

PHV Prenatal Health™ - Prenatal Vitamins

PHV Prenatal Plus Multivitamin tablets are formulated to provide vitamin and mineral supplementation throughout pregnancy and during the postnatal period, for both lactating and non-lactating mothers, and are useful for improving nutritional status prior to conception.

DIRECTIONS: One tablet daily with a meal, or as directed by a physician.

TAMPER EVIDENT FEATURE: Do not use if inner-seal beneath cap is missing or broken.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

CAUTION: Folic Acid may mask the symptoms of hematological damage due to Vitamin B12 deficiency of pernicious anemia while the associated neurological damage progresses.

Other Information: To report a serious adverse event or obtain product information, call 1-888-750-5290. Store at controlled room temperature 15°-30°C (59°-86°F). Protect from excess heat and moisture. Dispense in a tight, light-resistant container with child-resistant closure.

IF OVERDOSAGE IS SUSPECTED, SEEK PROFESSIONAL ASSISTANCE OR CONTACT A POISON CONTROL CENTER IMMEDIATELY 1-800-222-1222.

The numeric identifier on this product's labeling is an assigned product code for use with pharmacy-level, health-insurance and state level reimbursement programs and is not intended to denote registration with the FDA.

*The manufacturer of this product requires that it be dispensed only under the order of a physician or licensed medical practitioner.

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



**Prenatal Plus
MULTIVITAMIN
Tablets**

Dispense under a physician's order*

Provides vitamin and mineral supplementation throughout pregnancy and postnatal period*

Dietary Supplement



44946-1045-1

**100
TABLETS**

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 100

	Amount per serving	% Daily Value
Vitamin A (from Acetate and Beta Carotene)	4000 IU	80%
Vitamin C (Ascorbic Acid)	120 mg	200%
Vitamin D-3 (Cholecalciferol)	400 IU	100%
Vitamin E (dl-Alpha Tocopheryl Acetate)	22 mg	50%
Vitamin B-1 (from Thiamine Mononitrate)	1.24 mg	108%
Vitamin B-2 (Riboflavin)	3 mg	150%
Niacin (as Nicotinamide)	20 mg	100%
Vitamin B-6 (from Pyridoxine HCl)	10 mg	400%
Folic Acid	1 mg	125%
Vitamin B-12 (Cyanocobalamin)	12 mcg	100%
Calcium (as Calcium Carbonate)	200 mg	15%
Iron (from Ferrous Fumarate)	37 mg	180%
Zinc (from Zinc Oxide)	25 mg	187%
Copper (from Cupric Oxide)	2 mg	100%

OTHER INGREDIENTS: Croscarmellose Sodium, Microcrystalline Cellulose, Talc, Magnesium Stearate.

Manufactured for:

Agile RX LLC

Bonnyton Beach, FL 33437

(888) 750-5290



Made in the USA



LOT/EXP

REV 05/02/19

NON VARNISH

Prenatal Prescription

Theresa Mallick-Searle

A red circular graphic with a gradient, appearing as a partial circle or a stylized arrow pointing to the right, located to the right of the author's name.

Prenatal Prescription:

Nutrition During Pregnancy and Lactation National Academies of Sciences, Engineering, and Medicine, Health and Medicine Division, Food and Nutrition Board, 2020-09-29 The National Academies of Sciences Engineering and Medicine last reviewed the state of the science on nutrition during pregnancy and lactation 30 years ago The resulting consensus study reports from the Institute of Medicine Nutrition During Pregnancy IOM 1990 and Nutrition During Lactation IOM 1991 summarized the scientific evidence and provided nutrient recommendations In the decades since the release of these two reports the body of evidence on the relationships between nutrition during pregnancy and lactation and maternal and infant health and chronic disease has continued to grow and evolve At the same time the demographics of the population have shifted giving rise to new considerations To explore the evidence that has emerged the National Academies conducted a 2 day workshop in January 2020 This publication summarizes the presentations and discussions from the workshop

Prescription Medication/Drug Misuse and Abuse: A Clear & Present Danger Dr. James A. Mays, 2013-07 James A Mays is a true renaissance man poet scholar popular novelist songwriter cardiologist and civil leader His individual achievements are such that he was the recipient of the George Washington Medal Other notable recipients of this prestigious award are Barbara Jordan and the late Dr Martin Luther King Jr Dr Mays has written several songs one of which Happy Birthday Mama was recorded by Bill Cosby He also co wrote several songs with H B Barnum As an author he is responsible for nine novels including his latest Trapped which is in preparation to become a movie An earlier trilogy Strivers is being developed as a miniseries Dr Mays is widely recognized as the founder of community problem solving programs such as the Adopt A Family endowment He is currently involved in several campaigns promoting drug and AIDS awareness and giving assistance to the homeless He has frequently appeared on television featuring on shows including The Today Show The Phil Donahue Show on radio such as the Voice of America and has had articles published in LIFE Newsweek the Washington Post the L A Times and Ebony Dr Mays who was decorated as combat physician in Vietnam is a lone parent with four sons

