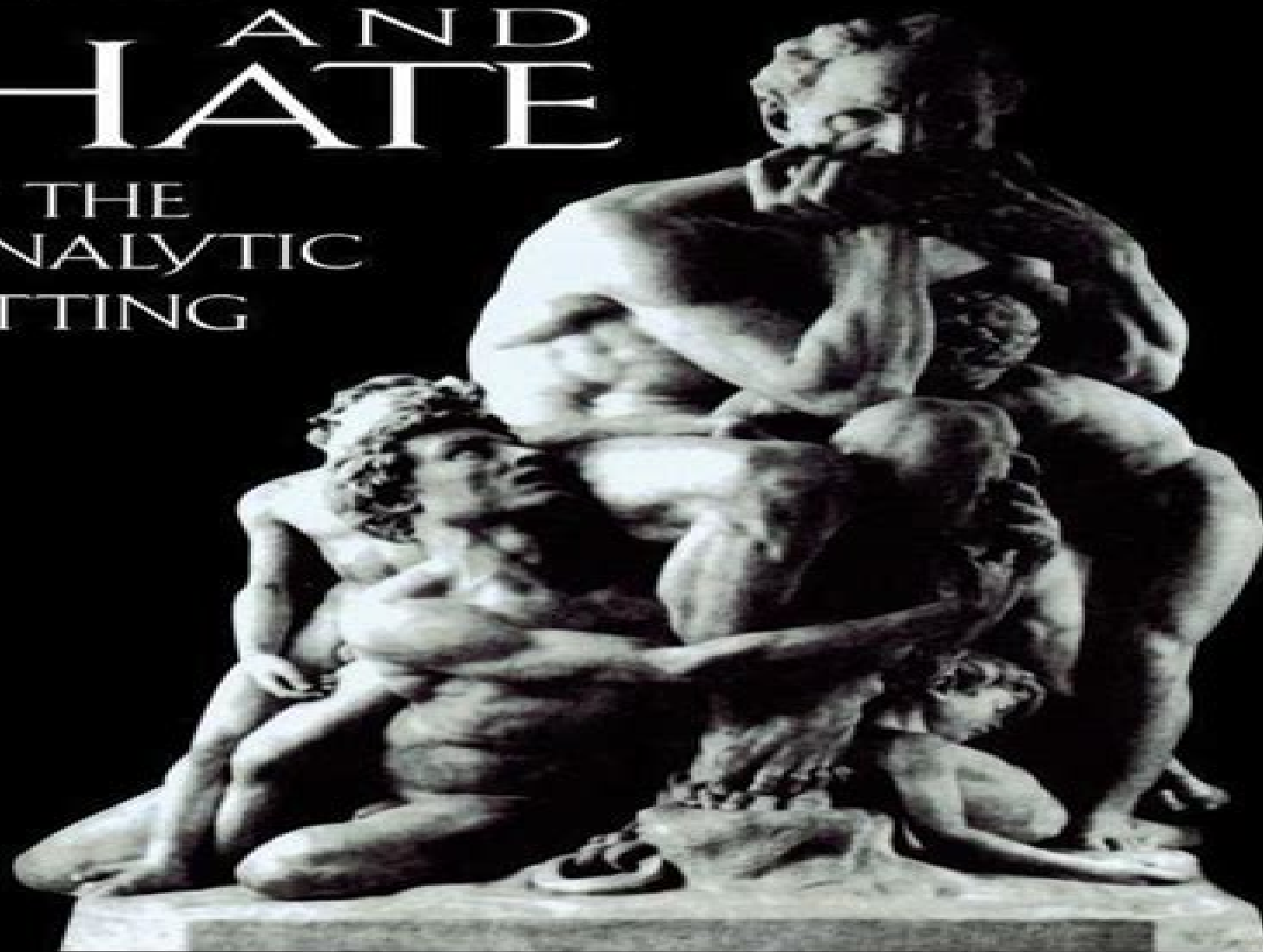


LOVE AND HATE

IN THE
ANALYTIC
SETTING



GLEN O. GABBARD

Love And Hate In The Analytic Setting

Glen O. Gabbard



Love And Hate In The Analytic Setting:

