

# Secret Doctors

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ETHNOMEDICINE OF  
AFRICAN AMERICANS

Wonda L. Fontenot

# Secret Doctors Ethnomedicine Of Africanamericans

**Jeffrey E. Anderson**



## **Secret Doctors Ethnomedicine Of Africanamericans:**

**Secret Doctors** Bloomsbury Publishing,1994-08-23 Based on an ethnographic study of the traditional medicine of African Americans in the rural southern United States this work concentrates on the original Louisiana Territory with its Native and African American indigenous traditions and the French migration and Black Haitian freed and enslaved population influx during the 1700s and 1800s Fontenot finds strong ties between rural Louisiana practices and Haitian and West African medicine The ethnographer a native of the region where she did her research is respected among local practicing secret doctors and is able to give a unique insider s view Aside from documenting a rare treasure of our American cultural diversity this study has a wider purpose in the field of health practices and policy The high cost of Western medicine lack of access to quality care and the patient doctor ratio are areas of major national concern and rural residents and people of color are recognized to be the most at risk populations The alternative health care system presented here can strengthen mainstream medicine s understanding of such patient populations while preserving valuable knowledge of healing plants and culturally sensitive therapies

**African American Slave Medicine** Herbert C. Covey,2008-09-09 African American Slave Medicine offers a critical examination of how African American slaves medical needs were addressed during the years before and surrounding the Civil War Drawing upon ex slave interviews conducted during the 1930s and 1940s by the Works Project Administration WPA Dr Herbert C Covey inventories many of the herbal plant and non plant remedies used by African American folk practitioners during slavery He demonstrates how active the slaves were in their own medical care and the important role faith played in the healing process This book links each referenced plant or herb to modern scientific evidence to determine its actual worth and effects on the patients Through his study Dr Covey unravels many of the complex social relationships found between the African American slaves Whites folk practitioners and patients African American Slave Medicine is a compelling and captivating read that will appeal to scholars of African American history and those interested in folk medicine

**African-American Slave Medicine** , *Daily Life of African Americans in Primary Documents* Herbert C. Covey,Dwight Eissnach,2020-11-24 *Daily Life of African Americans in Primary Documents* takes readers on an insightful journey through the life experiences of African Americans over the centuries capturing African American experiences challenges accomplishments and daily lives often in their own words This two volume set provides readers with a balanced collection of materials that captures the wide ranging experiences of African American people over the history of North America Volume 1 begins with the enslavement and transportation of slaves to North America and ends with the Civil War Volume 2 continues with the beginning of Reconstruction through the election of Barack Obama to the U S presidency Each volume provides a chronology of major events a historic overview and sections devoted to domestic material economic intellectual political leisure and religious life of African Americans for the respective time spans Volume 1 covers a wide variety of topics from a multitude of perspectives in such areas as enslavement life during the Civil War common foods

housing clothing political opinions and similar topics Volume 2 addresses the civil rights movement court cases life under Jim Crow Reconstruction busing housing segregation and more Each volume includes 100 110 primary sources with suggested readings from government publications court testimony census data interviews newspaper accounts period appropriate letters Works Progress Administration interviews sermons laws diaries and reports

**African American Alternative Medicine** Eric J. Bailey, 2002-08-30 In order to examine the importance of alternative medicine to the African American population this book focuses on the African American health belief system and the treatment strategies often used and documented This book includes a cultural historical view of alternative medicine s use within the African American community and shows how it was an integral part of African American culture The author highlights a number of studies that examine alternative and complementary therapies associated with specific diseases among African Americans Case studies are presented to show the types of alternative and complementary medicines used for specific diseases and to determine whether the alternative and complementary therapy was effective or not Moreover the cultural perceptions of the specific disease are presented to provide reasons why African Americans tend to use the particular alternative and complementary medical therapy for the disease The book serves as a resource guide for students healthcare professionals researchers policymakers and the general public

