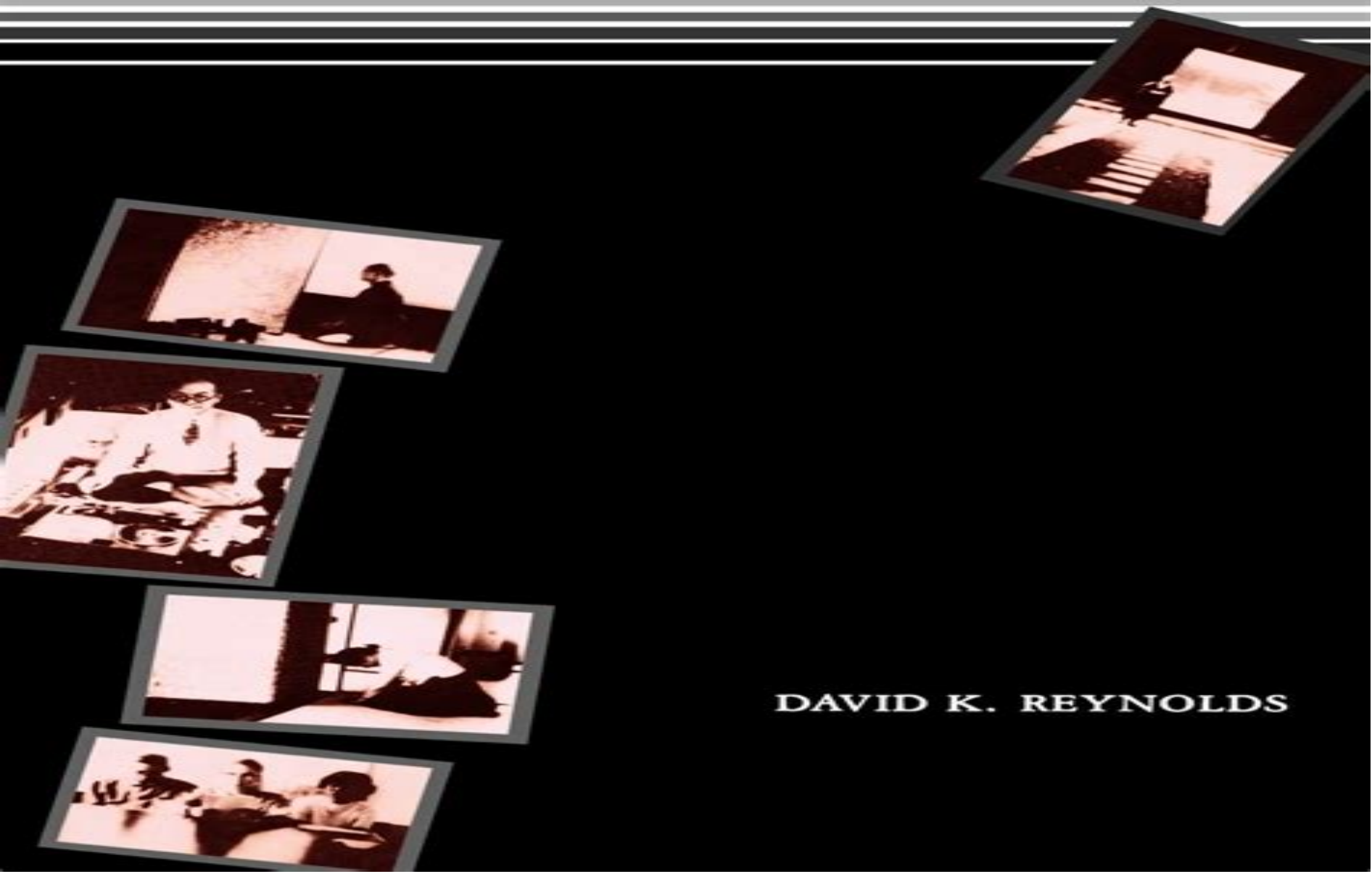


# THE QUIET THERAPIES

*Japanese Pathways to Personal Growth*



DAVID K. REYNOLDS

# Quiet Therapies Japanese Pathways To Personal Growth

**Charles S. Prebish, Kenneth Ken'ichi  
Tanaka**



## **Quiet Therapies Japanese Pathways To Personal Growth:**

*The Quiet Therapies* David K. Reynolds, 1985      *The Quiet Therapies* David K. Reynolds, 2021-05-25 No detailed description available for *The Quiet Therapies*      *The Handbook of International Psychology* Michael J. Stevens, Danny Wedding, 2005-07-05 World events have raised pressing questions of psychology as it is practiced all over the globe *The Handbook of International Psychology* chronicles the discipline of psychology as it evolves in different regions in the hope of reducing the isolated parochial and ethnocentric nature of the American profession It surveys the history methodology education and training and the future of psychology in nine distinct regions across six continents They represent long histories in the field such as the United States and the United Kingdom emerging practices such as Uganda Korea and Spain the lesser known philosophies of China and histories marked by massive social change as in Poland and Iran The editors have carefully selected contributors as well as an editorial board created especially for this project Each chapter follows a uniform outline unifying the volume as a whole but allowing for the cultural diversity and status of psychology in each country

*Unwrapping Japan* Eyal Ben-Ari, Brian Moeran, Jim Valentine, 2010-10-18 Recent years have witnessed an explosive growth in the literature published about Japan Yet it seems that the more that is written about Japan and Japanism its culture society people the more mysterious it becomes As well as exploring issues relating to advertising tourism women festivals and the art world the book depicts how the study of Japanese society contributes to anthropological theory and understanding The editors use the term unwrapping to provide insights into Japanese culture and relate these insights to broader problems and questions prevalent in contemporary anthropological discourse The issues explored include the contribution of applied anthropology to theory the relationship between tourism and nostalgia the interplay of marginality and belonging the role of advertising in gender relations status in the art world and the place of Japanese genres of writing within anthropology texts      **Crested Kimono** Matthews Masayuki Hamabata, 1991-08 Matthews Hamabata got off to an unpromising start when he first arrived in Japan to study influential business families An unmarried third generation