Prenatal and Postnatal Care Karen Trister Grace, Cindy L. Farley, Noelene K. Jeffers, Tanya Tringali, 2023-10-23 Prenatal and Postnatal Care Situate pregnancy in the emotional and physical life of the whole person with this bestselling guide Prenatal and postnatal care are important and dynamic areas in healthcare research and practice The needs of the childbearing person before and after birth are complex and intensely personal combining significant physiological impact with broader emotional needs In order to supply optimal care providers must account not only for physiological factors but also for cultural social experiential and psychological ones Prenatal and Postnatal Care takes a holistic person centered approach to prenatal and postnatal care Emphasizing the pregnant person and their unique needs this book presents prenatal and postnatal care as foundational care for a healthy start to family life This accessible comprehensive book provides unique knowledge and skills to practitioners so that they can make a positive difference to the people they serve

Readers of the third edition of Prenatal and Postnatal Care will also find New chapters covering health equity ethics in perinatal care exercise and more All chapters updated to reflect evidence concerning health disparities and inequities Concrete ways for clinicians to disrupt the systems of harm and exclusion that can mediate care at every level Prenatal and Postnatal Care is essential for midwives nurse practitioners physician assistants and other healthcare providers who work with childbearing people

Handbook of Prenatal and Perinatal Psychology Klaus Evertz,Ludwig Janus,Rupert Linder,2020-10-27 The handbook synthesizes the comprehensive interdisciplinary research on the psychological and behavioral dimensions of life before during and immediately after birth It examines how experiences during the prenatal period are associated with basic physiological and psychological imprints that last a lifetime and explores the ways in which brain networks reflect these experiences Chapters offer findings on prenatal development fetal programming fetal stress and epigenetics In addition chapters discuss psychotherapy for infants before during and after birth as well as prevention to promote positive health and well being outcomes Topics featured in this handbook include Contemporary environmental stressors and adverse pregnancy outcomes The psychology of newborn intensive care Art therapy and its use in treating prenatal trauma The failures and successes of Cathartic Regression Therapy Prenatal bonding and its positive effects on postnatal health and well being The role of family midwives and early prevention The cultural meaning of prenatal psychology The Handbook of Prenatal and Perinatal Psychology is an essential resource for researchers clinicians and related professionals as well as graduate students in a wide range of interrelated disciplines including developmental psychology pediatric and obstetrical medicine neuroscience infancy and early child development obstetrics and gynecology nursing social work and early childhood education

Report of Joint Commission of Prescription Drug Use Joint Commission on Prescription Drug Use,1980

Mayo Clinic Guide to Fertility and Conception Jani R. Jensen,Elizabeth A. Stewart,2018-06-24 A helpful medical reference on conceiving and maintaining pregnancy from the Mayo Clinic 1 on US News World Report s 2020 2021 Best Hospitals Honor Roll Deciding to start or build a family is a life changing decision Once the decision is made there s a whole new set of unknowns including whether the journey will be easy or difficult How can you increase your chances of becoming pregnant What health and lifestyle changes should you make to have a healthy pregnancy And if you re struggling to become pregnant what medical treatments are available Where can you get emotional support if you can t get pregnant or if you ve had a miscarriage And when is enough The fertility experts at Mayo Clinic offer answers to these questions and more Through the pages of this book they ll guide you through the process of trying for and achieving a successful pregnancy You ll also hear throughout the book from couples and individuals who have struggled to have a family For a variety of reasons health conditions unexplained infertility or life circumstances getting pregnant or deciding to have a family was difficult for them These personal stories are to let you know that you re not alone in your journey and to give you hope that with time and patience pregnancy is often possible From lifestyle and dietary recommendations to

