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magnesium, the nutrient that could change your life

How this essential
nutrient can benefit you by:

- Helping vital organs function
- Keeping nerves and glands healthy
- Contributing to emotional stability
- Perhaps even protecting
against some of the
dread killers of mankind!



J. I. Rodale

With Harald J. Taub

Magnesium The Nutrient That Could Change Your Life

SA Dillow



Magnesium The Nutrient That Could Change Your Life:

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