Love and Hate in the Analytic Setting Glen O. Gabbard, 2000-04-01 Passionate feelings of love and hate are stirred in psychotherapy Paradoxically these passions may either undermine the therapist catastrophically or serve as the crucible in which profound understanding is forged Transferences and countertransferences of love and hate occur on a spectrum that includes unobjectionable negative and positive feelings relatively benign forms of love and hate and more malignant intractable versions of love and hate that present formidable challenges to the therapist Each of these variations is explored in different chapters of this book Gender configurations gender fluidity adolescent transferences the link between love and lust and passive forms of hating are among the topics discussed Most of all the author noted psychoanalyst Glen Gabbard depicts what it is like to be in the eye of the hurricane when passions are aroused He provides a practical yet theoretically sophisticated guide to the management of love and hate as they are experienced by both patient and therapist **Love and Hate** David Mann, 2013-11-12 Love and hate seem to be the dominant emotions that make the world go round and are a central theme in psychotherapy Love and Hate seeks to answer some important questions about these all consuming passions Many patients seeking psychotherapy feel unlovable or full of rage and hate What is it that interferes with the capacity to experience love This book explores the origins of love and hate from infancy and how they develop through the life cycle It brings together contemporary views about clinical practice on how psychotherapists and analysts work with and think about love and hate in the transference and countertransference and explores how different schools of thought deal with the subject David Mann together with an impressive array of international contributors represent a broad spectrum of psychoanalytic perspectives including Kleinian Jungian Independent Group and Lacanian psychotherapists psychoanalysts and analytical psychologists With emphasis on clinical illustration throughout the writers show how different psychoanalytic schools think about and clinically work with the experience and passions of love and hate It will be invaluable to practitioners and students of psychotherapy psychoanalysis analytical psychology and counselling **Love and Hate** David Mann, 2002 Explores the origins of love and hate from infancy and how they develop through the life cycle Contemporary Psychoanalysis in America Arnold M. Cooper, 2008-05-20 This book is a unique and superb gateway to current psychoanalytic thinking Thirty of America's foremost psychoanalysts leaders in defining the current pluralistic state of the profession have each presented what they consider to be their most significant contribution to the field No mere anthology these are the key writings that underlie current discussions of psychoanalytic theory and technique The chapters cover contemporary ideas of intersubjectivity object relations theory self psychology relational psychoanalysis hermeneutics clinical technique changing concepts of unconscious empirical research infant observation gender and sexuality and more While the differences in point of view are profound there is also a striking coherence on some core issues Each of the contributions features an introduction by the volume editor and a note by the author explaining the rationale for its selection The brilliant introduction by Peter

Fonagy provides an overview and places each author in the context of contemporary psychoanalysis A list of the authors may convey the astonishing breadth of this volume Brenner Bromberg Busch Chodorow Cooper Emde Friedman Gabbard Goldberg Greenberg Grossman Hoffman Jacobs Kantrowitz Kernberg Levenson Luborsky Michels Ogden Ornstein Person Pine Renik Schafer Schwaber Shapiro Smith Stern Stolorow Wallerstein This is a best of the best volume cutting edge writing highly accessible and studded with vivid clinical illustrations Anyone wishing to acquire a comprehensive authoritative readily accessible even entertaining guide to American psychoanalytic thinking will find their goal fulfilled in this monumental collection

Working in the Countertransference Howard A. Wishnie, 2005 Countertransference responses within the therapist pose a formidable challenge for the clinician who must carefully examine reactions that may be distressing These potentially disruptive responses however are a valuable source of understanding that can deepen the therapeutic process This book presents numerous manifestations of countertransference interactions and how they influence treatment and gives guidelines for effective clinical interventions

