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to Meditate
on



WILLIAM D. CRAMER

Roads Home Seven Pathways To Midlife Wisdom

Carl A. Goldman



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Self-Help Books Sandra K. Dolby, 2010-10-01 Understanding instead of lamenting the popularity of self help books Based on a reading of more than three hundred self help books Sandra K Dolby examines this remarkably popular genre to define self help in a way that is compelling to academics and lay readers alike Self Help Books also offers an interpretation of why these books are so popular arguing that they continue the well established American penchant for self education they articulate problems of daily life and their supposed solutions and that they present their content in a form and style that is accessible rather than arcane Using tools associated with folklore studies Dolby then examines how the genre makes use of stories aphorisms and a worldview that is at once traditional and contemporary The overarching premise of the study is that self help books much like fairy tales take traditional materials especially stories and ideas and recast them into extended essays that people happily read think about try to apply and then set aside when a new embodiment of the genre comes along

Unlock Your Possibilities Rita H. Losee, 1998-04

The Publishers Weekly, 1997 *The Publishers' Trade List Annual*, 1995 ***Soul and Silicon*** Carl A. Goldman, 1997 *American Book Publishing Record*, 1999 ***Bottom Line, Personal***, 1997 ***Library Journal***, 1995

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