

Week 2

Readings: Community Health Nursing Chapter 8

Chapter 8 - Health Promotion

Define and describe the concepts of health and health promotion.

- Health: a state of sound body, mind and spirit; a state of wholeness
- Health promotion: the process of enabling people to increase control over, and to improve, their health to reach a state of complete physical, mental and social well being

Describe the differences between upstream and downstream approaches to addressing health issues in a population.

- Upstream approaches: prevention and promotion strategies focused on policy interventions that benefit the whole population
 - Usually extend beyond addressing individual behaviours and identify programs, policies and environmental changes that will impact the health of a population
 - Eg. nursing actions that advocate for safer environments that encourage safe and affordable exercise, such as walking, running, inline skating and biking
- Downstream approaches

Define the concepts of primary health care, and identify its values, principles and elements.

- Primary health care: essential health care based on practical, scientifically sound and socially acceptable methods and technology made universally accessible to individuals and families in the community through their full participation
- Five key components:
 1. Reducing exclusion and social disparities in health
 2. Organizing health services around people's needs and expectations
 3. Integrating health into all sectors
 4. Pursuing collaborative models of policy dialogue
 5. Increasing stakeholder participation

Explain the significance of the Ottawa Charter, and identify key issues from other charters for health promotion.

- Ottawa Charter for Health Promotion: document intended to be a worldwide charter for action, presenting strategies and approaches for health promotion that were considered vital for major progress towards health
- Five key action areas for health promotion:
 1. Build healthy public policy
 2. Create supportive environments for health
 3. Strengthen community action
 4. Develop personal skills
 5. Reorient health services toward preventing diseases and promoting health



Readings In Community Health Nursing

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Readings In Community Health Nursing:

Readings in Community Health Nursing, 4e Spradley, 1998-03-21 *Readings in Community Health Nursing* Barbara Walton Spradley, Judith Ann Allender, 1997 This superb collection of 57 readings from 100 leaders and experts in the community and public health combines classic articles and recently published discussions to offer a practical hands on guide to the key issues affecting community health nursing today Cover *Readings in Community Health Nursing* Barbara W. Spradley, 1986-01-01 *Community/Public Health Nursing Practice* Frances A. Maurer, Claudia M. Smith, 2012-10-01 Focusing on practical need to know information Community Public Health Nursing Practice helps you learn how to apply the nursing process at the community and family level It features an engaging easy to understand writing style as well as assessment tools detailed case studies and clinical examples that demonstrate how key concepts apply to real world practice Additional resources on the companion Evolve website expand and enhance content within the text Practical features including Case Studies Ethics in Practice and The Nursing Process in Practice illustrate real world applications of key community public health nursing concepts A complete unit on the community as client helps you understand how the assessment diagnosis planning intervention and evaluation steps of the nursing process apply to the community as opposed to an individual A chapter devoted to community assessment provides a complete assessment tool and shows you how the tool applies to two different types of communities UNIQUE A chapter on screening and referral promotes population focused practice which is the crux of community public health nursing A separate unit on the family emphasizes the importance of viewing the family as a singular client A complete discussion of the Minnesota Wheel helps you better understand this widely accepted framework for community public health nursing practice Helpful sections such as Focus Questions Chapter Outlines Key Ideas and Learning by Experience and Reflection help you pinpoint essential information NEW Healthy People 2020 objectives throughout the text help you identify common health risk factors in populations and families NEW Coverage of health care reform including the Patient Protection and Affordable Care Act of 2010 PPACA explores how current health care legislation impacts community public health nursing NEW Discussions of community health hot button issues such as human trafficking genital circumcision and bullying introduce you to today s health care challenges NEW Information on weather related disaster fatalities bioterrorism and national and state planning responses familiarize you with current relevant issues which affect the health of populations worldwide and shape the role of the community public health nurse *Handbook of Health Administration and Policy* Anne Kilpatrick, 1998-11-23 This comprehensive text offers a broad view of health care policy health services delivery and organization and health care management Drawing on the insights of over 100 scholars and leading practitioners it highlights organizational changes reflected in health care mergers networks and affiliations and describes the role of funding agencies in the direct provision of services Providing over 2350 references tables and drawings the book charts the influences of managed care on provisions funding and the configuration of providers and services and