*The Healing Tree* Stephanie Rose Bird, 2025-09-12 A beautiful blend of folklore botanical science acquired wisdom and spiritual guidance from the foreword by Luisah Teish If you want to learn about the reciprocal spiritual connection between humans and trees you re going to love this beautiful book Tess Whitehurst author of *The Magic of Trees* Reclaiming traditional botanical and herbal practices has never been more important than it is today So much of our future depends on our ability to use ancient earth knowledge In this crucially important book author Stephanie Rose Bird recounts the story of the sacred wood how to live in it learn from it and derive spiritual enrichment from it as well as how to preserve and protect it *The Healing Tree* offers functional accessible recipes remedies and rituals derived from a variety of African and African American traditions to serve mind body soul and spirit *The Healing Tree* celebrates the forest its powers spirits magic medicine and mysteries Bird shares how trees have provided her with personal healing then allows us to share in that process for our own benefit Bird s book follows her own personal journey but Africa is always her touchstone the persistent and tenacious ancestral mother wisdom and spiritual foundation that refuses to fade away *The Healing Tree* preserves this knowledge presenting it as relevant and viable and demonstrating in intimate detail how vestiges of that knowledge took root in the Western Hemisphere in African American culture and more broadly in American culture in general Previously published as *A Healing Grove* this updated edition includes a new preface by the author and a source guide for the botanicals discussed within

*African American Religion* Hans A. Baer, 2024-07-31 Now in an updated second edition *African American Religion* remains an invaluable overview of the great diversity of religious groups within the modern African American community This plethora of forms reflects a tension that has characterized African American

religion since its beginnings a tension between accommodation to and protest against white society's domination Viewing African American sectarianism as a response to racism and social stratification in the larger society the authors trace the history beliefs social organization and ritual content of religious groups in four types of sects These include the Black mainline churches messianic nationalist sects such as the Nation of Islam conversionist sects such as the Holiness Pentecostal groups and Primitive Baptists and thaumaturgical sects including the Spiritual churches For this new edition the authors have incorporated research that has appeared since the book's original appearance in 1992 and have added two new chapters African Religious Healing and Folk Medicine and African American Sacred Music because of these topics enormous significance to the African American religious experience

Engendering African American Archaeology Jillian E. Galle, Amy L. Young, 2004 Taken together these essays represent a departure in historical archaeology an important foray into the study of the construction of gender within various African American communities that is based in the archaeological record Those interested in historical archaeology history women's studies and African American studies will find this a valuable addition to the literature Topics range from gendered residential and consumption patterns in colonial Virginia and the construction of identity in Middle Tennessee to midwifery practices in postbellum Louisiana Contributors to this volume include Melanie Cabak Marie Danforth Garrett Fesler Jillian Galle Barbara Heath Larry McKee Patricia Samford Elizabeth Scott Brian Thomas Larissa Thomas Laura Wilkie Kristin Wilson and Amy Young

**BOOK JACKET** **Conjure in African American Society** Jeffrey E. Anderson, 2008-08 From black sorcerers client based practices in the antebellum South to the postmodern revival of hoodoo and its tandem spiritual supply stores the supernatural has long been a key component of the African American experience What began as a mixture of African European and Native American influences within slave communities finds expression today in a multimillion dollar business In *Conjure in African American Society* Jeffrey E. Anderson unfolds a fascinating story as he traces the origins and evolution of conjuring practices across the centuries Though some may see the study of conjure as a perpetuation of old stereotypes that depict blacks as bound to superstition the truth Anderson reveals is far more complex Drawing on folklore fiction and nonfiction music art and interviews he explores various portrayals of the conjurer backward buffoon rebel against authority and symbol of racial pride He also examines the actual work performed by conjurers including the use of pharmacologically active herbs to treat illness psychology to ease mental ailments fear to bring about the death of enemies and acquittals at trials and advice to encourage clients to succeed on their own By critically examining the many influences that have shaped conjure over time Anderson effectively redefines magic as a cultural power one that has profoundly touched the arts black Christianity and American society overall

The Healing Power of African-American Spirituality Stephanie Rose Bird, 2022-02 The essential resource and guide to African American spirituality and traditions This is a fabulous resource for anyone who wants to understand African American spirituality shamanism and indigenous spiritual practices and beliefs It is designed to be informative while providing hands on recipes rituals projects

