

## Preparación para la muerte y celebración de la vida: apoyo emocional para familias con hijos enfermos del corazón en México

Psic. Almudena March-Mitsut, Psic. Gabriela Ma. Gómez-Macal

### RESUMEN

Desde el nacimiento de una persona hasta el momento en que ésta hace estímulos y susciones críticas que llevan que confrontarse para poder crecer internamente y seguir viviendo. Cuando la familia se enfrenta al diagnóstico de enfermedad congénita cardíaca, se dan cuenta que la expectativa de vida para su hijo enfermo y los planes que tienen para el futuro, son inciertos hasta que puedan conocer los resultados de la cirugía o el tratamiento médico que se les indique.

En el Instituto Nacional de Pediatría, a pesar de que la cirugía cardíaca de defectos congénitos ha tenido un gran avance en los últimos años, aún tenemos que manejar muchas factores socioeconómicos que a veces bloquean la recuperación del niño después de la operación. Nuestro hospital pertenece al sector público y es subvencionado por el gobierno. Las familias que atendemos no tienen ningún tipo de seguro médico ni seguro social y muchas viven en situación de pobreza, con todos los consecuentes que esta condición lleva consigo. En todas las cirugías complejas del corazón que se realizan en nuestro Instituto acompañamos a las familias desde el momento en que llegan al hospital hasta que el niño regresa a la escuela. En el camino tratamos con ellos el tema de la muerte en varias ocasiones y este hecho nos permite establecer un lazo especial entre ellos y nosotros. Existeza a su lado al su hijo llega a la clínica y ofrecemos apoyo psicológico durante el tiempo que lo necesiten, a nivel individual y con un grupo de apoyo para padres de familia.

**Palabras clave:** Apoyo emocional, preparación para la muerte, teriología, cardiopatías congénitas.

### ABSTRACT

From the time of birth to the moment of death, there are several critical moments human beings has to face in order to grow internally and go on living. When families are confronted with the diagnosis of congenital heart disease, they realize that the expectation and plans for the future of their child are uncertain until the results of the surgical or medical treatment are known.

At the Instituto Nacional de Pediatría, congenital heart surgery has advanced considerably in the last 7 years. However we still have to deal with many socioeconomics factors that block postoperative recovery. Due to the fact that our hospital is government founded, most of our families have no medical insurance or social security and they live in extreme poverty with all the consequences of this lifestyle. In all of our complex heart surgeries we accompany the family from the moment they arrive to the hospital until the child goes back to school. Along the way we deal with the possibility of death several times, and this creates a special bond between us. This includes being at their side when their child dies, offer individual counseling and be a part of a great support group afterwards. On the other hand, when the child survives we gladly stay with them to celebrate life in a meaningful way.

**Key words:** Emotional support, death preparation, thriatology, congenital heart disease.

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muerte a futuro after pediatric". II Reunión del grupo de trabajo psicosocial de la Asociación Europea de Cardiología Pediátrica.

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# Preparacion Para La Vida

**Marino Restrepo**

## **Preparación Para La Vida:**

Preparación para la muerte 1a. ed. , **Teoría de la Educación** ,1930 *Educación, empleo y formación profesional en la Unión Europea* Luis M. Lázaro Lorente,M. Jesús Martínez Usarralde,1999 1 Notas introductorias acerca de educación desarrollo económico y empleo 2 Las políticas educativas de la Unión Europea 3 La Formación Profesional en la Europa de los noventa **Orientación educativa parte I** Miriam Rodríguez Ojeda,2021-02-04 Esta obra comprende una serie de orientaciones y perspectivas en la educación con el objetivo de perfeccionar la profesionalidad del pedagogo Abarca consideraciones desafiantes y técnicas de orientación ante los retos del perfeccionamiento del proceso educativo además contribuye al desarrollo y formación de educadores **Publications** United States. Department of State. Central Translating Office,1952 La universidad ante los retos del siglo XXI Carlos Tünnermann Bernheim,2003 Human Development Grace J. Craig,Don Baucum,1999 Designed for students from a wide range of backgrounds this text takes a chronological and interdisciplinary approach to human development With its focus on context and culture the 8 E illustrates that the status of human development is inextricably embedded in a study of complex and changing cultures Hacia una escuela ciudadana Juan Delval,2006 Son felices nuestros hijos en las escuelas les estamos proporcionando la formación que necesitan para integrarse en la sociedad del futuro y para contribuir a los cambios sociales que nos permitan vivir en un mundo más justo En todos los países se habla con frecuencia de reformas educativas pero cuando las analizamos en detalle nos encontramos con que solo se refieren a los aspectos más superficiales y periféricos de la educación por lo que tienen poca incidencia sobre los tres aspectos fundamentales que habrá que modificar La organización social de la escuela la forma de aprender y las relaciones de la escuela con la comunidad Hoy es muy frecuente hablar de la necesidad de formar ciudadanos de la importancia de la formación cívica y moral de educar para la convivencia y la democracia y de adquirir niveles de competencias semejantes a los de otros países Alcanzar todo eso requerirá realizar cambios profundos en el funcionamiento cotidiano de las escuelas cambios que son difíciles de lograr mediante meros retoques en la legislación Por el contrario esos cambios deberán implicar a todos los que están preocupados por la educación no solo a los profesores los padres o los administradores sino a toda la población porque la educación es una tarea que realiza la sociedad en su conjunto Es necesario cambiar el clima y la organización en el interior de los centros escolares prestar más atención a la vida social dejar participar a los alumnos e implicarlos profundamente en las actividades que realizan para conseguir que lleguen a convertirse en individuos autónomos capaces de pensar por sí mismos En este libro se proponen algunas ideas que permitan reflexionar sobre los cambios que deberán introducirse en la escuela para que esta contribuya a formar ciudadanos y no solo alumnos Juan DELVAL es catedrático en la Universidad Nacional de Educación a Distancia fue alumno de Jean Piaget en la Universidad de Ginebra y trabaja desde hace muchos años sobre el desarrollo del pensamiento infantil Recogiendo el resultado de 40 años de trabajo con niños y adolescentes ha publicado numerosas obras sobre psicología y educación entre ellas Crecer y pensar La

