settings. Group treatment chapter has been significantly revised. Expanded coverage of the

change processes relevant to each stage See also *Group Treatment for Substance Abuse Second Edition* by Mary Marden Velasquez et al a manual for a group based approach grounded in the transtheoretical model

**Substance Abuse Treatment and the Stages of Change, Second Edition** Gerard J. Connors, Carlo C. DiClemente, Mary Marden Velasquez, Dennis M. Donovan, 2015-09-28 A widely adopted practitioner resource and course text this book shows how to apply knowledge about behavior change in general and the stages of change model in particular to make substance abuse treatment more effective The authors are leaders in the field who describe ways to tailor interventions for clients with varying levels of motivation or readiness to change They draw on cutting edge theory and research on the transtheoretical model to explain what works and what doesn't work at different stages of change Rich clinical examples illustrate the whys and how-tos of using the stages of change model to inform treatment planning and intervention for individuals groups couples and families New to This Edition Reflects the ongoing development of the stages of change model and research advances over the past decade Chapter on stage based brief interventions in health care social service and community settings Group treatment chapter has been significantly revised Expanded coverage of the change processes relevant to each stage See also *Group Treatment for Substance Abuse Second Edition* by Mary Marden Velasquez et al a manual for a group based approach grounded in the transtheoretical model

**Cognitive Therapy of Substance Abuse** Aaron T. Beck, Fred D. Wright, Cory F. Newman, Bruce S. Liese, 2011-11-18 This book is out of print See *Cognitive Behavioral Therapy of Addictive Disorders* ISBN 978 1 4625 4884 2

*Treating Substance Abuse* Scott T. Walters, Frederick Rotgers, 2011-12-07 This state of the art text and clinical resource captures the breadth of current knowledge about substance abuse and its treatment For each of the major evidence based treatment approaches a chapter on basic assumptions and theories is followed by a chapter on clinical applications including illustrative case material Expert contributors cover motivational contingency management cognitive behavioral 12 step family and pharmacological approaches Concluding chapters discuss effective ways to integrate different treatments in a range of clinical settings New to This Edition Reflects significant advances in research and clinical practice Chapter on the biology of substance use disorders Chapter on an additional treatment setting primary care Chapter on case management

**Alcohol** Philip Tate, 1996-01-01 This practical comprehensive and easy to use book helps alcohol abusers understand their behavior but provides practical steps that anyone can use to solve an alcohol problem Written by a cognitive behavioral psychologist this book includes chapters on overcoming low self esteem depression stress attending self help groups and living a better life after quitting Each chapter contains specific self help techniques Recommended by SMART Recovery

*Substance Use Disorders and Addictions* Keith Morgen, 2016-08-03 Based on a decade of research and theory *Substance Use Disorders and Addictions* examines co occurring psychiatric disorders as the norm with substance use disorders and addictions With more than 20 years of experience in the field as a clinician a researcher a program developer and an instructor Keith Morgen encourages a holistic approach to working with individuals using a single case example

throughout the text to encourage the sequential application of concepts to co occurring disorders With DSM 5 diagnostic criteria the 2014 ACA code of ethics and 2016 CACREP standards integrated throughout readers will benefit from this applied and cutting edge introduction to the field Keith Morgen presents an outstanding updated text on substance use disorders where students will be able to better conceptualize treating the substance use disordered client while adhering to common clinical work flows integrating the DSM 5 the ACA s 2014 code of ethics and the latest CACREP standards Kevin A Freeman Mercer University Substance Use Disorders and Addictions is part of the Counseling and Professional Identity Series

**A Comprehensive Guide to Addiction Theory and Counseling Techniques** Alan A. Cavaiola, Margaret Smith, 2020-05-13 A blend of theory and counseling techniques this comprehensive text provides readers with an overview of several major counseling theories and their application to substance use disorders and addiction counseling along with related techniques and interventions Chapters incorporate cutting edge evidenced based research on neuroscience psychological and sociocultural theories explaining the biopsychosocial influences of substance use disorders and examine how substance use disorder risk factors can be utilized when assessing someone who may have a substance use disorder The text additionally helps apply theory to practice offering intervention techniques and using accessible case studies Throughout the text highlighted learning opportunities and key terms further help students to practice and apply the theories interventions and techniques that the book discusses Mental health professionals undergraduate and graduate students alike will benefit from this deft mix of prominent theory innovative research and accessible case studies