and resources to help you become an active participant in its wonderfully soulful traditions Inside you will find 1 A celebration of healing magic and the divination traditions of ancient African earth based spirituality 2 An explanation of how these practices have evolved in contemporary African American culture 3 A potpourri of recipes rituals and resources that you can use to heal your life Among the topics covered African spiritual practices of Santeria Obeah Lucumi Orisa and Quimbois Hoodoo and how to use it to improve your health Ancient healing rituals and magical recipes of Daliluw Talking drums spiritual dancing clapping tapping singing and changing ower objects tricks and mojo bats and herbal remedies Previously published as The Big Book of Soul      **The Voodoo Encyclopedia** Jeffrey E. Anderson,2015-08-26 This compelling reference work introduces the religions of Voodoo a onetime faith of the Mississippi River Valley and Vodou a Haitian faith with millions of adherents today Unlike its fictional depiction in zombie films and popular culture Voodoo is a full fledged religion with a pantheon of deities a priesthood and communities of believers Drawing from the expertise of contemporary practitioners this encyclopedia presents the history culture and religion of Haitian Vodou and Mississippi Valley Voodoo Though based primarily in these two regions the reference looks at Voodoo across several cultures and delves into related religions including African Vodun African Diasporic Religions and magical practices like hoodoo Through roughly 150 alphabetical entries the work describes various aspects of Voodoo in Louisiana and Haiti covering topics such as important places traditions rituals and items used in ceremonies Contributions from scholars in the field provide a comprehensive overview of the subject from various perspectives and address the deities and ceremonial acts The book features an extensive collection of primary sources and a selected general bibliography of print and electronic resources

**Reading Africa into American Literature** Keith Cartwright,2021-12-14 The literature often considered the most American is rooted not only in European and Western culture but also in African and American Creole cultures Keith Cartwright places the literary texts of such noted authors as George Washington Cable W E B DuBois Alex Haley Zora Neale Hurston Ralph Ellison William Faulkner Joel Chandler Harris Herman Melville Toni Morrison and many others in the context of the history spiritual traditions folklore music linguistics and politics out of which they were written Cartwright grounds his study of American writings in texts from the Senegambian Old Mali region of Africa Reading epics fables and gothic tales from the crossroads of this region and the American South he reveals that America s foundational African presence along with a complex set of reactions to it is an integral but unacknowledged source of the national culture identity and literature

**Voodoo** Jeffrey E. Anderson,2024-03-20 Despite several decades of scholarship on African diasporic religion Voodoo remains underexamined and the few books published on the topic contain inaccuracies and outmoded arguments In Voodoo An African American Religion Jeffrey E Anderson presents a much needed modern account of the faith as it existed in the Mississippi River valley from colonial times to the mid twentieth century when he argues it ceased to thrive as a living tradition Anderson provides a solid scholarly foundation for future work by systematizing the extant information on a religion

that has long captured the popular imagination as it has simultaneously engendered fear and ridicule His book stands as the most complete study of the faith yet produced and rests on more than two decades of research utilizing primary source material alongside the author's own field studies in New Orleans Haiti Cuba Senegal Benin Togo and the Republic of Congo The result serves as an enduring resource on Mississippi River valley Voodoo Louisiana and the greater African Diaspora

*Doctoring the South* Steven M. Stowe, 2011-01-20 Offering a new perspective on medical progress in the nineteenth century Steven M Stowe provides an in depth study of the midcentury culture of everyday medicine in the South Reading deeply in the personal letters daybooks diaries bedside notes and published writings of doctors Stowe illuminates an entire world of sickness and remedy suffering and hope and the deep ties between medicine and regional culture In a distinct American region where climate race and slavery and assumptions about southernness profoundly shaped illness and healing in the lives of ordinary people Stowe argues that southern doctors inhabited a world of skills medicines and ideas about sickness that allowed them to play moral as well as practical roles in their communities Looking closely at medical education bedside encounters and medicine's larger social aims he describes a country orthodoxy of local social medical practice that highly valued the art of medicine While not modern in the sense of laboratory science a century later this country orthodoxy was in its own way modern Stowe argues providing a style of caregiving deeply rooted in individual experience moral values and a consciousness of place and time