Japanese American graduate student he was there to learn about business executives in their roles as male principals and heads of households Some Japanese were less than hospitable and often downright rude to him and the souvenirs bearing the Harvard University emblem that he had brought along for gifts proved to be inappropriate within the highly ritualized system of Japanese gift giving In this engaging and personal narrative we watch Hamabata in the first disappointing six months of his fieldwork as he attempts to map the boundaries of culture class and sexuality I became my own biggest fieldwork problem he writes Was I inside or out When I thought I was in I was actually out but when I acknowledged the fact that I was out I was let in He soon recognized the importance of marital and filial relations in transmitting power in the business world and he began to direct his study to examining the social and emotional lives of all members of the Japanese ie household and the way they affect business activity and ownership He takes us behind the scenes of the family enterprise to see how the

multiple layers of reality biological social religious emotional and symbolic relate and cause dilemmas for ie members Names locations and other details have been altered for the sake of anonymity We meet the Moriuchis the Itoos the Okimotos people who must constantly balance their own personal desires against the good of the ie Many telling vignettes illustrate a central tension in their lives their need for love power and emotional expression versus the constraints of traditional attitudes toward their ancestors public honor the economic enterprise and the obligation to continue the ie over time A grandfather stubbornly refuses to hand over the reins of succession to the next generation creating an impossible situation that eventually tears apart an economic empire as well as the fabric of various interrelated families Economic familial and religious factors figure in a clash for succession between the person who possesses the ancestral tablets and the head of the enterprise A daughter must reconcile personal love with arranged marriage Ambitions for the son in line for succession war with the realization that this spoiled incompetent young man may well ruin the ie A fascinating portrait of everyday life told with vibrant sensitivity as well as humor this book is full of the vitality of common concerns life choices love and commitment confrontations with death It is about very real people trying to make sense of their lives trying to reconcile the roles and duties dictated by custom and tradition with rapidly changing expectations in the international milieu of contemporary Japan