The Psychology of Stalking J. Reid Meloy, 2001-04-17 The Psychology of Stalking is the first scholarly book on stalking ever published Virtually every serious writer and researcher in this area of criminal psychopathology has contributed to this comprehensive resource These chapters explore stalking from social psychiatric psychological legal and behavioral perspectives New thinking and data are presented on threats pursuit characteristics psychiatric diagnoses offender victim typologies cyberstalking false victimization syndrome erotomania stalking and domestic violence stalking of public figures and many other aspects of stalking This landmark text is of interest to both professionals and other thoughtful individuals who recognize the serious nature of this ominous social behavior at the end of the millennium Dr Reid Meloy is a diplomate in forensic psychology of the American Board of Professional Psychology He was Chief of the Forensic Mental Health Division for San Diego County and now devotes his time to a private civil and criminal forensic practice research writing and teaching He is an associate clinical professor of psychiatry at the School of Medicine of the University San Diego and an adjunct professor at the University of San Diego School of Law He is also a Fellow for the Society of Personality Assessment and is currently President of the American Academy of Forensic Psychology In 1992 he received the Distinguished Contribution to Psychology as a Profession Award from the California Psychological Association He is a sought after speaker and psychological consultant on various civil and criminal cases throughout the United States most recently the Madonna stalking case and the Polly Klass murder case In 1997 he completed work as the forensic psychologist for the prosecution in the Oklahoma City bombing cases

Handbook of Contemporary Psychotherapy William O'Donohue, Steven R. Graybar, 2009 Handbook of Contemporary Psychotherapy explores a wide range of constructs not captured in the DSM or traditional research but that play important roles in psychotherapy cases To provide readers with a tool bag of practical techniques they can use in these cases editors William O Donohue and Steven R Graybar present chapters written by leading clinical authorities on such topics as the process of

change in psychotherapy attachment and terror management projective identification terminating psychotherapy therapeutically shame and its many ramifications for clients dream work boundaries forgiveness the repressed and recovered memory debate and many others *Hate and Love in Psychoanalytical Institutions* Jurgen Reeder, 2020-10-13 In *Hate and Love in Psychoanalytic Institutions* Jurgen Reeder investigates the professional superego of the psychoanalyst This superego designates a prescriptive and prohibiting role that the individual must play within the parameters of a certain occupational sphere The prescriptive aspect works like a professional ideal and in this respect the superego can be said to sustain a professional ethos or spirit commanding what the professional should know and what his or her relations to clients and colleagues should resemble It helps to bind the members of the analytical community together The prohibiting aspect installs a vigilant inner eye It offers necessary protection against detrimental aberrations but it also evokes fantasies of critical or condemning colleagues who might have insight into what transpires within the walls of the analyst's own private practice leading to a reluctance to communicate openly about the analytical experience In this sense the professional superego contributes to the paranoization of collegial communication a circumstance that has a hampering effect on spontaneity and creativity in both clinical and theoretical work Jurgen Reeder's groundbreaking research uncovering the dynamics of the professional superego in psychology psychotherapy and psychoanalysis can be applied to other professions as well including social work medicine education law and the ministry *Psychoanalytic Collisions* Joyce Anne Slochower, 2013-05-13 In this beautiful work of reflection and self reflection Joyce Slochower wrestles with a seldom acknowledged dimension of being a psychoanalyst the dialectic between illusions and less ideal realities that complicate the analyst's sense of who she is and of how best to meet her clinical obligations *Psychoanalytic Collisions* details the various ways in which the analyst's wishes both professional and personal collide with the less than perfect actualities of everyday clinical work The collisions in question are often rooted in the analyst's own illusions illusions of therapeutic possibility in the face of ordinary human existence or illusions of therapeutic selflessness in the face of one's own immutably self centered humanity Such collisions may complicate nonclinical professional activities such as writing in which the analyst's desire to develop a personal idiom collides with self doubt and the imagined rebuff of teachers and colleagues Other collisions coalesce dyadically in the consulting room They may reflect sharp dissonance between what the patient needs the analyst to feel and what the latter actually feels as in discrepant experiences of erotic desire They may grow out of colliding idealizations of analyst and patient each of the other And they may arise in the wake of traumatizing life events that destroy the shared illusions on which treatment has rested In finely wrought examinations of these eventualities Slochower is guided by the belief that collisions are intrinsic both to forging an analytic identity and to practicing in a manner consonant with that identity Psychoanalytic collisions she enjoins often cannot be resolved but they can usually be productively engaged And the very act of engagement be it establishing new grounds for collaboration in the wake of real world catastrophe or wrestling with clinical impasse