understanding your ovulatory cycle to medications and procedures that can improve fertility this book is a comprehensive source of answers from one of the most reliable respected health resources that Americans have Publishers Weekly **Your Pregnancy After 35** Glade B. Curtis, Judith Schuler, 2013-03-05 Today 1 in 5 women in the United States has her first child after age 35 When a woman becomes pregnant in her late thirties or forties she has different needs than a younger mother to be Now after more than ten years Your Pregnancy after 35 has been fully revised with cutting edge information addressing nearly every health and lifestyle concern pertaining to older mothers From how age affects pregnancy to when to consider genetic counseling to finding the best care when returning to work this essential guide offers mothers and their partners the wise supportive answers they need With millions of copies sold worldwide the highly trusted Your Pregnancy series has established itself as the go to resource for expectant parents time and time again Medically grounded this informative reassuring guide gives older expectant parents the information they need to have a healthy happy pregnancy **The American Pharmaceutical Association's Guide to Prescription Drugs** Donald L. Sullivan, 1998 Working in collaboration with the American Pharmaceutical Association AphA pharmacist Donald Sullivan has compiled this reference guide covering approximately 1 000 of the most commonly prescribed drugs Organized in an accessible format and written in straightforward terms for easy reading and comprehension by people without medical expertise each drug listed includes both brand and generic names principal uses dosages average prices and advice on when to use and when to avoid certain drugs A handy reference guide for anyone who wants to know the facts about prescribed medication **The Essential Pocket Guide for Clinical Nutrition** Mary Width, Tonia Reinhard, 2020-02-20 The Essential Pocket Guide for Clinical Nutrition Third Edition is a quick reference guide for dietitians students and other health professionals actively engaged in clinical nutrition providing them with immediate access to evidence based information on nutritional assessment nutrition support and nutrition considerations for specific diseases such as cancer cardiovascular disease diabetes and pulmonary disease Using the latest nutritional guidelines the authors utilize a consistent chapter format that includes sections on disease process treatment and nutritional intervention and patient education making it easy to find the relevant information New sections consider the nutrition implications of dementia Alzheimer s and Parkinson s nutritional care for bone marrow transplant patients food safety in intestinal transplant operations and more *Holistic Pain Management in Pregnancy* Theresa Mallick-Searle, 2022-08-24 This book presents a patient centric holistic view and management strategy for registered nurses advanced practice nurses and midwives to care for the pregnant female including considerations in pregnancy planning There is a significant gap in information about holistic care and nursing considerations of the pregnant female with regards to pain management which this book fills It develops on the preparation before pregnancy as nutrition or exercise on behavioural management of pain with the impact of anxiety and different therapies The book examines the musculoskeletal pain the headache and fibromyalgia occurring during pregnancy It also informs on the nutraceuticals in pregnancy the use of

opioids and of nerve blocks This book finally explores complementary treatments during pregnancy Case studies are presented for improved understanding and to provide a real world perspective This book written by nursing and psychology experts in their fields of specialty practice will appeal to nurses and midwives working with pregnant women or planning to have a baby

Textbook of Perinatal Medicine Asim Kurjak, Frank A Chervenak, 2015-05-31 This two volume set is a comprehensive guide to perinatal medicine for practicing gynaecologists Divided into 20 sections it begins with Neonatology followed by Ethical and Legal issues Ultrasound Physiology Early Pregnancy Intrauterine Growth and Infectious Disease amongst other topics Contributions from multidisciplinary experts guide physicians through the developments in diagnosis and treatment of the mother foetus and neonate improving the quality of life and long term outcomes of patients All recent developments are presented with recommendations for safe and effective diagnostic and therapeutic interventions in both maternal foetal medicine and neonatology making the Textbook of Perinatal Medicine an indispensable resource for obstetricians and gynaecologists

Key Points Comprehensive guide to key topics and advances in perinatal medicine Provides recommendations for safe and effective diagnosis and treatment Internationally recognised editor and author team Highly illustrated with full colour images and tables throughout

Pregnancy and Anti-Infective Agents Ricardo Ney Cobucci, 2020-11-19 This concise clinical reference facilitates health consultants and professionals for determining treatment options for some common prenatal and postpartum infections during pregnancy and the puerperium in patients

Key Features Presents 9 organized easy to read chapters on anti infective agents for pregnant patients Covers pharmacokinetics and pharmacodynamics of relevant anti infective agents Includes information on classification and safety of anti infective agents Includes treatment of urinary tract infections Covers medications for sexually transmitted diseases including a complete section dedicated to HIV medication Provides information about vulvovaginal infections Covers the treatment of toxoplasmosis in pregnancy innovates with information about herbal remedies for infection for patients during pregnancy and breastfeeding

Pregnancy and Anti Infective Agents is therefore a valuable handbook that enables quick consultation on safe antibiotics for the treatment of a variety of infections in pregnancy

Issues in Gynecology, Obstetrics, Fertility, and Pregnancy Research: 2011 Edition, 2012-01-09 Issues in Gynecology Obstetrics Fertility and Pregnancy Research 2011 Edition is a ScholarlyEditions eBook that delivers timely authoritative and comprehensive information about Gynecology Obstetrics Fertility and Pregnancy Research The editors have built Issues in Gynecology Obstetrics Fertility and Pregnancy Research 2011 Edition on the vast information databases of ScholarlyNews You can expect the information about Gynecology Obstetrics Fertility and Pregnancy Research in this eBook to be deeper than what you can access anywhere else as well as consistently reliable authoritative informed and relevant The content of Issues in Gynecology Obstetrics Fertility and Pregnancy Research 2011 Edition has been produced by the world s leading scientists engineers analysts research institutions and companies All of the content is from peer reviewed sources and all of it is written assembled and edited by