portrays the increasingly influential and challenging role of health administrators *Readings : Community Health Nursing Science. 3 : CHN003. Package 1* World Health Organization,1980 *Current Catalog* National Library of Medicine (U.S.),1982 First multi year cumulation covers six years 1965 70 Community Health Nursing Judith Ann Allender,Barbara Walton Spradley,2001 This edition of Community Health Nursing Concepts and Practice continues to be written with you the undergraduate nursing student in mind It is user friendly with many mini case studies woven throughout the text in order for you to more easily apply the information with your clients The text is comprehensive and incorporates the impact of the global health status We are a small planet with big health problems that impact each person s health and the role of the community health nurse now and in the future As a nation we have a new and continuing health agenda through Healthy People 2010 that gives direction to our work These new goals and objectives are incorporated throughout the text Finally the text format is designed to provide you with the comprehensive globally sensitive information and skills you need to be and effective practitioner with aggregates groups and individuals in the community **National Library of Medicine Current Catalog** National Library of Medicine (U.S.),1982 *Readings* ,198? **Community Health Nursing Science 1 (Pr. 1)** Charlotte Searle,Hilla Brink,University of South Africa. Department of Nursing Science,1981 Community Health Nursing Science II Pretoria (South Africa). Univesiteit van Suid-Afrika. Department Verpleegkunde,19?? Developing an Online Course Carol A. O'Neil,Cheryl A. Fisher,Susan K. Newbold,2004 This book takes educators through the necessary steps to transform a traditional course into an online or partially online course which may be part of a traditional nursing education program a continuing education course or a certification program The authors address questions such as How can learning theories be applied online What does class participation mean online What are options for clinical lab experiences What sort of technical support will I need Readers will fin Community Child and Adolescent Psychiatry Theodore A. Petti,Carlos Salguero,2007-05-03 Child psychiatrists and psychologists clinical nurses social workers and other mental health practitioners working in the public sector where limited funds poverty social environments and bureaucracy add to the daily challenges can now turn to Community Child and Adolescent Psychiatry for approaches and insights to make their work easier and more productive Twenty chapters are divided into four main sections where 31 seasoned clinicians and administrators detail the most useful tasks strategies and tactics for child and family focused community mental health professionals Multiple facets of public sector agency work with or consultation to community agencies from the major mental health disciplines employed in community settings differentiating roles and responsibilities and detailing consultation phases including pitfalls Basic community practice principles and issues commonly faced by public sector professionals including particular types of agencies and differences between rural and urban practice Contemporary concerns about the impact of a managed care or cost cutting environment on service delivery including reimbursement differentiating consultation from direct service and the location of a system of care Descriptions of the setting or activity of each community agency including

the qualifications that allow the professional or trainee to enter and work in that system Practicalities of clinical practice or consultation or both in community settings in the current service environment Questions from differing perspectives that mental health care practitioners must consider before consulting to or assuming a staff or administrative position in a community agency different types of demands and discussion of for each role Managed care has forever altered the service system landscape of mental health care in both the private and public sectors Community Child and Adolescent Psychiatry provides insight into the public system of care and the requisite tools to manage the rapidly changing clinical political and administrative landscape As a resource guide to the profession Community Child and Adolescent Psychiatry emphasizes the practical necessities of child psychiatrists and other professionals working with mentally ill youngsters and their families in the practice of community psychiatry and public mental health Trainees practitioners and administrators alike will welcome this indispensable road map to a higher level of practice in community settings

Catalogue of the University of Michigan University of Michigan, 1967 Announcements for the following year included in some vols **University of Michigan Official Publication** , Monthly Catalog of United States Government Publications , 1978 *Monthly Catalogue, United States Public Documents* , 1978 **Brunner & Suddarth's Textbook of Medical-surgical Nursing** Suzanne C. O'Connell Smeltzer, Brenda G. Bare, Janice L. Hinkle, Kerry H. Cheever, 2010 Preparing students for successful NCLEX results and strong futures as nurses in today's world Now in its 12th edition Brunner and Suddarth's Textbook of Medical Surgical Nursing is designed to assist nurses in preparing for their roles and responsibilities in the medical surgical setting and for success on the NCLEX In the latest edition the resource suite is complete with a robust set of premium and included ancillaries such as simulation support adaptive testing and a variety of digital resources helping prepare today's students for success This leading textbook focuses on physiological pathophysiological and psychosocial concepts as they relate to nursing care Brunner is known for its strong Nursing Process focus and its readability This edition retains these strengths and incorporates enhanced visual appeal and better portability for students Online Tutoring powered by Smarthinking Free online tutoring powered by Smarthinking gives students access to expert nursing and allied health science educators whose mission like yours is to achieve success Students can access live tutoring support critiques of written work and other valuable tools Individual Family & Community Phoebe A. Dautz-Williams, Arthur R. Williams, 2000

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