

THE REIKI SOURCEBOOK



BY RICHARD WATSON and FRANCES SHERMAN

WITH AN AFTERWORD BY RICHARD WATSON AND FRANCES SHERMAN

THE REIKI SOURCEBOOK is a comprehensive guide to the practice of Reiki, a powerful energy healing system. It includes a detailed history of Reiki, a step-by-step guide to the practice, and a collection of Reiki symbols and mantras. The book is written by Richard Watson and Frances Sherman, two of the most respected Reiki practitioners in the world. It is a must-read for anyone interested in Reiki or energy healing.

Reiki Sourcebook

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