Clinical Work with Substance-Abusing Clients Shulamith Lala Ashenberg Straussner, 2013-12-17 A leading professional resource and course text this book provides practical guidance for treating clients with substance use disorders in a variety of contexts Expert contributors present major assessment and treatment approaches together with detailed recommendations for intervening with particular substances Clinical techniques are clearly explained and illustrated with helpful case examples Important topics include harm reduction strategies for working with family members and ways to meet the needs of specific populations including women adolescents older adults LGBT clients and those with frequently encountered co occurring problems New to This Edition Revised to reflect current research and clinical advances updated for DSM 5 Chapters on trauma informed care cognitive behavioral therapy and complementary alternative approaches Chapters on neurobiology and behavioral addictions Significantly revised chapters on family treatment and dual disorders

Misunderstanding Addiction Micheal M. Pop M. ED., 2010-07 If one tries to imagine the amounts of money that have been spent by federal and state governments coupled with what has been spent by private citizens in battling substance abuse over the last thirty years it would amount to an almost unimaginable figure There have been many books written that offer criticism regarding the traditional twelve step treatment approaches to addiction The problem has been that most of these efforts have failed to offer a viable alternative to traditional treatment Those that have attempted to do so have merely suggested that singular treatment strategies such as

Cognitive Behavioral Therapy Psychodynamic Therapy Gestalt Therapy etc should be implemented in conjunction with traditional treatment Misunderstanding Addiction outlines a more holistic treatment method that can be implemented in a variety of environmental contexts that do not require patients to be institutionalized for them to be effective Misunderstanding Addiction has the potential to radically alter the way that addictions are treated in this country At a time when healthcare is foremost in the thoughts of our nation s citizens Misunderstanding Addiction offers a timely and important look at how addiction treatment should be undertaken now and in the future to ensure an effective outcome for the patient

**Clinical Work with Substance-Abusing Clients, Second Edition** Shulamith Lala Ashenberg Straussner, 2004-08-31 This widely adopted text offers practical guidance for working with substance abusers and their families in a variety of clinical contexts Expert contributors present major assessment and treatment approaches together with detailed recommendations for intervening with specific substances and meeting the needs of different populations Throughout helpful case vignettes illustrate how to translate the ideas presented into practice and overcome common stumbling blocks Practitioners and students will find all the information needed to stay current in the field in this authoritative comprehensive and highly accessible work

**Absolute Addiction Psychiatry Review** Carla Marienfeld, 2020-03-06 This book serves as a tool for general psychiatrists medical students residents and fellows looking for a clinically relevant and high yield overview of addiction psychiatry in preparation for their board exams or for everyday clinical practice Written by expert educators in addiction psychiatry the text is organized by substances misused and populations affected This book serves as both a primary learning tool for those new to the field as well as a reference for those working in addiction treatment Each chapter begins with summaries of high yield clinical pearls followed by general information including treatment and then ends with accompanying board style review questions The scope includes understanding substances of misuse and substance use disorders SUDs how to evaluate diagnose and monitor SUDs how to treat SUDs both pharmacologically and behaviorally and critical information for specific populations of patients Absolute Addiction Psychiatry for Clinical Practice and Review is an excellent resource for all medical students residents fellows and professionals taking certification exams in addiction including those in psychiatry addiction medicine emergency medicine internal medicine pain medicine and others The chapter Laboratory Testing for Substance Use Disorders is available open access under a Creative Commons Attribution 4 0 International License via link [springer.com](https://www.springer.com)

## Whispering the Strategies of Language: An Psychological Quest through **Rational Emotive Therapy With Alcoholics And Substance Abusers**

In a digitally-driven earth wherever displays reign supreme and immediate interaction drowns out the subtleties of language, the profound techniques and mental nuances concealed within words usually move unheard. However, located within the pages of **Rational Emotive Therapy With Alcoholics And Substance Abusers** a interesting fictional prize blinking with fresh thoughts, lies an exceptional quest waiting to be undertaken. Published by a talented wordsmith, that enchanting opus attracts readers on an introspective trip, gently unraveling the veiled truths and profound impact resonating within the very fabric of each word. Within the psychological depths with this poignant evaluation, we can embark upon a genuine exploration of the book is core subjects, dissect their charming publishing type, and succumb to the effective resonance it evokes strong within the recesses of readers hearts.

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## Rational Emotive Therapy With Alcoholics And Substance Abusers Introduction

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