

# THE SEVEN COMMON SINS<sup>OF</sup> PARENTING<sup>AN</sup> ONLY CHILD

A Guide for Parents and Families



CAROLYN WHITE  
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# Seven Common Sins Of Parenting An Only Child A Guide For Parents And Families

**John Loren Sandford, Paula Sandford**



## **Seven Common Sins Of Parenting An Only Child A Guide For Parents And Families:**

**The Seven Common Sins of Parenting An Only Child** Carolyn White, 2004-07-15 As the parent of an only child are you frustrated because you find yourself overindulging and overcompensating Do you treat your child like an adult overpraise or overprotect him Have you expected perfection from your child yet failed to make rules and implement them consistently If you are not a perfect parent of an only child you are not alone Based on the real life experiences of Carolyn White editor of Only Child parent and educator and hundreds of interviews with only children and parents of only children The Seven Common Sins of Parenting an Only Child celebrates the special rewards and opportunities of the single child family and offers a practical and often humorous guide for overcoming the most common errors parents can make when rearing an only child *The Future of Your Only Child* Carl E. Pickhardt, Ph.D., 2008-03-04 One child households have doubled over the last two decades making it one of the fastest growing family units in America Expert Carl Pickhardt aids families in understanding the common traits of many adult onlies like shyness perfection and intolerance so that they can better prepare for potential outcomes He also celebrates the positive qualities of only children and how to encourage characteristics like thoughtfulness creativity and ambition Pickhardt sheds new light on issues that many only child families encounter such as attachment problems conflicts between only child and parent performance anxiety unusually high personal expectations feelings of entitlement dependence problems with risk taking With a distinctive focus on long term effects this book will help refine and improve daily parenting methods Parents will welcome these insightful guidelines for the formative influence they wish to provide *The A to Z Guide to Raising Happy, Confident Kids* Dr. Jenn Berman, 2010-09-24 As an experienced therapist a parenting expert on television and radio an award winning columnist and a parent Dr Jenn Berman provides insightful and informative advice to parents as they guide their children through early childhood The A to Z Guide to Raising Happy Confident Kids addresses twenty six of the most important issues that modern parents face Each self contained and easy to read chapter covers a different topic allowing busy parents to quickly find and read what they need You ll turn to this great resource again and again as your children grow **The Everything Parent's Guide To Raising Siblings** Linda Sonna, 2006-02-24 A Simon Schuster eBook Simon Schuster has a great book for every reader Onlyness John Killick, 2019-10-15 What is the true effect of being an only child Is it a curse or a blessing a joy or a challenge Beginning with a researched account of what makes an only child from isolation and bullying to self confidence and resourcefulness John Killick here traces the development of individuals who at one point in their life whether temporarily or permanently have experienced being an only child Focusing on personal life as well as roles and relationships in the wider world Killick expresses his own experience of being an Only through narrative as well as memories and dreams Onlyness is a unique and stimulating exploration of a predicament that faces a growing number of people in the UK in a time where there are now more one child families than not **Seven Common Sins of Parenting an Only Child: A Guide for Parents and Famil**

,2004-08-01 *American Book Publishing Record* ,2003 *Forthcoming Books* Rose Army,2004 *Books In Print*  
 2004-2005 Ed Bowker Staff,Staff Bowker, Ed,2004 *Bowker's Complete Video Directory*, 1998 ,1998 **Restoring the Christian Family** John Loren Sandford,Paula Sandford,2009 Timely Prophetic On the cutting edge In Restoring the Christian Family the Sandfords confront the issues facing families today with sound logic based on scriptural truth In depth insights from more than thirty years of counseling experience combine forcefully with helpful illustrations from the author s own family life providing practical wisdom for every reader who is concerned about his or her family Restoring the Christian Family helps to fulfill the prophecy of Malachi And he shall turn the heart of the fathers to the children and the heart of the children to their fathers Mal 4 6 **Constructivist Methods for Teaching in Diverse Middle-level Classrooms** Kenneth T. Henson,2004 Constructivist Strategies for Proactive Middle Level Teachers is designed to prepare prospective middle level teachers for their first classroom experience and to help in service teachers improve their teaching skills Each of the themes in this book addresses a major goal set by the Carnegie Council on Academic Development or by the National Middle School Association particularly selected for middle level programs The book employs as its focus constructivism multiculturalism and a proactive approach to teaching all topics of concern importance to teacher educators Prospective middle level teachers