the editors at ScholarlyEditions and available exclusively from us You now have a source you can cite with authority confidence and credibility More information is available at <http://www.ScholarlyEditions.com> *Medical Terminology: The Basics Speedy Study Guides* Speedy Publishing, 2014-07-21 Most people leave their medical care completely in the hands of their trusted physician never questioning a prescription or treatment While all the terminology may seem frightening and complicated there are some benefits to learning what certain terms refer to Educating yourself on what certain medical terms mean can go a long way to helping you address concerns with your doctor You will no longer be in the dark about what you are being prescribed and you can more comfortably look over any paperwork about your health giving you the advantage when it comes working out a plan with your doctor that you feel comfortable with **Drugs in Pregnancy and Lactation** Gerald G. Briggs, Roger K. Freeman, 2014-06-10 *Drugs in Pregnancy and Lactation* is an A Z listing of drugs by generic name Each monograph is a careful and exhaustive summary of the literature as it relates to drugs and their known or possible effects to the fetus in pregnancy and to the baby through lactation Each monograph is templated to include generic US name Pharmacologic class Risk factor Fetal risk summary Breast feeding and References This edition includes access to the entire contents of the book which will be updated quarterly initially **Catalog of Teratogenic Agents** Thomas H. Shepard, Ronald J. Lemire, 2004 Links information on experimental teratogenic agents with the congenital defects in human beings **Permuted Medical Subject Headings** National Library of Medicine (U.S.), 1979 **The Alcohol and Other Drug Thesaurus: Alphabetical index** National Institute on Alcohol Abuse and Alcoholism (U.S.), 2000 Early Life Origins of Ageing and Longevity Alexander Vaiserman, 2019-07-29 This book provides a comprehensive overview of the field of developmental programming of ageing phenotypes Although gerontological research has traditionally focused on later stages of the life cycle growing evidence indicates that both the rate of ageing associated functional declines and the risks of later life chronic pathological conditions can be traced to origins early in life While other books in the field concentrate on the developmental origin of particular disorders this volume offers a detailed guide to all important aspects of the role of early life conditions in programming both chronic pathological conditions and the ageing process Interest in the study of ageing and longevity had its beginnings in research on the fetal origins of adult disease This has evolved into a hypothesis on the Developmental Origins of Adult Health and Disease DOHaD which postulates that adverse environmental exposures during critical in utero and early postnatal stages of development may permanently change physiological responses and cause functional impairments and disorders in adult life In this book the contributing authors and leading experts from around the world describe research on mechanisms underlying the developmental programming phenomenon as well as interventional strategies aimed at restoring developmentally disrupted epigenetic patterns *Early Life Origins of Ageing and Longevity* benefits a wide audience of working scientists clinicians and advanced students and will also interest scientifically curious general readers who wish to know more about current research in this rapidly evolving field Edelman and Kudzma's

Canadian Health Promotion Throughout the Life Span - E-Book Marian Luctkar-Flude, Jane Tyerman, Shannon Dames, 2025-02-27 Gain the knowledge and skills you need to promote health and prevent disease in Canada Edelman and Kudzma's Canadian Health Promotion Throughout the Life Span Second Edition describes public health concepts from a Canadian perspective helping you to improve community health and reduce health inequities within a diverse population Covering the needs of each age and stage of life this book discusses care of the individual family and community all based on the latest research and trends in Canadian health promotion New chapters address the timely topics of Indigenous health and 2SLGBTQI health Written by respected Canadian educators Marian Luctkar-Flude Shannon Dames and Jane Tyerman this book is the only Canadian nursing health promotion text on the market

This book delves into Prenatal Prescription. Prenatal Prescription is an essential topic that must be grasped by everyone, from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Prenatal Prescription, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
 - Chapter 1: Introduction to Prenatal Prescription
 - Chapter 2: Essential Elements of Prenatal Prescription
 - Chapter 3: Prenatal Prescription in Everyday Life
 - Chapter 4: Prenatal Prescription in Specific Contexts
 - Chapter 5: Conclusion
2. In chapter 1, this book will provide an overview of Prenatal Prescription. This chapter will explore what Prenatal Prescription is, why Prenatal Prescription is vital, and how to effectively learn about Prenatal Prescription.
3. In chapter 2, the author will delve into the foundational concepts of Prenatal Prescription. The second chapter will elucidate the essential principles that must be understood to grasp Prenatal Prescription in its entirety.
4. In chapter 3, this book will examine the practical applications of Prenatal Prescription in daily life. The third chapter will showcase real-world examples of how Prenatal Prescription can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of Prenatal Prescription in specific contexts. This chapter will explore how Prenatal Prescription is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Prenatal Prescription. This chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Prenatal Prescription.

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