*Everyday Justice* V. Lee Hamilton, Joseph Sanders, 1992-01-01 It is a fundamental human impulse to seek restitution or retribution when a wrong is done yet individuals and societies assess responsibility and allocate punishment for wrongdoing in different ways This book investigates how average citizens in the United States and Japan think about and judge various kinds of wrongdoing how they determine who is responsible when things go wrong and how they prefer to punish offenders Drawing on the results of surveys they conducted in Detroit Michigan and Yokohama and Kanazawa Japan the authors compare both individual and cultural reactions to wrongdoing They find that decisions about justice are influenced by whether or not there seems to be a social relationship between the offender and victim the American tendency is to see actors in isolation while the Japanese tendency is to see them in relation to others The Japanese who emphasize the importance of role obligations and social ties mete out punishment with the goal of restoring the offender to the social network Americans who acknowledge fewer ties that bind and have firmer convictions that evil resides in individuals punish wrongdoers by isolating them from the community The authors explore the implications of justice among friends versus justice towards strangers as approaches to the righting of wrongs in modern society Their findings will be of interest to students of social psychology the sociology of law and Japanese studies

Values of Happiness Iza Kavedžija, Harry Walker, 2017-03-15 How people conceive of happiness reveals much about who they are and the values they hold dear Drawing on ethnographic insights from diverse field sites around the world this book offers a unique window onto the ways in which people grapple with fundamental questions about how to live and what it means to be human Developing a distinctly anthropological approach concerned less with gauging how happy people are than with how happiness figures as an idea

mood and motive in everyday life the book explores how people strive to live well within challenging or even hostile circumstances The contributors explore how happiness intersects with dominant social values as well as an array of aims and aspirations that are potentially conflicting demonstrating that not every kind of happiness is seen as a worthwhile aim or evaluated in positive moral terms In tracing this link between different conceptions of happiness and their evaluations the book engages some of the most fundamental questions concerning human happiness What is it and how is it achieved Is happiness everywhere a paramount value or aim in life How does it relate to other ideas of the good What role does happiness play in orienting peoples desires and life choices Taking these questions seriously the book draws together considerations of meaning values and affect while recognizing the diversity of human ends

**Global Perspectives in Family Therapy** Kit S. Ng, 2004-11-23 Global Perspectives in Family Therapy Development Practice Trends provides an overview of the development of the family and the issues and concerns they are faced with in different cultural contexts Contributions from experts in the field expand on the different aspects on the historical beginnings current developments training issues theoretical variations future trends and research potential in family therapy throughout 14 countries It explores the diverse cultural approach to family therapy and suggests various clinical interventions that are helpful to clinicians dealing with families from different countries including case studies vignettes and research outcomes of family therapy overseas

*Japanese Psychotherapies* Velizara Chervenкова, 2017-12-26 The book presents three Japanese psychotherapeutic approaches Morita Naikan and Dohsa hou in the chronological order of their development giving a thorough account of both their underlying concepts and practical applications In addition to describing their idiosyncrasies a major focus of the book is also to elucidate as to how the deeply imprinted cultural specificities of these approaches emanating from their common cultural ground converge to two focal points silence and body mind interconnectedness that vest the approaches with their therapeutic power In so doing the book gives an insight into the intrinsic dynamics of the methods and emphasizes on their potential for universal applicability notwithstanding their indisputable cultural peculiarities This self contained and well structured book fills the gap in the yet scarce English language literature on Japanese psychotherapies

*Handbook of Cross-cultural Psychology: Social behavior and applications* John W. Berry, Ype H. Poortinga, Janak Pandey, 1997 Presenting the human relations in a cultural context this book explores various social psychology concepts and applied topics in the light of cross cultural research It also features the developments in the field as well as diversity in the cultural and theoretical backgrounds of the editors and chapter authors

**Men and Masculinities in Contemporary Japan** James E. Roberson, Nobue Suzuki, 2005-06-29 This book is the first comprehensive account of the changing role of men and the construction of masculinity in contemporary Japan The book moves beyond the stereotype of the Japanese white collar businessman to explore the diversity of identities and experiences that may be found among men in contemporary Japan including those versions of masculinity which are marginalized and subversive The book makes a