**The Video Source Book** David J. WEINER,1990 *The Case for Only Child* Susan Newman,2011-05-09 What s really wrong with having one child Is one enough for you For your partner What constitutes a complete happy family Will your only child be lonely spoiled bossy selfish Read this book and find out Despite the personal distress and pressure to have a second baby the number of women having an only child has more than doubled in the last two decades What most people don t realize is that one child families outnumber families with two children and have for more than two decades In major metropolitan areas like New York 30 percent of families have a singleton Throughout the country people are following suit And it s no wonder why The worrisome biological clock secondary infertility older mothers Downtrodden job markets How mothers working affects everyone in the family Finances and housing and costs of education These are only the few things that parents today and parents to be contend with when deciding to start a family and determining whether or not to stop after one The time is right for a book that addresses the emerging type of nuclear family one that consists of a solo child Popular Psychology Today blogger and parenting author of fifteen books including the groundbreaking Parenting the Only Child Susan Newman Ph D grew impatient with the pervasiveness of only child folklore masquerading as fact and offers the latest findings about the long term effects of being raised as a singleton In The Case for the Only Child Newman walks parents and future parents through the long list of factors working for and against them as well as highlights the many positive aspects of raising and being a singleton The aim of this book is to ease and guide parents through the process of determining what they want Although each situation is unique the profound confusion surrounding having a second child is similar It is one of the most difficult and life altering choices parents face Adding to one s family dramatically changes one s

life and the life of one's firstborn forever What will a person give up in time money freedom intimacy and job advancement with another child in the household What will they gain The Case for the Only Child helps explore and resolve these perplexing questions

**Parenting an Only Child** Susan Newman, 2001-08-14 Is it possible to raise a contented only child Can we be happy with only one child The answer to both of these questions is a resounding yes In recent years the number of couples choosing to have one child has risen sharply Whether it's by choice or fate having a single child presents unique considerations opportunities and advantages Social psychologist Susan Newman who has been studying single child families since the 1980s shatters the myths of the lonely spoiled only child and provides in depth coverage of the critical issues including Making the right family size decision for you Withstanding the pressure to have another Maintaining a balance of power in a three member household Single parenting the only child Setting boundaries with a child who is used to having your undivided attention Fostering high achievement creativity and independence in only children The effects of having parents instead of siblings as role models Confronting age old only child stereotypes Building family networks and other support systems for the future Presenting fascinating findings and family stories Dr Newman shares her knowledge and gives down to earth advice making this the most accessible up to date handbook of its kind For couples who are already raising an only child or for those who are exploring the option Parenting an Only Child offers encouraging clarity and singular insight Now with a new resource section

**One and Only** Lauren Sandler, 2013-06-11 Lauren Sandler is an only child with an only child of her own who found that discussing the choice to stop at one kid was loaded with anxiety doubt misinformation and judgment After investigating what only children really are like and whether stopping at one child is an answer to reconciling motherhood and modernity she learned a lot about herself and a lot about our culture's assumptions In this heartfelt work Sandler demystifies the perceived problems of the only child and legitimizes a conversation about the larger societal costs of having more than one We ask when people are having kids never a kid never one child at a time If parents no longer felt they had to have second children to keep from royally screwing up their first would the majority of them still do it And if the literature tells us in hundreds of studies that a child isn't better off with a sibling and it's not something parents truly want for themselves then whom is this choice serving One and Only examines these questions exploring what the rise of the single child family means for our economies our environment and our freedom Sandler considers hundreds of studies and interviews traveling around the world to discover that only children are just fine their parents often happier and our planet is better off for them Sandler's controversial revelations will probably draw rebukes from the majority of parents who believe that having several children is the healthiest model for all members of a family Others will claim that she's quite possibly cracked the code of happiness demonstrating that having just one may be the way to resolve our countless issues with adulthood in our overtaxed age

**Just One** Susan Newman, 2025-05-06 What psychologist Susan Newman has learned during her most recent study from only children and their parents will help readers wrestle with concerns whether they are

deciding their family size or parenting one child right now      A Parents' Guide to Raising an Only-Child Michael K. Meyerhoff, 1993-09-01      **Parenting an Only Child** Susan Newman, 1998-10 By a child care authority and mother of an only child this useful knowledgeable book provides sound advice on creating an enriching environment that's stimulating and enjoyable for only children and their parents alike      **Parenting Only One Child** Frederick M Jefferson, 2022-09-15 Is raising a happy sole child possible Can we be content with just one kid Both of these questions have a resounding yes as their response The percentage of couples choosing to just have one child has significantly increased in recent years Having only one child brings special considerations opportunities and benefits whether by choice or by chance The stereotypes of the lonely spoilt only child are dispelled by social psychologist Frederick M Jefferson who has been researching single child homes since the 1980s He also provides in depth discussion of the important topics such as Deciding on the ideal family size for you Resisting the urge to get another Retaining the balance of power in a home with three people Raising the only child by yourself Establishing limits with a young child who is accustomed to receiving your full attention Promoting only children's strong academic success originality and independence The results of having parents as role models rather than siblings Dispelling long standing myths about only children Establishing family networks and other future support systems This is the most approachable current manual of its kind with psychologist Frederick sharing his knowledge and offering practical advice while presenting fascinating findings and family stories Parenting Only One Child provides reassuring clarity and unique insight for couples who are either raising an only child or are considering the choice

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