*Hoodoo, Voodoo, and Conjure* Jeffrey E. Anderson, 2008-10-30 Hoodoo voodoo and conjure are part of a mysterious world of African American spirituality that has long captured the popular imagination These magical beliefs and practices have figured in literary works by such authors as Toni Morrison Alice Walker and Ishmael Reed and they have been central to numerous films such as *The Skeleton Key* Written for students and general readers this book is a convenient introduction to hoodoo voodoo and conjure The volume begins by defining and classifying elements of these spiritual traditions It then provides a wide range of examples and texts which illustrate the richness of these beliefs and practices It also examines the scholarly response to hoodoo voodoo and conjure and it explores the presence of hoodoo voodoo and conjure in popular culture The volume closes with a glossary and bibliography Students in social studies classes will use this book to learn more about African American magical beliefs while literature students will enjoy its exploration of primary sources and literary works

*The Archaeology of Mothering* Laurie A. Wilkie, 2003 First Published in 2003 Routledge is an imprint of Taylor Francis an informa company

*Farming While Black* Leah Penniman, 2018-10-30 Recipient of the 28th Heinz Awards for the Economy Leah Penniman James Beard Foundation Leadership Award 2019 Leah Penniman Choice Reviews Outstanding Academic Title An extraordinary book part agricultural guide part revolutionary manifesto VOGUE Named a Best Book on Sustainable Living and Sustainability by Book Riot In 1920 14 percent of all land owning US farmers were black Today less than 2 percent of farms are controlled by black people a loss of over 14 million acres and the result of discrimination and dispossession While farm management is among the whitest of professions farm labor is

predominantly brown and exploited and people of color disproportionately live in food apartheid neighborhoods and suffer from diet related illness The system is built on stolen land and stolen labor and needs a redesign Farming While Black is the first comprehensive how to guide for aspiring African heritage growers to reclaim their dignity as agriculturists and for all farmers to understand the distinct technical contributions of African heritage people to sustainable agriculture At Soul Fire Farm author Leah Penniman co created the Black and Latinx Farmers Immersion BLFI program as a container for new farmers to share growing skills in a culturally relevant and supportive environment led by people of color Farming While Black organizes and expands upon the curriculum of the BLFI to provide readers with a concise guide to all aspects of small scale farming from business planning to preserving the harvest Throughout the chapters Penniman uplifts the wisdom of the African diasporic farmers and activists whose work informs the techniques described from whole farm planning soil fertility seed selection and agroecology to using whole foods in culturally appropriate recipes sharing stories of ancestors and tools for healing from the trauma associated with slavery and economic exploitation on the land Woven throughout the book is the story of Soul Fire Farm a national leader in the food justice movement The technical information is designed for farmers and gardeners with beginning to intermediate experience For those with more experience the book provides a fresh lens on practices that may have been taken for granted as ahistorical or strictly European Black ancestors and contemporaries have always been leaders and continue to lead in the sustainable agriculture and food justice movements It is time for all of us to listen A moving and powerful how to book for Black farmers to reclaim the occupation and the contributions of the BIPOC community that introduced sustainable agriculture BookRiot com Leah Penniman is opening the door for the next generation of farmers CBS This Morning

**Creating Freedom** Laurie A. Wilkie, 2000-10-01 Historians conception of plantation life in the American South both post and antebellum derives almost exclusively from the written record hence mainly from the white owners perspectives In Creating Freedom historical archaeologist Laurie Wilkie pulls the half opened curtain wider by seeking out the experiences of the majority of people who made their home on plantations the African American laborers Specifically Wilkie examines the lives of four black families who lived at Oakley Plantation in south Louisiana s West Feliciana Parish over the course of one hundred years Using an innovative blend of archaeological evidence and oral interviews as well as written documents she builds a composite of their daily existence that is at once riveting and humanizing in its detail and invaluable in its broader applications Creating Freedom is in part Wilkie s attempt to understand how African Americans at Oakley Plantation and by extension most southern blacks endured the violence and oppression of slavery Reconstruction and Jim Crow It is through their material culture enhanced by a range of other data that she describes the complex but uplifting process by which they retained their ties to a cultural past while renegotiating their identity as free persons

**Reclaiming Spirit in the Black Faith Tradition** D. Hicks, 2012-10-31 This work attempts to uncover the function of religion for those degraded on the basis of race Accordingly Recalibrating Spirit reveals the role of religion in critical reflection on and active



protest against negative assertions about racial identity in general and the abuse of black life in particular      Explaining  
Illness Bryan B. Whaley, 1999-11 This volume studies the explanation of illness in various cultural and social contexts It is  
essential reading for scholars and practitioners in health communication and health care fields including nursing public  
health and medicine

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