grounded in the radically divergent expectations of analyst and patient or owning up to what Slochower terms secret delinquencies can provide the basis for a vision of the good enough analyst in which therapeutic hopefulness coexists with acceptance of the analyst's all to human fallibility

Food for Thought Nina Savelle-Rocklin, 2016-12-31 Food for Thought offers fresh psychoanalytic insights into treating clients with eating disorders In lively and jargon free language Nina Savelle Rocklin breaks down the psychoanalytic approach to give practitioners and general readers alike a deeper understanding of the theory and effective treatment of eating disorders Those living with eating disorders often use food to express their inner feelings and Savelle Rocklin illustrates the importance of the therapeutic relationship in uncovering the nature of these internal emotions and formulating them into words Through an intensive and mutual process clients can begin to understand the language of the eating disorder identify and work through its underlying conflicts ultimately eliminating symptoms relieving distress and transforming the way they relate to themselves and others Thoughtful and highly engaging Food for Thought provides invaluable methods for practitioners treating patients with eating disorders to achieve lasting change and true healing

Love and Death in Psychotherapy Robert Langs, 2006-06-23 Feelings of love between patients and their therapists have been an endless source of confusion for those involved An essential reading for all counselling and psychotherapy students and practitioners this text offers fresh perspectives and advice on how best to deal with expressions of love and sexual desires in the course of therapy

Miss-ing Bruce Fink, 2024-05-28 A collection of essays and pens es from a noted psychoanalyst and Lacanian thinker Inspired by Jacques Lacan's idea in his Seminar VI that Human beings cannot help but consider themselves to be missing something this series of essays explores the idea of lack under multiple themes

Setting Out Lesley Murdin, Meg Errington, 2005 The outcome of therapy is always to some extent determined by success of the initial session In Setting Out the issues surrounding this subject are explored providing valuable insights into the significance of beginnings in psychotherapy

Winnicott's Children Ann Horne, Monica Lanyado, 2013-03-05 Winnicott's Children focuses on the use we make of the thinking and writing of DW Winnicott how this has enhanced our understanding of children and the settings where we work and how it has influenced the way in which we do that work It is a volume by clinicians concerned about how as well as why we engage with particular children in particular ways The book begins with a scholarly and accessible exposition of the place of Winnicott in his time in relation to his contemporaries Melanie Klein Anna Freud John Bowlby and the development of his thinking The dual focus on the earliest experience of the infant and its consequences plus the how of engaging with children as good enough mothers or good enough therapists is picked up in the chapters that follow The role of play is central to a chapter on supervision struggling through the doldrums can be part of the adolescent's experience and that of those who engage with him the role of psychotherapy in a Winnicottian therapeutic community and an inner city secondary school is explored and a chapter on radio work links us personally with Winnicott and his desire to talk plainly and helpfully to parents There is a richness in the collection of subjects in this book and in the