significant contribution to our understanding of contemporary Japanese society and identity *Eastern and Western perspectives on Therapy and Healing* Dr. Monalisa Nayak, 2025-01-25 Psychology has experienced rapid development in the last few decades by research technological advancement and human behavior understanding A rise in mental health problems dominating our lives has a need for new approaches toward therapy The book *Emerging Psychotherapies in the Field of Psychology* explores innovative and transformative therapies that are building the future of psychological care It is on these observations having experienced life as a student a practitioner and just being interested in psychology that inspired this book Of course classic therapies like psychoanalysis cognitive behavioral therapy or humanism are essential Still the more innovative models are continually moving beyond and providing novel effective strategies for recovery Consider the possibilities in mindfulness based therapies neurofeedback virtual reality exposure therapy these of course just open a door This book is intended for students of psychology aspiring therapists and other mental health professionals seeking broader horizons It can also be a good resource for researchers who would like to explore some innovative therapeutic techniques I hope this book inspires readers to be innovative while honoring the roots of psychotherapy Emerging therapies open up new horizons in the rapidly evolving landscape of mental health care to support healing growth and transformation

Intercultural and Interreligious Pastoral Caregiving Karl H. Federschmidt, Daniel J. Louw, 2015-11-12 Worldwide in theory formation and the practice of pastoral caregiving intercultural and interreligious aspects receive a growing attention Since its formation in 1995 the Society of Intercultural Pastoral Care and Counselling SIPCC has been at the forefront of this development providing initiative and space for learning and reflection The essays collected in this publication are a result of this work Written both by practitioners and by specialists they reflect challenges and open perspectives for an inclusive ethics of caregiving in the 21st century **From Mindfulness to Heartfulness** Stephen Murphy-Shigematsu, 2018-02-09 A rare gem filled with valuable and authentic teachings about practical and spiritual paths toward balance and understanding Richard Katz PhD author of *Indigenous Healing Psychology* Millions have found mindfulness to be a powerful practice for reducing stress enhancing attention and instilling tranquility But it can offer so much more it can transform you make you more fully awake alive and aware of your connection to all beings In Japanese the character that best expresses mindfulness consists of two parts the top part meaning now and the bottom part meaning heart Using stories from his own life as the son of an Irish father and a Japanese mother a professor in Japan and America a psychotherapist a father and a husband Stephen Murphy Shigematsu describes eight heartfulness principles that help us realize that the deepest expression of an enlightened mind is found in our relation to others He shows us through stories and practices how to expand our contemplative lives from being self focused to being inclusive connected compassionate and responsible Each story is a jewel opening the heart He connects heartfulness to social justice leadership and education and offers simple direct instructions for seven heartfelt practices Mirabai Bush author of *Walking Each Other Home* with Ram Dass Resonant with Stephen's kindness heartfulness

and wisdom and filled with excellent exercises and practical guides this lovely volume will be a friend and guide to all those intent on creating and sustaining thriving lives workplaces relationships and communities Dan Barbezat Professor of Economics Amherst College     The Faces of Buddhism in America Charles S. Prebish, Kenneth Ken'ichi Tanaka, 1998-12-22 The editors bring some of the leading voices in Buddhist studies to examine the debates surrounding contemporary Buddhism s many faces Race feminism homosexuality psychology environmentalism and notions of authority are some of the issues confronting the religion today 9 photos     Energy Medicine East and West David F. Mayor, Marc S. Micozzi, 2011-05-31 Energy Medicine East and West A Natural History of Qi provides a unique comprehensive overview of Qi or bioenergy for students and practitioners of energy medicines Chinese and Oriental Medicine and all disciplines of Complementary and Integrative Medicine Mayor and Micozzi start with a comparative historical account of the ancient concepts of Qi and vital energy before covering theories of Qi a discussion of the organized therapeutic modalities based upon Qi and its applications to specific health and medical conditions Contributions are included from international experts in the field The book moves from anatomical and bioenergetic complementarity of Western vital energy and Eastern Qi through convergence of perspectives and models to demonstrations of how the traditional therapies are being melded together in a new original and creative synthesis David Mayor and Marc Micozzi are experienced medical practitioners authors and editors David Mayor has been actively involved in bioenergy research practice and publishing for over 30 years and is author editor of Electroacupuncture A practical manual and resource 2007 as well as other acupuncture texts and studies Marc Micozzi is Professor in the Department of Physiology and Biophysics at Georgetown University School of Medicine Washington DC As author editor of Fundamentals of Complementary Course director MSc Acupuncture Coventry University UK Over the last decade most books on Asian medicine paid tribute to the aura of evidence based medicine experience counted little RCTs were convincing This book at last returns to an old tradition of debate opening up quite a few new horizons Reading it my striving for knowledge was married with enjoyment and happiness This book made me happy Thomas Ots MD PhD Medical acupuncturist specialising in psychiatry Graz Austria Editor in Chief Deutsche Zeitschrift f r Akupunktur To simply review the chapter headings is to know the truly remarkable expanse of this book a wonderful bridge between the mysteries of the East and the sciences of the West well documented well written and enlarging both Enlightening nicely depicts outstanding advances in energy psychotherapeutics thus ultimately helping to move forward the human condition Maurie D Pressman MD Emeritus Clinical Professor of Psychiatry Temple University School of Medicine Philadelphia PA Emeritus Chairman of Psychiatry Albert Einstein Medical Center Philadelphia PA past President International Society for the Study of Subtle Energies and Energy Medicine Lafayette CO USA     Multicultural Encounters Stephen Murphy-Shigematsu, 2002-09-19 Counsellors and other mental health professionals are increasingly encountering clients who differ from them in terms of race culture and ethnicity Unfortunately many have not been trained to understand

