MANIC DEPRESSION VS BIPOLAR



MANIC DEPRESSION

- AN OLDER AND LESS COMMONLY USED TERM.
- IT DESCRIBES THE PRESENCE OF BOTH MANIC AND DEPRESSIVE EPISODES.

 WAS HISTORICALLY USED TO DESCRIBE THIS CONDITION.



BIPOLAR

- THE MODERN AND PREFERRED TERM.
- IT IS DEFINED BY RECURRENT AND ALTERNATING EPISODES OF MANIA OR HYPOMANIA AND DEPRESSION.
- THE DIAGNOSTIC AND STATISTICAL MANUAL OF MENTAL DISORDERS (DSM-5) ONLY RECOGNIZES THE TERM "BIPOLAR DISORDER" FOR DIAGNOSIS.

LU

Sad Love Stories A Study In Manicdepressive Illness

Thomas Griffiths

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