

**"Valerie Young is to impostor syndrome what
Brené Brown is to vulnerability."
—Mark Leruste, founder of The Unconventionalists**

THE SECRETS THOUGHTS OF SUCCESSFUL WOMEN

**And Men: Why Capable People
Suffer from Impostor Syndrome
and How to Thrive in Spite of It**

VALERIE YOUNG, ED.D.

Secret Thoughts Of Women

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