# **QUIT SMOKING CALENDAR**

#### JANUARY

19 20 21 22 23 24 25 26 27 28 29 30 31

#### FEBRUARY

21 22 23 24 25 26 27 28

#### MARCH

28 29 30 31

#### APRIL

25 26 27 28 29 30

#### MAY

## 18 19 20 21 72 23 24 25 26 27 28 29 30 31

#### JUNE

3.	M	T	w	T	E	1
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#### JULY

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### AUGUST

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29	30	31				

#### SEPTEMBER

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#### OCTOBER

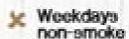
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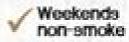
#### NOVEMBER

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#### DECEMBER

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### **Quitting In Time How To Stop Smoking On Your Own**

**Eric Wagner, Holly Waldron** 

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