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compartiendo sus experiencias m sticas durante el tiempo que estuvo privado de la libertad por siete meses en el estado de California en el a o 2002 A pesar de todo en medio de este escenario agresivo depresivo en esencia corrompido Dios se hace presente y se glorifica en forma esplendorosa en los corazones de seres que la humanidad ha dado por desechos y desea enterrarlos para siempre

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es una de las obras m s importantes de la pedagog a del siglo XX Su edici n es especialmente oportuna como un recurso para evitar que una filosof a y un concepto tan valiosos como democracia puedan llegar a convertirse en f rmula vac a en simple eslogan propagand stico John DEWEY pone de manifiesto las cuestiones pol ticas y morales impl citas en los discursos educativos Defiende que el sistema educativo de una democracia se caracteriza porque sus centros de ense anza mantienen un claro compromiso con la promoci n de contenidos culturales y modalidades organizativas que contribuyen a la formaci n de personas comprometidas con valores y modelos democr ticos de sociedad Deja claro que la educaci n es una modalidad de acci n pol tica en la medida en que obliga a la reflexi n y valoraci n de dimensiones sociales pol ticas econ micas culturales y morales de la sociedad En sus numerosos cap tulos el autor reflexiona con rigor sobre cuestiones como la funci n social y los fines de la educaci n los m todos de ense anza el significado y las peculiaridades de los contenidos culturales o materias de estudio los valores educativos el juego y el trabajo los aspectos sociales y vocacionales de la educaci n y las dimensiones morales en las relaciones y los procesos educativos La obra de John DEWEY es de lectura obligada para profesionales y todas aquellas personas que quieran reflexionar cr ticamente y comprometerse con los problemas sociales de la actualidad desde las instituciones escolares Esta edici n ofrece la traducci n integral del original escrito por John DEWEY El texto se ha revisado minuciosamente comple t ndose con partes que hasta ahora se hab an omitido y que en muchas ocasiones presentan una nueva visi n de la teor a de este autor Este estudio de DEWEY otorga una importancia continuada a diversos aspectos

incluidos en los temas transversales de nuestra reforma educativa por lo que es de vigente actualidad      [Meditaciones](#).  
Tomo III Marino Restrepo,2011-07-18 Este es el tercer tomo de una experiencia que no termina si la vemos desde el vientre de lo que aconteci en lo espiritual pues cada instante de mi experiencia tras las rejas podr a llamarlo como vivir caminando sobre el techo del infierno contemplando la experiencia de la salvaci n al otro lado de una puerta que cerrada con cadenas y candados me desafiaba a concebirla abierta un d a invit ndome a vivir la plenitud de una verdadera libertad Para el lector que no haya le do los dos primeros tomos le comparto que esta experiencia a que me refiero aconteci tras las rejas en varios centros carcelarios del sur de California Estados Unidos Todo lo que va a leer en este libro hace parte de una vida sobrenatural en medio de las circunstancias m s naturales y sobretodo m s absurdas El contenido de este libro hace parte de lo que la Iglesia llama una revelaci n privada que no puede en ning n momento insinuarle al lector que sea un dep sito de la fe o una verdad sobre la cual deba vivir por encima de las ense anzas de la Iglesia      **Bulletin** ... Puerto Rico. Department of Education,1917      *Auxiliar de Jardin de Infancia. Test Del Temario General.e-book.* Jos茅 Manuel P茅rez Santana,Antonio Caballero Oliver,Manuel Al茅s Reina,2004-04-05      [Education](#) Pan American Union,1920      [Diario de sesiones de la Cmara de diputados](#) Argentina. Congreso de la Nacin. Cmara de Diputados de la Nacin,1914      [Revista teosofica cubana](#) ,1921

## **Preparacin Para La Vida** Book Review: Unveiling the Power of Words

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