

THE REWARDS
AND STRUGGLES
OF TWO-CAREER
FAMILIES

Sharing
it
ALL

LUCIA A. GILBERT, PH. D.

Sharing It All The Rewards And Struggles Of Two Career Families

Lucia Albino Gilbert, Murray Scher



Sharing It All The Rewards And Struggles Of Two Career Families:

Sharing it all Lucia Albino Gilbert, 2013-11-11 I realize more and more that to some degree psychologists study their own lives My first studies in the mid 1970s looked at the conflicts that emerge in dual career couples as the partners combine their various roles Ideas for the early studies initially came from conversations with clients friends and people I met traveling Soon after the topic of dual careers came up discussions of guilt and frustration followed The participants in my first studies turned out to be predominantly women Men expressed little interest in participating A common response was Talk to my wife 7 8 PREFACE Ostensibly husbands saw their partners but not themselves as dealing with conflicting roles Although I presumed this to be somewhat true I knew from observing my own husband that my having a career had an immeasurable impact on him Were men denying something Were women overly sensitive Discussions with my husband which helped me to get a better grasp on what male partners might be feeling planted the seed for my subsequent book on men in dual career families published in 1985 In gathering material for that book I was struck by the contrast with men's earlier disinterest Husbands appeared eager to talk about their lives Their greatest concern what happens to the children became the focus of my last set of studies Why this book Sharing it all symbolizes the essence of a two career marriage **Women in**

Leadership and Work-Family Integration Volume Two Kerri Cissna-Heath, Margaret J. Weber, 2016-08-17 Today women are assuming greater roles within the workplace and men are assuming greater roles within the home Both spheres have to be seen as a place where males and females are competent Gersick suggests that women have to let go of the traditional identities related to social role family and work Both men and women have to step into new identities and develop new roles Will the home look different and the workplace be a different environment Absolutely men will do their work in their way within the family and home while women will clarify their identity within the workplace Helgessen and Johnson 2010 describe the female vision which views the world differently than men Women also bring a unique perspective to the workplace This book encourages us to explore embrace and celebrate these new identities within the workplace and the family **Career Counseling for African Americans** W. Bruce Walsh, Rosie P. Bingham, Michael T. Brown, Connie M. Ward, Samuel H. Osipow, 2000-12 Topics in this volume include basic issues in career counselling for African Americans career assessment vocational and personal considerations and future directions in career counselling theory **A Cross**

Section of Psychological Research Andrea Milinki, 2016-09-01 First Published in 2006 This book is designed for students who are learning how to evaluate published psychological research The 41 research articles in this collection provide the stimulus material for such a course *Equal Partners - Good Friends* Claire Rabin, 2002-09-11 Marriage as an equal partnership is the goal of many couples in the western world today and yet equality is often limited by the ways that power and gender interact in the relationship leading to dissatisfaction and ultimately the break up of the marriage In *Equal Partners Good Friends* Claire Rabin examines the connection between inequality in marriage and marital distress Drawing

on extensive research and personal interviews in the UK USA and Israel she stresses the role of friendship in establishing a truly equal relationship Focusing on issues of gender sex roles and power she provides a new clinical treatment model for therapists working with couples which is much needed in today s climate of change *Gender and Sex in Counseling and Psychotherapy* Lucia Albino Gilbert,Murray Scher,2009-09-01 Gender is still largely ignored as an active variable in counseling and is typically viewed as pertaining to women s issues or problems The field has leap frogged over gender perhaps because it is too complex perhaps because we resist change or perhaps because our gender socialization is sufficiently effective as is This book makes clear as to why gender must be considered in understanding the client s concerns the process of therapy and the counselor s role in the therapeutic interaction Effective therapy requires an understanding of gender theory and gender processes The approach taken in this book explains complex concepts in understandable terms provides summaries of pertinent research findings and applies theory and research about gender to client case examples

Integrative Life Planning Lorraine Sundal Hansen,1997 In the field of career development Integrative Life Planning is a landmark book that recognizes the radical shifts in today s lifestyles and workplaces and offers a holistic counseling approach that joins career planning with the life path of an individual Written by L Sunny Hansen a pioneer in career development this important resource details her highly regarded concept of integrative life planning ILP As the book reveals using the ILP framework enables career professionals counselors and their clients to develop career and life patterns that are holistic and focused on both individual satisfaction and community benefit Integrative Life Planning provides an analysis of Hansen s revolutionary ILP concept that is anchored in an interdisciplinary framework of six critical tasks finding work that needs doing in changing global contexts weaving our lives into a meaningful whole connecting family and work valuing pluralism and inclusivity exploring spirituality and life purpose and managing personal transitions and organizational change The book offers a wealth of ideas and information on each of the critical tasks as well as illustrative strategies and career interventions that can be used or adapted when implementing the ILP concept ILP is an ideal approach for dealing with changes in work family learning and society Using a quilt metaphor it integrates many aspects of individuals families and organizations including both the personal and the professional In this pioneering work the author advocates for people to make life choices and decisions consistent with the changes of a dynamic global society The ILP concept takes into account self satisfaction and the common good personal accomplishment and community benefit Hansen argues persuasively that this global approach can lead to more meaningful lives more humane relationships and a more caring society *Advances in Personal Relationships* Warren H. Jones,Daniel Perlman,1992 Recent research has made it increasingly clear that close personal relationships are the cornerstone of interpersonal behaviour and social contact and that such relationships are more than merely common in human experience they are necessary for survival Research indicating that the quality of one s intimate relationships predict the frequency severity and prognosis of both psychological and medical complaints and also

possibly mediate the influence of environmental stress on adjustment and well being It is clear that much work needs to be done in order to fully understand the nature and influence of relationships in our lives **Counseling Psychology** Mark M. Leach,2017-03-02 Since its beginnings after WWII Counseling Psychology has grown to become an applied specialty within psychology with unique areas of emphasis This book introduces readers to the field by presenting its history emphases trends and relationships to other areas within psychology followed by seminal articles that have significantly influenced counselors and researchers The volume is organized around the six general themes of history and professional development personal counseling career counseling cross cultural counseling counseling process and outcome and internationalizing Counseling Psychology In presenting articles representing these six themes that have defined counseling psychology readers are given an essential overview to the past the present and future directions of this applied specialty in psychology Annual Progress in Child Psychiatry and Child Development, 1990 Stella Chess,Margaret E. Hertzig,1990-12

Sharing It All The Rewards And Struggles Of Two Career Families: Bestsellers in 2023 The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous engrossing novels enthralling the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the captivating narratives that have enthralled audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This heartfelt tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Sharing It All The Rewards And Struggles Of Two Career Families : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's compelling storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Sharing It All The Rewards And Struggles Of Two Career Families : Delia Owens' "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a masterful and suspenseful novel that will keep you guessing until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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