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DD."—*Self*



Rob Parr's Post-Pregnancy Workout

"THE BODY IS WHAT YOU MAKE
IT, AND WITH ROB'S EXPERTISE
YOU CAN ACHIEVE THE POST-
PREGNANCY BODY YOU WANT,
OR EVEN BETTER, THE BODY
YOU'VE NEVER HAD."
—Demi Moore

Rob Parr and David A. Rudnitsky

ROB PARR'S POST-PREGNANCY WORKOUT

Rob Parr and David A. Rudnitsky

AT

Rob Parrs Post Pregnancy Workout

WJ Hussar

A red circular graphic with a gradient, appearing as a partial circle or a thick arc, located to the right of the WJ Hussar text.

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