experience of the writers It will appeal to those who work with children in child and family mental health settings schools hospitals colleges and social care settings Love and Loss in Life and in Treatment Linda B. Sherby,2013-07-18 The focus of Love and Loss is how patients and therapists experiences of love and loss in life and treatment room intermingle and interact The Misuse of Persons Stanley J. Coen,2013-11-26 In this major contribution to contemporary psychoanalysis Stanley Coen illuminates a heretofore undescribed character structure especially resistant to analytic process Pathologically dependent patients for Coen are identified not by surface character traits but by their response to the intrapsychic demands of analysis Such patients remain in treatment sometimes contentedly sometimes amid rebukes and complaints but they do not profit from it Their inability to use insight especially in the transference is matched by a proclivity for sadomasochistic enmeshment In analysis this tendency translates into a continuing dependent attachment to the analyst In exploring the genetic roots of pathological dependency Coen ranges beyond extant trauma theories in describing a pattern of parent child interaction in which repetitive behavioral enactments substitute for the acceptance and resolution of conflicts both intrapsychic and interpersonal In analysis pathologically dependent patients use the analyst as they have come to use significant others throughout their lives as part of a defensive structure characterized by repetitive enactments and a refusal to face what is wrong with them This misuse of others is infused with destructiveness hostility and rage and the analyst necessarily becomes the object of these powerful emotions With such patients then the road to therapeutic progress invariably passes through the analysis of mutual transferential and countertransferential hate the patient s tempting invitations to collusion and avoidance notwithstanding **Moving Beyond the Comfort Zone in Psychotherapy** Nancy A. Bridges,2005 Making emotional contact and inviting patients to use therapeutic relationships for their relational and developmental aims is a risky and intimate proposition But as the author of this book argues therapists must be willing to engage deeply with patients to work from within the relationship extending the therapeutic relationship to reach the private experience of self and other and offer new relational experience Moving beyond traditional thinking the author presents a relational approach that integrates psychoanalytic thinking with the latest findings from infant research to give therapists the theoretical framework to orient the treatment and maintain psychic equilibrium and safety during times of arousing and destabilizing affect and relational scenarios A therapeutic stance which is fluid and open to intrapsychic and interpersonal influence allows for the experience and elaboration of complex unconscious affects and shifting points of identification Compelling clinical narratives bring the reader into the consulting room and show how the therapist may forge deep emotional connection within a bounded therapeutic relationship that relies upon mutual influence and self revelation and opens up relational space to ultimately rearrange a patient s experience of self and other **Shadow of the Other** Jessica Benjamin,2013-10-31 Shadow of the Other is a discussion of how the individual has two sorts of relationships with an other other beings other individuals The first regards the other as an entirely different being from oneself but one which is still

recognizable The second understands and recognizes this other by its function as a repository of characteristics cast from oneself In recognizing how this dual relationship is reconciled within the self and its implications in male female relations Jessica Benjamin continues her exploration of intersubjectivity and gender taking up questions of contemporary debates in feminist theory and psychoanalysis

Many Voices Pamela Cooper-White, 2006-11 This book is a full scale disciplinary framework for pastoral psychotherapists pastoral counselors at intermediate and advanced levels of clinical training and also for experienced pastoral counselors and psychotherapists in professional practice It harvests the great potential of postmodern sensibilities to help accompany and support individuals couples and families in recognizing and healing especially painful psychic wounds and or longstanding patterns of self defeating relationships to self and others Pamela Cooper White s widely praised work which has always integrated cutting edge notions from the social sciences into pastoral therapy here takes a distinctive and promising turn toward the relational and the theological Pastoral psychotherapy she argues needs to find its framework in a strongly relational idea of the person God and health Illustrated throughout by four key case studies Cooper White shows in Part 1 how multiplicity and relationality provide a dynamic and exciting way of viewing human potential and pain In Part 2 she unfolds the practical applications of this paradigm for a strongly empathic therapeutic relationship and process

Other Times, Other Realities Arnold H. Modell, 1990 Nearly a century has passed since Freud s theories unleashed a revolution in our understanding of the human psyche Yet as Arnold Modell firmly points out we still do not possess a theory that explains how psychoanalysis works *Other Times Other Realities* provides brilliant insight into this perplexing problem and lays the foundation for a comprehensive theory of psychoanalytic treatment Modell s careful consideration of Freudian theory the interpretations of contemporary ego psychology and the contribution of object theory discloses the changing significance of the fundamental elements of the therapeutic process In *Other Times Other Realities* readers will discover an illuminating synthesis of concepts underlying the various interpretations of the psychoanalytic process

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