how powerfully culture affects our view of the world The series on Multicultural Foundations of Counseling and Psychology is an invaluable new resource from Teachers College Press that focuses on multicultural issues in counseling and psychology The books in this series chart the development of this evolving new field and will help educators psychologists counselors social workers and other mental health professionals learn to balance culture universal and culture specific approaches to treat a diverse population This volume uses fascinating therapeutic encounters to help clinicians understand and respond to the needs of their increasingly diverse clientele Murphy Shigematsu urges clinicians to look beyond their assumptions and stereotypes to learn their clients cultures through eliciting key narratives Keeping the client and therapist center stage the author shows the complex ways in which their cultural self narratives interact **Handbook of Religion and the**

**Authority of Science** James R. Lewis,Olav Hammer,2010-11-19 The present collection examines the many different ways in which religions appeal to the authority of science The result is a wide ranging and uniquely compelling study of how religions adapt their message to the challenges of the contemporary world Principles of Multicultural Counseling and Therapy

Uwe P. Gielen,Juris G. Draguns,Jefferson M. Fish,2008-06-19 In an era of globalization characterized by widespread migration and cultural contacts psychologists counselors and other mental health professionals face a unique challenge how does one practice successfully when working with clients from so many different backgrounds Gielen Draguns and Fish argue that an understanding of the general principles of multicultural counseling is of great importance to all practitioners The lack of this knowledge can have several negative consequences during therapy including differences in expectations between counselor and client misdiagnosis of the client s concerns missed non verbal cues and the client feeling that she has been misunderstood This volume focuses on the general nature of cultural influences in counseling rather than on counseling specific ethnic groups Counseling practices from all over the world not just those of Western society are explored Bringing together the work of a diverse group of international experts the editors have compiled a volume that is not only concise and teachable but also an essential guidebook for all mental health professionals Handbook of Adult Psychopathology in

Asians Edward C. Chang,2012-05-07 The Handbook of Adult Psychopathology in Asians represents a historically remarkable global collaboration among leading experts of psychopathology in Asian adults Chapters provide critical appraisals of existing research and theory as they relate to issues surrounding the diagnosis etiology and treatment of major mental disorders among Asians This volume covers major Axis I disorders as identified by the Diagnostic Statistical Manual of Mental Disorders including mood disorders anxiety disorders substance use disorders somatoform disorders dissociative disorders eating disorders sleep disorders adjustment disorders and schizophrenia and other psychotic disorders In addition the book provides coverage of Axis II personality disorders including antisocial personality disorder Complementing these topics are chapters that take a unique look at psychiatric syndromes that have been identified in Asia and at interventions that have been indigenously developed in Asia for treating mental disorders Additional foundational chapters focus on topics such as



the psychology of Asians assessment and research issues in studying Asians and future directions for research and policy in studying and treating Asians with mental disorders With this volume in hand mental health professionals and researchers around the world now have a single and critical resource that they can use to enhance their efforts in studying and treating Asian adults with mental disorders

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